

THE AMERICAN LEGION

FOR GOD AND COUNTRY

SPECIAL
ISSUE

September

1997

Good News

AMERICA

Start spreading
the word....
We're mending
problems and
redefining
The American
Dream.





When the kids are playing
ball this summer make
sure they use proper
safety equipment.



Before, during and after
the game.



Before you send the
kids out to play
competitive baseball
you make sure they have



the right tools. Stuff like batting helmets and catcher's gear. Things to protect them
during the game. You can also help safeguard them on the way to the game.



And on the drive home, too. That's where Buick LeSabre
comes in. Because LeSabre has safety equipment
like anti-lock brakes, available
traction control, and a reinforced
steel safety cage. So, as the Official Car of



American Legion Baseball, we encourage you to play it safe.

On the field and on the road. For more information, visit our Web site

at www.lesabre.buick.com



or call us at 1-800-4A-BUICK.

BUICK
LeSABRE
PEACE OF MIND



©1997 GM Corp. All rights reserved.
LeSabre is a registered trademark of GM Corp. Buckle up, America!

Buick is the Official Car
of American Legion Baseball.



What's Right With America



**National Commander
Joseph J. Frank**

Riot rocks city following jury's verdict... Junior beauty pageant winner found murdered... Another African-American church torched by arsonist... Pro football player lassoed on drug charges... Schools get failing grade in preparing kids for workforce...

WELCOME to the daily news, a seemingly never-ending litany of crime, hate, broken values, lack of respect and lost dreams. "If it bleeds, it leads"; that motto of hard-bitten editors often dictates what is news and what is not. Just scan the front page of any local newspaper for the latest digest of discord and discontent. And at the end of the day, Dan Rather and other news anchors gaze into the eyes of millions of Americans and recap the latest tales from the dark side of the human spirit.

"People can only take so

much reality," T.S. Eliot once said. "And there is too much reality in today's news and the media that convey it." It's too easy to ask: "Is there anything right in America? Is there any such thing as good news?" Indeed there is, and such stories often go unreported, or at best, underreported—buried on the bottom of the back page or as a brief mention as the network news signs off.

That's why this special issue of *THE AMERICAN LEGION MAGAZINE* is taking a look at what Americans, individually and collectively, are doing to make their nation a better place to live. This issue chronicles the concerned citizen in the big city, who, along with his neighbors, works to ensure that their neighborhood is safe from dope dealers and gangs. It discovers how black, brown, yellow, and white hands are clasped together to drain hate and to build enduring bridges for their children and grandchildren.

This issue celebrates that single volunteer twinkling among those "thousand points of light," seeking to fill a need or to bring a smile to a tear-stained face. It affirms Americans who are turning and returning to their houses of worship and putting their faith in their Creator. It salutes families whose strength springs from their commitment to traditional values—flesh-and-blood commitments to mutual respect, fair play,

compassion and civic responsibility.

When I became your National Commander, one of my predecessors told me I was about to embark upon a great adventure, along with the honor of wearing the red cap of the world's largest veterans organization. This has been a year-long journey into the heart of The American Legion family. My travels have given me a front-row seat to the good deeds you perform day after day—never asking for reward, recognition or compensation. Let me share a few examples of the good news of the Legion family.

In North Lake Brownwood, Texas, Legionnaires continue to build on our founding principle of "service first." Last October, several Posts in the 11th and 12th Districts continued with their day-on-the-lake outing with disabled veterans from nearby VA hospitals. About 80 veterans were treated to a day of fishing and fellowship. "This outing might just be for one day, but the memories—including those exaggerated fish stories—linger throughout the year," says one Legionnaire who helps coordinate the annual event.

Members of Michigan's George F. Goebel Post 335 live up to their motto, "Where You Can Feel At Home," in the community of Grand Rapids. Last year, the Post sponsored a golf tournament and donated the proceeds to assist and pro-

vide entertainment to terminally ill children. The Post also provided cash assistance to the daughter of a deceased member so that she could stay in college.

In Louisville, a town best known for the Kentucky Derby, members of Highland Post 201 have set the pace for more than 40 years by hosting the Child Welfare Carnival. Last year, more than \$56,000 raised from food, craft sales and games of chance went to charitable groups that help disabled, ailing and poor children in the greater Louisville area.

I could cite countless other examples of the good news you bring to your communities and neighbors. American Legion family members, through their Posts, Units and Squadrons, ask for nothing more than to serve and do what's right for America.

It's fitting that my final column ends on a note as lofty as the intent of this issue. It has been my privilege to have served with and among you over the last year. The promise that this would be a great adventure has been more than fulfilled, and I leave office with renewed confidence that there is no lack of good news in our great nation. God bless each of you—and God bless America.

Joseph J. Frank

Joseph J. Frank

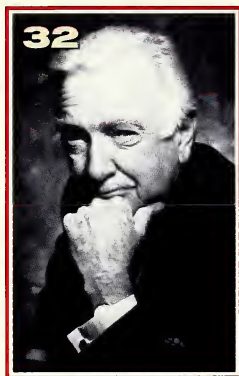


THE AMERICAN LEGION

Vol. 143, No.3

September 1997

Good News, America!



Going Live With Walter Cronkite Interview 32
The dean of broadcast journalism reflects on his career and today's media.

In God We Still Trust by Dr. Robert Schuller 36
A renewed spirit of religious faith is sweeping the nation today.

Stopping The Hate by Armstrong Williams 42
The ugly stain of racism fades as Americans learn to live together.

Teach Our Children Well by Bob Keeshan 46
"Captain Kangaroo" comments on life's most important lessons for youngsters.

More Than a Game by George "Sparky" Anderson 50
Don't show 'em the money—show them the values of fair play and sportsmanship.

Kings of the Road Again by Brock Yates 56
U.S. carmakers gird for a battle against foreign competitors.

Land of Learning by Lamar Alexander 62
When creativity flourishes, so too does performance in the classroom.

Healthy Horizons by Joseph Califano 66
Our health-care system is the envy of the world.

From Mean Streets to Clean Streets by Gurney Williams III 72
Dope dealers and gangs go on the lam when neighbors work together to thwart crime.

Quiet Heroes by Elizabeth Hanford Dole 80
Red Cross volunteers and other groups roll up their sleeves to help others.

Harvesters of Hope by Jeff Swiatek 84
How a handful of Americans feed most of the world.





Turnarounds *By Gary Turbak*

Recall of the Wild
The wolf and other near-extinct species repopulate. 20

Streams of Conscience
Water, water everywhere—and it's cleaner. 26

Breathing Easier
It's okay to inhale...now that the smog is disappearing. 98

Into The Woods, Again
Forestlands take root anew. 103

Healing Mother Earth
The wounds from mining are on the mend. 107



What's Right With America

Diversity, innovation and the spirit of individualism combine to make our nation great and its people unique.

Triumph of the Spirit by Stephan Ross 18
A U.S. Flag wiped away a boy's tears and gave him hope.

They're Still Hiring by Karen Jowers 24
Despite downsizing, today's recruits are motivated and willing to serve.

Giant Leap for Mankind by Layne Cameron 30
Down-to-earth uses for NASA technology.

Where Hoops & Dreams Thrive by Phyllis Zauner 76
These inner-city kids stake out their turf in more productive ways.

Off The Rack Elegance by Carolyn Strauss 110
Our casual-clothing fashions "jean" splice the world.



DEPARTMENTS

Commander's Message 1
We're a nation of dreamers and doers.

The American Mosaic 6
Your thoughts about the good news.

Parting Shots 120
The lighter side of life in America.

Cover Artist C.F. Payne.

This Page Good News newsreader by William Cigliano



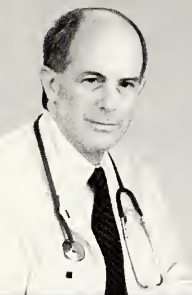
THE AMERICAN LEGION MAGAZINE, a leader among national general-interest publications, is published monthly by The American Legion for its 2.8 million members. These wartime veterans, working through nearly 15,000 community-level Posts, dedicate themselves to God and country and traditional American values: strong national security; adequate and compassionate care for veterans, their widows and orphans; community service; and the wholesome development of our nation's youths.



Special Offer to Our Readers

FREE

Full Size 30-Day Supply!



Stephen E. Langer M.D. says "French Parad'ox is a healthy heart breakthrough which I highly recommend to my patients."

Fight High Cholesterol! and Reduce Your Risk of Heart Disease with All-Natural "French Parad'ox"™



Now get all the healthy heart antioxidant benefits of drinking 2 glasses of red wine in an easy to take one-a-day capsule without alcohol, preservatives or sugar.

One "French Parad'ox"™ capsule daily:

- ♥ Maintains desirable cholesterol levels
- ♥ Helps reduce the incidence of clogged arteries
- ♥ Improves energy

Major Universities Confirm Healthy Heart Benefits

Medical studies at major universities have shown that the same red wine antioxidants in "French Parad'ox"™ helps increase your body's ability to circulate oxygen rich blood to all your cells.

Delighted "French Parad'ox"™ user, Edythe Levene of New Rochelle, NY says "Since tak-

ing French Parad'ox, my cholesterol's never been lower, my legs no longer ache and I have lots more energy."

ABSOLUTELY FREE! ORDER NOW

To receive your FREE full size 30 day supply of "French Parad'ox"™ (\$19.95 value) send your name and address and check or money order for \$3.95 to help pay for shipping and handling to: French Parad'ox Dept 312LA, 19528 Ventura Blvd, Tarzana CA 91356.

(Offer strictly limited to one per family while supplies last.)

FREE 30 DAY SUPPLY

French Parad'ox, Dept 312LA, 19528 Ventura Blvd, Tarzana, CA 91356

☒ Please rush my FREE full size 30 day supply of "French Parad'ox"™ I understand I am under no obligation whatsoever. Enclosed is check or money order for \$3.95 to help pay for shipping and handling.

NAME _____

ADDRESS _____

CITY _____

STATE _____

ZIP _____

THE AMERICAN LEGION

FOR GOD AND COUNTRY

700 N. Pennsylvania St.
P.O. Box 1055
Indianapolis, IN 46206
317-630-1200

National Commander
Joseph J. Frank
Publisher/Editor-in-Chief
Steve Salerno

Editor
Joe Stuteville
Managing Editor
Simon Smith
Assistant Editors
Trent D. McNeeley
Julie A. Rhoad
Layne Cameron

Staff Photographer
John Simon
Editorial Administrator
Joan L. Berzins
Publication Design
Caron M. Morales
General Administration
Patricia Marschand
Robyn Black

Production Manager
Melissa Candler
Production Assistant
Cindy G. Thompson
Advertising Director
Donald B. Thomson
Associate Advertising Manager
Diane Andretti
Advertising Assistant
Cathy Frakes

The American Legion Magazine
P.O. Box 7089
Indianapolis, IN 46207
317-630-1200

Publisher's Representatives

Fox Associates, Inc.
Chicago: 312-644-3888
New York: 212-725-2106
Los Angeles: 310-431-0280
Detroit: 810-543-0068
Atlanta: 404-252-0968
San Francisco: 415-989-5804

The American Legion Magazine Commission
Milford A. Forrester, Chairman, SC, Russell H. Laird, Vice Chairman, Des Moines, IA; Halbert G. Horton, Vice Chairman, Topeka, KS; James R. Kelley, National Commander's Representative, Wayne, PA; George F. Ballard, Belleville, IL; Samuel Barney, Lancaster, OH; J. Leslie Brown Jr., Louisville, KY; James J. Charleston, Arlington Heights, IL; Joseph Chase, Hattboro, PA; Donald Conn, South Bend, IN; James W. Conway, Charleston, MA; Bettylou Evans, Laurel, DE; James H. Hall, Hopewell, NJ; Hoy M. Haug, Huntsville, AR; Dennis J. Henkemeyer, Sauk Rapids, MN; Eugene J. Kelley, Savannah, GA; J. Fred Mitchell, Brewton, AL; J.H. Morris, Baton Rouge, LA; Everett G. Shepard, III, Woodstock, CT; George G. Sinopoli, Fresno, CA; Robert E. Vass Sr., Huntington, WV; Paul T. Woodard, Lacey, WA; Tom C. Smith, Oklahoma City, OK; Casimir F. Sojka, Consultant, New York, NY.

Copyright 1997 by The American Legion

The American Legion (ISSN 0886-1234) is published monthly by The American Legion, 5561 W. 74th Street, Indianapolis, IN 46268. Periodicals postage paid at Indianapolis, IN 46204 and additional mailing offices. Annual non-member and gift subscriptions, \$15 (\$21, foreign). Post-sponsored and widows' subscriptions, \$6; single copy, \$3. POSTMASTER: Send address changes to The American Legion, Input Services, P.O. Box 1954, Indianapolis, IN 46206. Internet address: <http://www.legion.org>. Change of Address: Notify The American Legion, Input Services, P.O. Box 1954, Indianapolis, IN 46206, (317) 328-4640. Attach old address label, provide old and new addresses and current membership card number.

To request microfilm copies, please write to: University Microfilms, 300 N. Zeeb Rd., Ann Arbor, MI 48106. Canada Post International Publications Mail (Canadian Distribution) Sales Agreement No. 546321. Re-entered second-class mail matter at Manila Central Post office dated Dec. 22, 1991.



Printed in USA

Member Audit Bureau of Circulations

NATURAL COMFORT LEATHER WALKING SHOE

*Give your walk a burst of energy
at a price that's relaxing.*



Style
60231

Style
60230

Style
60232

INTRODUCTORY
PRICE ONLY

\$34⁹⁹

2 or More Pairs
\$32.99 each
COMPARE AT \$79.99

Style 60230 Brown
Style 60231 Black
Style 60232 Bone.....\$34.99
Please add \$2.00 for size 13

D(M)6 1/2 to 13
EE(W)6 1/2 to 13
Half sizes except 12 1/2

You can choose from bone with soft napa leather...or the distinctive light-to-dark characteristics of "pull-up" leather on the black and brown styles.

Features include a padded collar...padded tongue...full moisture-wicking lining...contoured cushioned insert (removable)...shock-absorbing EVA midsole...and durable EVA outsole, ribbed for added traction.

SATISFACTION GUARANTEED - ORDER NOW!
Stuart McGuire Inc., 425 Well Street, Chippewa Falls, WI 54729 **Key #D415K**
Rush this incredible value — for only \$34.99 per pair (2 or more pairs \$32.99 each)

QTY.	STYLE NO.	SIZE	WIDTH	DESCRIPTION (color, type of shoe, etc.)	PRICE PER ITEM	PRICE	ST

PAYMENT METHOD <input type="checkbox"/> Check or Money Order (payable to Stuart McGuire) <input type="checkbox"/> MasterCard (16 digits) <input type="checkbox"/> Discover (16 digits) <input type="checkbox"/> VISA (13 - 16 digits) <input type="checkbox"/> American Express (15 digits)		Add \$2.00 for size 13. SPECIAL SHIPPING <input type="checkbox"/> STUART MCGUIRE AIR EXPRESS (ONE PAIR - \$5.00 (AK and HI - \$10.00) 2 to 6 PAIRS - \$9.00 (AK AND HI - \$14.00)) <input type="checkbox"/> STUART MCGUIRE PRIORITY (add \$15.00 per item) Special Shipping is in addition to the regular shipping and handling charges	Oversize Charge Shipping & Handling \$5.50 Additional Special Shipping Charges (See box at left) SUB-TOTAL Wisconsin residents add 5% sales tax (Plus any local tax) TOTAL
---	--	--	--

<input type="checkbox"/> Check for a FREE Stuart McGuire Catalog Request #D466Q	CREDIT CARD NUMBER _____ X CARD OWNER SIGNATURE _____	EXP. DATE MONTH YEAR _____
---	---	---

BILL TO: (Credit card orders, make sure address matches credit card billing address) Name _____ Address _____ City _____ State _____ Zip _____ Daytime Phone (____) _____ - _____	SHIP TO: (if different than left) Name _____ Address _____ City _____ State _____ Zip _____
--	---

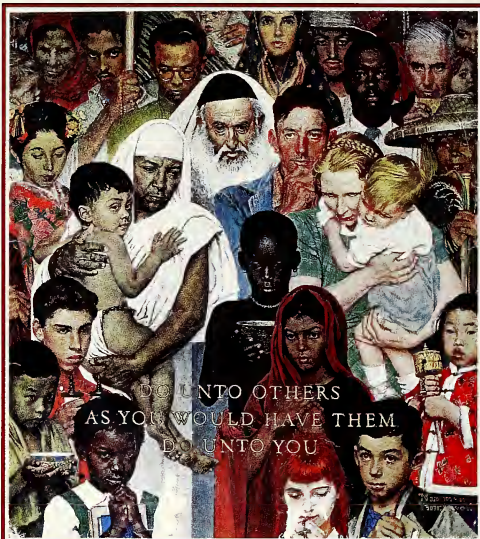
Stuart McGuire "Double" Guarantee of Satisfaction

GUARANTEE #1 Style - Size - Fit - Comfort

If the style, size, fit or comfort are not everything you expected, return the product within 30 DAYS and we will either REPLACE it, issue you a REFUND, or make an ADJUSTMENT. (NOTE: If the returned product shows signs of wear we will make a fair adjustment based on the amount of wear.)

GUARANTEE #2 Workmanship - Materials

If workmanship or materials are not up to Stuart McGuire's High Standards, return the product within ONE YEAR and we will either REPLACE it, REPAIR it, or issue you a REFUND. (NOTE: We cover all parts of our product with the exception of any damage due to accident, misuse or abuse.)



RELIGION Freedom of worship and tolerance is paramount.

The American Mosaic

A FEW months ago, we asked you to become a part of this special issue, *Good News, America*. Your assignment was to describe a part of the American mosaic that you felt is often overlooked or under-appreciated.

You didn't let us down. Hundreds of submissions were

received, letters that painted vast and rich mini-portraits of America and Americana. The difficult part of this exercise rested on our shoulders: selecting letters for publication which appear below. "Our only regret is that we did not have the space to publish all of the material we received," says Steve Salerno, publisher/editor-in-chief.

The Gift of Time

RETIREES are a positive part of the American mosaic. We come in a variety of sizes, colors and ages, but we have one thing in common—time to share.

We have time to share with our families, with our grandchildren, be it a few hours or a few days. We have time for neighbors, to mow a

lawn or snow-blow a driveway, take someone shopping or just stop by and smile. We have time for our church, to sing in a choir, work on a grounds committee or help with a baked food sale.

We have time for our community. We volunteer at schools, at hospitals and libraries. We cook and serve at soup kitchens. We deliver meals on wheels and run clothes closets.

We have time for our country. We serve as election inspectors, collect signatures and sell poppies.

Just don't expect us to have time to sit still. The rocking chair will have to wait.

*Elizabeth Pierce
Rochester, New York*

Living Well

THE sun rises over an open field. There's a slight dew on the crops as they wake from their sleep. The freshly cut hay smells sweet, and the birds have started singing their songs. Frogs from the adjacent pond join in the chorus. Off in the distance, the butterflies are swooping from flower to flower. It's the start of another day here in the country.

Now it's chore time, and my two young sons eagerly follow me, doing their part. There's always time to cuddle the new kittens and puppies. We take a little stroll to the pond and explore along the river that runs into it. A few ducks and geese have their families out for a swim. It truly is a beautiful world out there, if only a person takes time to look around. We have neighbors who help each other when the need arises. It's a friendship that lasts a lifetime.

So the day progresses, with the things that need to be done. With its closing, we go out for an evening walk, knowing that we are safe here. I take my two sons and go stargazing at night, opening up new horizons to explore. We pray for peace and love, wishing other parts of the world could experience what we have right here.

*Otto Tjaden
Dumont, Iowa*

Foundation of Faith

ONCE revered, America's churches stand overlooked and undervalued. It's ironic. Biblical concepts—freedom, human rights, equality, the rule of law—once thundered from colonial pulpits, electrified the Declaration of Independence and sparked a revolution.

Who led the antislavery, suffrage and temperance movements? Who crusaded against child labor and segregation, legitimized labor unions, and built so many of our hospitals, nursing homes and colleges? Churchfolk.

When Army doctors couldn't handle the Civil War's casualties, churches helped organize the U.S. Sanitary Commission.

Who knows how many couples stay together because churches help them? The children know.

*Jonathan Carlsen
Chicago, Illinois*

Finding America

THE strong odor of propane kept getting worse as my wife and I wheeled our 26-foot motorhome across the California desert. We finally made it to Barstow where the owner of the local propane station was able to detect and fix the leak. He refused to accept any money because he knew what a traumatic



Authorized by the Western Heritage Museum—For the First Time Ever!

THE OFFICIAL WYATT EARP COLLECTOR KNIFE

Limited Edition.
Handsomely Engraved.
Created by World-Renowned
Western Artist Drew Struzan.



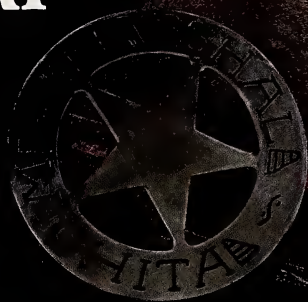
Fully engraved bolsters in the tradition of fine gunsmiths.



A minted medall, set into the reverse of the handle, bears the emblem of the Franklin Mint Collector Knives.



The blade folds down snugly into the custom-designed handle.



Shown approximately actual size of 7 3/8" (19.37 cm) in length.

He was the most legendary lawman of the Old West. Wyatt Earp. Bold. Courageous. Steely-eyed and iron-willed. The man who brought law and order to the frontier. And who, along with his brothers and Doc Holliday, blazed his way into history at the O.K. Corral. Now, the legend of Wyatt Earp lives on. As the first collector knife ever issued by the prestigious Western Heritage Museum.

Featuring an original full-color portrait of the famous lawman by acclaimed Western artist Drew Struzan. Framed within a sculptured bezel richly accented with sterling silver and a lawman's badge accented with 24 karat gold. With a handle matching the look and feel of real wood. Fully-engraved bolsters precision-cut, enhanced with impressive antiqued finish. And the minted medall of Franklin Mint Collector Knives is also set into the handle. The entire edition is *forever limited to just 45 casting days*. Imported complete with its own padded and zippered display case. Just \$55.

SATISFACTION GUARANTEED

If you wish to return any Franklin Mint purchase, you may do so within 30 days of your receipt of that purchase for replacement, credit or refund.

Rich With Accents of Gold and Silver—Just \$55.

A Limited Edition Collector Knife.

Please mail by September 30, 1997.

Franklin Mint Collector Knives
Franklin Center, PA 19091-0001

Please enter my order for The Official Wyatt Earp Collector Knife.

I need SEND NO MONEY NOW. I will be billed in 2 equal monthly installments of \$27.50* each, beginning when my knife is ready to be shipped to me. *Limit: one knife per collector.*

*Plus my state sales tax and a one-time charge of \$3.95 for shipping and handling.

SIGNATURE _____ ALL ORDERS ARE SUBJECT TO ACCEPTANCE.

MR./MRS./MISS _____ PLEASE PRINT CLEARLY.

ADDRESS _____ APT. # _____

CITY/STATE _____ ZIP _____

TELEPHONE # (_____) _____

16084-83-001

experience it had been to drive in a fog of volatile gas fumes.

Another time on a lonely two-lane highway in Nebraska, one of our front tires let go. Before we were able to contact a local service station, two motorists from nearby towns had stopped, jacked up our rig and changed the tire. No charge.

One of our driving habits is to leave the interstates and visit as many small towns as we can. Once we stopped in Kerrville, Texas, and were enjoying a doughnut and coffee at a diner when a stranger joined us. He was the mayor, had noticed our RV and Ohio plates and just wanted to exchange ideas and views with us. We have found this to be a typical pattern throughout the United States.

We have discovered that Americans seem to have common bonds of generosity, friendliness and lots of conversation. We think all the various pieces have come together to mold one truly wonderful people.

*Robert M. Debevec
Madison, Ohio*

Honored Vows

I WOULD like to commend the role of the military wife to the American people. She is without a doubt the foundation of American patriotism. It doesn't matter which branch her man is in; she is always there to support him. In times of national distress, she might—at a moment's notice—have to take over the whole burden of raising the children and keeping the household together, knowing full well that her husband might be in harm's way as he makes the world a safer place in which to live. Putting her own feelings of loneliness to the side, she writes happy, cheerful letters to keep her husband's



SERVICE Americans always have been willing to answer the call.

morale up.

The military man might gain recognition through promotion, medals or letters of commendation, but the military wife is rarely recognized for his dedication. Having retired from the military, I can attest that many a good man would not have made it without the unfailing, faithful support of his wife. All military wives, past and present, deserve to be honored.

*David W. Kashorek
Bath, New York*

Eagles in Flight

SEARCHING through trinkets, relics and curiosities that might suggest an under-appreciated part of Americana, the eyes focus on a solitary item, a tie tack worn daily.

An eagle spreads silvery wings across two circles in which "Dad" and "Eagle Scout" are inscribed. The tie tack is a reminder of two sons who moved so quickly from infancy through child-

hood. Here the American mosaic records a father leading, guiding and loving for the sheer joy of it. Each young man shares unique experiences along the path to Eagle Scout rank. Each grows heavily dependent on the team effort, then seeks independence and soars toward unknown heights. Knowledge of environmental issues, a strong work ethic, pride in a job well done and a feeling of unselfish accomplishment go with them into adulthood. They leave behind a simple tie tack.

Tie tacks can easily be overlooked. Time can be under-appreciated. The mosaic includes two tie tacks, two sons and too little time.

*Stephen Duckworth
New Martinsville, W. Va.*

Non-Headlines

MY DAY was a mosaic of teenagers. Our whole state was shocked when a student in rural Alaska shot and killed his principal and another

student. I couldn't believe it happened here in Alaska.

That same day I saw more than headlines. In the morning, I visited with an Anchorage ice skater who won third place in figures at a national teen competition in Nashville, Tennessee. Since childhood, she has worked her skates off in endless practice.

In the afternoon, I met with a neighboring teen. He wanted to do a class assignment on Vietnam because his father had been there. He wanted to talk to others (like me) who had been there, to better understand the conflict that still affects America.

As I look back at that day, I again realize how family matters. The young, accused killer grew up without a family. The teens I met with spoke profusely about their supportive families. I know that the majority of kids are good and that troubled kids make the headlines. That's good news, America. I must write that up someday; I've always been for the family that was mine and the headlines we didn't make.

*Brenda Rodgers
Eagle River, Alaska*

Accept Substitutes

MY CORNER of Americana deals with public servants who are rarely mentioned and often considered glorified babysitters. Substitute teaching rarely gleams much attention, yet these courageous, motivated individuals are a necessary segment of the educational process in our public and private schools.

Substitute teachers face the challenge of being with different students, in different schools, on different subjects almost every day. They work from the disadvantage of not knowing students' names, learning styles, abilities or disabilities.

IT'S A WATCH...



AND A COMPASS!

Announcing the Official

FIELD & STREAM® MILITARY COMPASS WATCH

Engraved with your
Service Branch Emblem
and Personal Initials

Stainless Steel
Bracelet and
matching Steel-clad
case, both decorated
with 23 Karat Gold, for
rugged beauty.



Designer hip-pouch
with belt loop
protects watch when
not in use.

FREE BONUS:
Velcro Band For
"Cushioned"
Comfort in High
Impact Activities.



YOUR Service Emblem
engraved on back of watch
with your personal initials
and service years.

24 hour military time,
luminous "Night-
Time" dial with large
numerals, and date
window.



Watch
flips up
to reveal
hidden,
accurate, fully
calibrated
compass. Shown
with Army
emblem and
extra Sports
Band included
FREE!



A rugged timepiece & precision compass in one beautiful, solid stainless steel bracelet

Field & Stream, since 1871, trusted apparel and gear outfitters to millions of servicemen, hunters, fishermen and naturalists throughout the world is proud to issue its official Military Compass Watch, with some features never before found in even the finest timepieces:

- Quartz crystal watch movement with date window & sweep-second hand for accuracy within seconds per month.
- Luminous dial with 24 hour military time. Stop-second "Hack" feature allows exact synchronization of time.
- Steel-clad solid brass case water-resistant to 100 feet.
- Watch case opens to reveal easy-to-read compass, engraved with YOUR military service emblem, initials and service years.

- Both a gold plated steel dress bracelet and a velcro sport band are included.
- Satisfaction guaranteed or return within 30 days for replacement or refund—no questions asked.
- Lifetime Service Warranty on vital watch parts.

This is not a toy. It's a High-Tech watch and compass for dress or leisure outdoor use. **THANK YOU** priced at just \$99.*, a convenient payment plan is available with no interest charges. So, order yours today. A Lifetime Service Warranty will assure you of quality performance and reliability.

Call toll-free to Reserve Your Watch:

1-800-255-3048

Monday-Friday: 9am-5pm.

Have your credit card ready when ordering by phone.

ORDER FORM

Mail to: Field & Stream® Military Compass Watch
7453 Shipley Avenue, Hanover, MD 21076

☐ YES! I wish to order the following Field & Stream Military Compass watch(es) engraved with my Service Emblem and Initials: (✓ Choices)

Army ☐ Navy ☐ Air Force ☐ Marine ☐ Coast Guard ☐

My Initials _____ Service Years _____ to _____

☐ Enclosed is my check for \$99.* payable to "Veterans Commemoratives," as payment in full, OR

☐ Charge four installments of \$24.75* each to my credit card:

☐ Visa or ☐ MasterCard Exp. Date ____/____/____

Credit Card# _____

Please Print Clearly

Signature _____

Daytime Phone Number (____) _____

Name _____

Address _____

City _____

State _____ Zip _____

*plus \$7.95 shipping/handling and engraving

*PA residents add \$6.42 for state sales tax.

©ICM 1996

CMIWAT-ALM-9/97

Many school systems require that substitute teachers meet the same qualifications as regular classroom teachers, yet most provide no benefits. The pay is usually less than that of their full-time peers, even if qualified in the subject area. Nevertheless, these education crusaders serve unwaveringly and treat each new day as an adventure to be explored, enjoyed and fulfilled. If you can read this, thank your teachers, both regular and substitute.

Vincent O. Gonzalez
Naples, Florida

For the Sport of It

COUNTLESS high school boys and girls will participate in cross country, softball, wrestling, swimming, gymnastics and track without hope of becoming a superstar or millionaire.

If you look at these students, you will see athletes who are competing to represent themselves and their school. You might see a fifth-place runner on one cross country team struggling to beat the fifth-place runner of another team long after the first-place runners have finished. They know the team victory could depend on them.

You could see a gymnast practicing a routine over and over. You might see a 103-pound wrestler, too small to compete in any other sport, striving to win a state championship. You will see swimmers who rise early to make the trip to a practice pool because their school lacks one. You will note a pole vaulter who worked out all winter to get in shape for the track season.

You will see a great group of citizens who know



CIVIC-MINDED Voting is an important duty of all citizens.

that anything of value requires hard work. These young men and women often are overlooked but are part of the good news.

Wayne A. Kirkbride
Sylvester, Georgia

We're Getting Better

I CAME to the USA from the Soviet Union in 1921 at age 15. Coming from a communist country, I was amazed at the general attitude of most Americans who took for granted the things my family and I never experienced: freedom of speech, freedom of religion, choice of work, unrestricted travel—and the privilege to vote.

Our country progresses constantly to a better future. Racism is declining, education is improving, and the variety of skilled workers and professionals continually increases. Medicine ad-

vances at a phenomenal rate, and drug use and crime are on the decline. I firmly believe we are headed in the right direction for a bright future for all Americans.

Max Schlossberg
Seaside, California

Un-Tattered Ensign

OLIVER Wendell Holmes (1809-94) attended Harvard and began writing poetry about 1830. Reading that the frigate *USS Constitution* was to be scrapped, he wrote *Old Ironsides* and sent the poem to a Boston newspaper. The result was that the most famous ship in American history was rebuilt by public contributions and went on to make many tours.

The ship was to arrive July 11, 1931, in Anacortes, Washington. Dad, brother Bill and I embarked in Dad's canoe from our Orcas Island

home and went with the tide the 18 miles to Anacortes. We arrived at noon and were thrilled to tour *Old Ironsides* and meet its crew.

It was a day for history. On the west side of San Juan Island, we saw a blockhouse at Old English Camp. There, in 1859, troops commanded by George Pickett and British naval units conducted a joint occupation while the "Pig War" was mediated by Germany's William I. His decision gave the archipelago to the United States.

As we paddled back to Orcas, we chattered over the excitement of seeing *Old Ironsides*. It was truly a great celebration for a girl's 15th birthday. It's truly good news that the Legion-led restoration and re-outfitting of *Old Ironsides* will make such opportunities available to 15-year-olds for years to come.

Mrs. Glenn E. Battson
Port Hadlock, Washington

A Table Before Us

TOO often taken for granted and frequently underappreciated in America is that which nourishes, sustains and energizes us—an abundance of food. The good news is that most of us are well fed, thanks to natural resources, human effort, efficient distribution and armed protection from predators.

We often overlook food as a means of communication. It communicates at family meals, at formal dinners and at religious and patriotic festivals. If food were equitably distributed, it would say something even louder and clearer. Mr. Gandhi expressed it well: "God himself dare not appear to a hungry man except

North and South clash at Gettysburg

Decorated with a band
of brilliant 22-karat gold



Outside Gettysburg, Pennsylvania, on the bloody ground of Cemetery Ridge and Little Round Top, Union forces turned the tide of the Civil War. Fighting was fierce during the three-day battle. And when it was over, President Lincoln dedicated the site to the victims and to the cause of democracy.

Now this epic battle of the Blue and the Gray is memorialized by artist James Griffin and created on a fine porcelain collector's plate.

"Gettysburg," 8 1/2 inches in diameter and banded with 22-karat gold, is a hand-numbered limited edition, comes with a Certificate of Authenticity, and is backed by the Bradford Exchange 365-day guarantee. At \$29.90, it's a remarkable art value.

Issued in a strictly limited edition. Order yours today. Send no money now. Just mail the coupon!

©1996 BAE GRN-776

"Gettysburg"

YOUR BRADFORD EXCHANGE ADVANTAGES:

- A hand-numbered limited-edition plate with a correspondingly hand-numbered Certificate of Authenticity
- A complete plate story introducing you to the artist and detailing the significance of this stunning plate
- A new work by acclaimed artist James Griffin capturing the historic importance of this famous battle
- An unconditional 365-day guarantee allowing you to return your plate for a full refund of everything you have paid—including postage

THE BRADFORD EXCHANGE

9345 Milwaukee Avenue Niles, IL 60714-1393

THE *Heart* OF PLATE COLLECTING®

YES. Please enter my order for "Gettysburg." I understand I need SEND NO MONEY NOW. I will be billed \$29.90* when my plate is shipped. Limit: one plate per order. Please Respond Promptly

Signature _____

Mr. Mrs. Ms. _____
(Please Print Clearly)

Your Address _____

City _____

State _____ Zip _____

Telephone (____) _____

Check one: Are you purchasing this plate

☐ For yourself? 12751-E94991 ☐ or as a gift? 12751-E94992

*Plus a total of \$3.69 postage and handling. Illinois residents add state sales tax. Pending credit approval. Edition limited to 95 firing days.

when he comes in the form of a loaf of bread."

We share food to communicate goodwill. When we understand the medium, our hearts are touched. To think of food as something originating in supermarket packets or tins is to be deaf to its meaning. We are challenged to respond to this divine gift that speaks to all, especially to the hungry among us.

*John A. Vanderford
Jacksonville, Alabama*

The Grands' Design

THE great contribution of grandparents to the American mosaic is always overlooked and underappreciated. In teaching the values of respect, responsibility and honesty, the grandparents of America are truly "guiding the leaders of tomorrow with the wisdom of yesterday."

In some ways, grandparents have been forced into these leadership roles because there are so many single-parent families. Grandparents possess tacit knowledge of all the important information you use for living that isn't written down. This is unavailable anywhere else at any price. Having been students all of our lives, it is time to teach and guide the grandchildren. It is time to share memories and responsibilities from our past and show the grandchildren that it was not that long ago that we were children.

Think of your life as a flower and each petal as a story. Whether you garden, cook or build, invite them to help, watch and ask questions. The growing years speed by much too fast, and children are like sponges. Let them sop up the knowledge, tradition and heritage that make our American mosaic the envy of the world.

*Michael and Jill Youtsey
Pasco, Washington*



VALUES Family unity is the core strength of our nation.

Called to Teach

ONE OF the most overlooked, under-appreciated parts of the American mosaic is the dedicated classroom teacher. Against economic odds and, in many cases, poor working conditions, the profession continues to draw fine young minds who believe they can make a difference in the lives of our children.

In a job market requiring a huge investment of time, money and effort, these caring souls take on the burden of educating minds and hearts to lead our country onward. They do it for our children, my grandchildren—America's future.

Could the innumerable problems in our public school system today be solved if all classroom teachers, administrative personnel, other school employees and parents had this same caring dedication? Throw in the politicians and general public, and the answer is a resounding "Yes!" Cooperative effort—we did

it in the '40s and won a war. Couldn't we do it again for our children?

In the meantime, God bless the teachers in shining armor who care enough to make an important difference in classrooms across America.

*Barbara Y. Daniels
Fairhope, Alabama*

Proud to Be an American

I THINK people underestimate what it means to be an American. It's not about cars, money, homes, property or taxes. It's about love. It's about pride. It's about freedom.

It's about seeing our flag snap and wave in the good, stiff breeze, and understanding what it represents. It's about feeling the tears well up in your eyes as you stand proudly with your hand placed firmly over your heart as you sing *The Star-Spangled Banner*. It's about watching fighter jets, in a cloudless blue sky, maneuver

swiftly above you in missing-man formation. And knowing in your heart of hearts what that means: someone died so that you could stand there in the midst of these awe-inspiring sights and sounds. Alive, unafraid and free.

*Anita M. King
Frankfort, Ohio*

Steel Town Magnolias

WHEN I was kid in the late '20s and '30s in South Bethlehem, Pennsylvania, I remember the immigrant wives and mothers trudging to work daily. Their husbands and sons worked long hours at the local steel company, but these women were also very busy.

They raised children and sent them to school, then walked or took the trolley to work. After their shift, often working at sweat shops, they stopped at the corner butcher or market for groceries. They went home to cook and then began the domestic chores. With that done, Moms and Dads often were helped by their kids to learn English better to prepare them for their citizenship papers.

The immigrant women were often overlooked because they were taken for granted. They did what they had to do to better themselves and their families, and they were true pillars of the community.

*Cornelius Meza
Quakertown, Pennsylvania*

Renewing The Dream

AS an American, I'm in danger—in danger of sitting back and assuming that my children and I will simply continue to enjoy the freedoms and advantages that citizenship guarantees.

**MONEY
BACK
GUARANTEE!**

**90-NIGHT
IN-HOME
TRIAL!**

"After three back surgeries...I thought I would never again have a good night's sleep. Thanks to Select Comfort, I can now look forward to going to bed."

—David D., Lucasville, OH

*Patented
Air Chamber
Design!*

Why Back Pain Sufferers Sleep Better On Air!

"I have major back problems, and have tried all types of mattresses, including the most expensive waterbed. Select Comfort gave me the best night's sleep I have had in years."

—James C., Moss Point, MS

The SELECT COMFORT® sleep system. It's not just a better mattress, but a better way to sleep. Even back pain sufferers can sleep more comfortably!

The Select Comfort Sleep System doesn't rely on springs or water, but on a cushion of air. Air gently contours to your body's shape, reducing uncomfortable pressure points, and tests show it also helps properly support your back and spine.

*The Mattress with Easy
Push Button Firmness Control!*



SELECT COMFORT® sleep systems comfortably contour to your body, properly support your back and spine, and reduce pressure points.



Metal coil mattresses can create uncomfortable pressure points and provide uneven support over time.

TRY IT FOR 90 NIGHTS!

We're so sure you'll sleep better on air, you can take up to three months to decide, or your money back. You've got to sleep on it to believe it!

For a **FREE VIDEO** and Brochure, call now!

1-800-831-1211
Ext. 8653

**Yes! Please rush me a FREE
Video and Brochure.**

Name _____
Address _____
City _____ State _____
Zip _____ Phone _____

Ext. 8653


SELECT COMFORT®

Mail to: **Select Comfort Direct Corporation**
6105 Trenton Lane North, Minneapolis, MN 55442

I've always had a stable, comfortable home. My family always has been fortunate enough to live out the American dream. I've never been fearful to express my ideas in a classroom or public forum. Freedom of speech is an important right I often take for granted. Americans have the right and responsibility to share their views.

In America you can dream. I hope to become a statesman and I will work to restore faith in our government. I hope to make a difference, and I will not be afraid to renew the dream.

Aaron Frechette
N. Smithfield, Rhode Island



OPPORTUNITY Education is the vehicle for a better future.

E Pluribus Unum

THROUGHOUT our history, Americans have always pulled together during a crisis. No matter the color of one's skin, religious and political beliefs, or other differences, we always seem to step forward and work together. That's devotion and loyalty to our country. Standing together truly is the American way and will never change as long as democracy continues.

Robert L. Moore
Auburn, Maine

Spirit of America

WHILE stationed in Texas in 1940, the circus came to town. I and other members of my military outfit were asked to donate \$6 each so that underprivileged kids could attend this event. We were making \$30 a month then, but we were glad to donate what we could.

I believe this is the spirit of America, then and now. Today, Americans have responded to help victims of the Red River flood in North Dakota and Minnesota. We help people who have been

affected by earthquakes in California, hurricanes in Florida and the recent tornado in Texas. We always respond with money, time and service to help our fellow Americans, and we often help those overseas. This is a big country with a big heart.

George R. Sims
Chicago, Illinois

The Stories We Tell

NO," I say. "My mother can't return my call. I'm in Sarajevo." My mother's co-worker pauses then responds, "Oh, the war zone."

Well, Hallelujah for American Moms and Pops sitting around their kitchen tables studying maps and reading books to see where their "babies" are in relation to bomb explosions recently reported in newspapers and on the TV. Hallelujah for the news, transforming unknown cities into landmarks and keeping Americans informed.

Never in my 25 years did I dream I would end up in a combat zone, even after watching "Star Wars" and "Mad Max." And when my grandchildren watch their science fiction or combat

movies, perhaps they can dream about their grandmother firing a pistol, flying in a helicopter, riding in a Humvee—or comforting the legless Bosnian and Muslim men, because I will tell them my story.

I will tell them of the July (1996) morning when I watched Muhammed Ali struggle to light the Olympic torch, and how my overly tired and emotional eyes glistened when I looked around the room to see other Americans and NATO officers touched by the scene. I will tell them how proud I was when the national anthem was played and those young American gymnasts received their gold medals. I will tell them that while I was logging weapons confiscations, I was proud to have the American flag patch on my BDUs.

Hallelujah to American stories and the people who tell them.

Jennifer Hayes
Sarajevo, Bosnia

Book 'Em

PUBLIC libraries in America have been there for us for a very long time. Large and small, the li-

brary is a place where our children can do their homework, hear stories, learn a craft or find that special book that keeps them interested in reading the rest of their lives.

The library teaches us about other cultures, it provides us access to the electronic information highway—and it's the place where you can still find tax return forms from the previous year. The library offers music tapes and CDs, and videos of top movies you didn't get a chance to see. It provides books-on-tape if you are a commuter and looking to fill your travel time.

The best part is that all of this is free. All you need is a library card.

Nancy P. Keating
Navybrook, New York

Fatherland

HAVING a father is one of the most positive aspects of American life. My brother and I count ourselves blessed for that reason. We were children of the Great Depression, but we had a great role model. Our father was a man who went hungry at times so that we might have enough to eat. He inspired us with his confidence, and he never doubted, when times were bad, that brighter days loomed ahead and that right would triumph.

Our father was a Legionnaire and living testimony to American Legion ideals. Though he did not go to West Point for his military training, he lived by the creed, "Duty, Honor and Country."

With fathers and similar role models, we have an unconquerable citadel—the American home. And to me, that is the good news, America.

Robert Erhardt
Fort Plain, New York □

THE GENUINE, ORIGINAL AMERICAN EAGLE COLLECTION...



The symbol of authentic, genuine
Indian jewelry. Official member of the
Indian Arts & Crafts Association.



GN2
Necklace
24" Length
\$54



GMR1
Men's Ring
Sizes 8-15
by half-sizes
\$54



GR2
Ladies' Ring
Adjustable
\$36



GBR1
Bracelet
\$59



Earrings
GER1 Pierced
GER1C Clip
\$36

**Hand-crafted in the
USA by Navajo
Silversmiths from
12Kt. gold-fill &
Solid Sterling Silver.**

GW1
Men's Watch
\$108



GW2
Ladies Watch
\$75



**MEMBER
BETTER
BUSINESS
BUREAU**

Adla Southwest

The symbol of freedom and the power that comes with it, the American Eagle. Who could capture the beauty of the brave and free more than the Native American silversmiths who meticulously hand-craft each piece for you as an original work of art. The elegantly detailed American Eagle, sculpted in solid sterling silver, majestically surrounded by 12Kt. gold-filled wings and silver pearls, symbolizes our heritage, our ideals. Let your heart soar with the American Eagle Collection.

This heirloom quality premier collection is hand-crafted by Navajo silversmiths in the Great Southwest. Each piece is boxed for gift giving. The watch has a premium imported dial, precision quartz movement, sweep second hand, expandable band and is water resistant. This is an exclusive limited edition so order today! Monthly installments available. Order 3 or more items, and SAVE \$25, order 6 or more and SAVE \$50.

CREDIT CARD ORDERS CALL 24 HRS-7 DAYS A WEEK

1-800-500-2342

Adla Southwest Customer Service

Phone 505-293-4142

9am to 5pm, Mon. thru Fri. - M.S.T.

P.O. Box 82130

Albuquerque, NM 87198-2130

Mail to:

**ADLA Southwest, P.O. Box 82130
Albuquerque, N.M. 87198-2130**

QUANTITY	ITEM	Size	PRICE
	GMR1 Men's Ring		
	GER1 Earring pierced		
	GER1C Earring clip		
	GW2 Ladies watch		
	GW1 Man's watch		
	GR2 Ladies ring	Size	
	GBR1 Bracelet		
	GN2 Necklace		

Order 3 or more items, deduct \$25,
order 6 or more & deduct \$50. ☐ Misp discount
shipping & handling \$4.95

AL0997

TOTAL

☐ Enclosed is my first installment of one third of the total plus \$4.95 shipping & handling and \$4.50 service charge. I will be billed for the balance in two equal monthly installments.

☐ Enclosed is payment in full including \$4.95 shipping & handling

☐ Bill my credit card ☐ Visa ☐ MC ☐ Amex ☐ DS ☐ CB

Card#

Exp Date

Signature

All orders subject to acceptance

Name

Please print clearly

Address

Apt. #

City

State

Zip

Telephone (

- Silver & 12Kt. gold filled watch bands and jewelry are all made in the USA from American materials.
- **ORDER RISK FREE!**
- Our promise is **SATISFACTION GUARANTEED**, if for any reason you're not satisfied with your purchase, return it within 30 days after receipt of purchase for exchange, credit or full refund.

Good Music

Hooray... It's The Depression!

And wasn't the music the best!

They may not have been the happiest of times, the 1930's, but it was always the magic of the music which seemed to make everything seem a whole lot better... the radio crooners and sweet-sounding orchestras... the tender waltzes and hypnotic ragtime... the innocent love songs... and razzmatazz!

Dream A Little Dream Of Me Wayne King • **It's Only A Paper Moon** Cliff Edwards (Ukelele Ike) • **Carolina Moon** Gene Austin • **About A Quarter To Nine** Ozzie Nelson • **All Of Me** Paul Whiteman/Mildred Bailey • **Button Up Your Overcoat/Ten Cents A Dance** Ruth Etting • **Out Of Nowhere/Just One More Chance** Bing Crosby • **Moon Over Miami** Eddy Duchin • **As Time Goes By/Brother Can You Spare A Dime** Rudy Vallee • **Just A Gigolo** Ted Lewis • **Moonlight Saving Time/Goodnight Sweetheart** Guy Lombardo • **Little White Lies** Fred Waring • **When I Take My Sugar To Tea/I Found A Million Dollar Baby** Boswell Sisters • **Sweet It Isn't So** George Olsen • **Minnie The Moocher** Cab Calloway • **Shave And Lovely** Gus Arnheim • **Three Little Words** Duke Ellington • **I'll String Along With You** Ted Fio Rito/Dick Powell • **Sugar Blues** Clyde McCoy • **Puttin' On The Ritz** Harry Richman • **The Continental/Stormy Weather** Leo Reisman • **If I Could Be With You One Hour Tonight** McKinney's Cotton Pickers • **I'm Gonna Sit Right Down And Write Myself A Letter** Fats Waller • **Shuffle Off To Buffalo** Hal Kemp/Skinny Ennis • **Cheek To Cheek** Fred Astaire • **When The Moon Comes Over The Mountain** Kate Smith • **I'm In The Mood For Love** Frances Langford... plus more!

THOSE WERE THE DAYS
#130310 2 Cassettes \$19.95

#130328 2 CDs \$24.95



The Danciest Music Ever! It's A Polka Party! 40 Polkas!... plus... 17 Beautiful Waltzes

Here's a record collection to send your next house party into orbit! Over one and a half hours of pure, non-stop fun. The only rest you'll get is when the band slows down to play some of your very favorite waltzes.

Oh Johnny, Oh Johnny, Oh • **Pennsylvania Polka** • **Beer Barrel Polka** • **And The Band Played On** • **My Buddy** • **Let Me Call You Sweetheart** • **Too Fat Polka** • **Liechtensteiner Polka** • **Baby Face** • **Cruising Down The River** • **Smiles** • **Just Because** • **My Melody Of Love** • **You Tell Me Your Dream** • **Chicken Dance** • **The Sidewalks Of New York** • **Hop-Scotch Polka** • **Meet Me Tonight In Dreamland** • **Row Row Row** • **Itsy Bitsy Teenie Weenie Yellow Polka Dot Bikini** • **I'm Looking Over A Four Leaf Clover** • **Boo Hoo** • **Anchors Aweigh** • **The Caisson Song** • **If I Were The Only Girl In The World** • **I Wonder Who's Kissing Her Now** • **Papa, Won't You Dance With Me...** plus more!

IT'S A POLKA PARTY!
#142919 2 Cassette \$12.98

#142927 2 CDs \$16.98

Andre Kostelanetz

A Love Collection

40 Of His Most Cherished Recordings



The name Andre Kostelanetz simply means beautiful music. The elegantly rich sound of his orchestra and chorus will always be the quintessential sound of romance.

Fools Rush In • **While We're Young** • **These Foolish Things** • **Days Of Wine And Roses** • **Dancing On The Ceiling** • **Ebb Tide** • **Unchained Melody** • **I'll Get By** • **People** • **Tonight** • **The Nearness Of You** • **I'll Remember April** • **Try A Little Tenderness** • **Moon River** • **Liza** • **On A Clear Day** • **The Man I Love** • **Star Dust** • **Till There Was You** • **Love Me With All Your Heart** • **I Don't Know Why** • **April In Paris** • **Blue Velvet** • **What Are You Doing The Rest Of Your Life?** • **Fly Me To The Moon** • **What Now My Love** • **My Funny Valentine** • **I Wish You Love** • **You Go To My Head** • **Don't Blame Me** • **Someone To Watch Over Me** • **Love Is A Many Splendored Thing** & more.

ANDRE KOSTELANETZ
#143917 2 Cassettes \$19.95

#143925 2 CDs \$24.95



Sentimental Journey

44 Original Hits of the BIG BANDS!

Here is a collection in which every big band memory is a pure gold hit performed by the most popular bands ever to grace a bandstand.

Sentimental Journey Les Brown/Doris Day • **I've Heard That Song Before** Harry James/Helen Forrest • **Chattanooga Choo Choo** Glenn Miller/Tex Beneke/Modernaires • **On The Sunny Side Of The Street** Tommy Dorsey • **Begin The Beguine** Artie Shaw • **I Can't Get Started** Bunny Berigan • **There! I've Said It Again** Vaughn Monroe • **Don't Be That Way** Benny Goodman • **Blues In The Night** Woody Herman • **Sunrise Serenade** Glen Gray/Frankie Carle • **Tangerine** • **Amapola** • **Green Eyes** Jimmy Dorsey/Bob Eberly/Helen O'Connell • **Daddy Sammy Kaye** • **In The Mood** Glenn Miller • **Deep Purple** Larry Clinton/Bea Wain • **Mood Indigo** • **Take The "A" Train** Duke Ellington • **Heartaches** Ted Weems/Elmo Tanner • **Frenesi** • **Dancing In The Dark** Artie Shaw • **One O'Clock Jump** Count Basie • **Tuxedo Junction** • **Moonlight Serenade** Glenn Miller • **Skyliner** • **Cherokee** Charlie Barnet • **Stompin' At The Savoy** Benny Goodman • **Night Train** Buddy Morrow • **Doodletown** Fifers Sauter-Finegan • **Three Little Fishies** Kay Kyser • **Marie** • **Opus No. 1** Tommy Dorsey • **Gott A Date With An Angel** Hal Kemp/Skinny Ennis • **At The Woodchoppers Ball** Woody Herman • **I've Got My Love To Keep Me Warm** Les Brown • **And The Angels Sing** Benny Goodman/Martha Tilton • **A String Of Pearls** Glenn Miller/Bobby Hackett • **You Made Me Love You Harry James** • **Star Dust** Artie Shaw/Billy Butterfield, and more!

BIG BANDS
#129312 3 Cassettes \$19.95

#129320 2 CDs \$24.95

Good Measure	Firm	Date
1. <i>Good Measure</i>		
2. <i>Good Measure</i>		
3. <i>Good Measure</i>		
4. <i>Good Measure</i>		
5. <i>Good Measure</i>		
6. <i>Good Measure</i>		
7. <i>Good Measure</i>		
8. <i>Good Measure</i>		
9. <i>Good Measure</i>		
10. <i>Good Measure</i>		
11. <i>Good Measure</i>		
12. <i>Good Measure</i>		
13. <i>Good Measure</i>		
14. <i>Good Measure</i>		
15. <i>Good Measure</i>		
16. <i>Good Measure</i>		
17. <i>Good Measure</i>		
18. <i>Good Measure</i>		
19. <i>Good Measure</i>		
20. <i>Good Measure</i>		
21. <i>Good Measure</i>		
22. <i>Good Measure</i>		
23. <i>Good Measure</i>		
24. <i>Good Measure</i>		
25. <i>Good Measure</i>		
26. <i>Good Measure</i>		
27. <i>Good Measure</i>		
28. <i>Good Measure</i>		
29. <i>Good Measure</i>		
30. <i>Good Measure</i>		
31. <i>Good Measure</i>		
32. <i>Good Measure</i>		
33. <i>Good Measure</i>		
34. <i>Good Measure</i>		
35. <i>Good Measure</i>		
36. <i>Good Measure</i>		
37. <i>Good Measure</i>		
38. <i>Good Measure</i>		
39. <i>Good Measure</i>		
40. <i>Good Measure</i>		
41. <i>Good Measure</i>		
42. <i>Good Measure</i>		
43. <i>Good Measure</i>		
44. <i>Good Measure</i>		
45. <i>Good Measure</i>		
46. <i>Good Measure</i>		
47. <i>Good Measure</i>		
48. <i>Good Measure</i>		
49. <i>Good Measure</i>		
50. <i>Good Measure</i>		
51. <i>Good Measure</i>		
52. <i>Good Measure</i>		
53. <i>Good Measure</i>		
54. <i>Good Measure</i>		
55. <i>Good Measure</i>		
56. <i>Good Measure</i>		
57. <i>Good Measure</i>		
58. <i>Good Measure</i>		
59. <i>Good Measure</i>		
60. <i>Good Measure</i>		
61. <i>Good Measure</i>		
62. <i>Good Measure</i>		
63. <i>Good Measure</i>		
64. <i>Good Measure</i>		
65. <i>Good Measure</i>		
66. <i>Good Measure</i>		
67. <i>Good Measure</i>		
68. <i>Good Measure</i>		
69. <i>Good Measure</i>		
70. <i>Good Measure</i>		
71. <i>Good Measure</i>		
72. <i>Good Measure</i>		
73. <i>Good Measure</i>		
74. <i>Good Measure</i>		
75. <i>Good Measure</i>		
76. <i>Good Measure</i>		
77. <i>Good Measure</i>		
78. <i>Good Measure</i>		
79. <i>Good Measure</i>		
80. <i>Good Measure</i>		
81. <i>Good Measure</i>		
82. <i>Good Measure</i>		
83. <i>Good Measure</i>		
84. <i>Good Measure</i>		
85. <i>Good Measure</i>		
86. <i>Good Measure</i>		
87. <i>Good Measure</i>		
88. <i>Good Measure</i>		
89. <i>Good Measure</i>		
90. <i>Good Measure</i>		
91. <i>Good Measure</i>		
92. <i>Good Measure</i>		
93. <i>Good Measure</i>		
94. <i>Good Measure</i>		
95. <i>Good Measure</i>		
96. <i>Good Measure</i>		
97. <i>Good Measure</i>		
98. <i>Good Measure</i>		
99. <i>Good Measure</i>		
100. <i>Good Measure</i>		



SURVIVOR Stephan Ross holds the flag given to him to wipe away tears.

Triumph of the Spirit

His day of liberation from WWII death camps marked the beginning of his greatest journey—to live in a land called America.

By Stephan Ross

WHEN Germany invaded Poland in 1939, I was eight years old. A year later, I was condemned to Hitler's barbaric death camps as a political prisoner. I spent the next four years in nine camps in Poland and Germany. In September of 1944, I was sent to my tenth and last camp, the infamous slaughterhouse, Dachau.

I was locked up with 1,800 prisoners in a quarantine barrack meant to hold only 100. From here, the Nazi physicians would remove 30 prisoners daily for experiments. I can still see their cold, cruel faces as they came through the barracks to make their selections. Each morning after reveille, we began the ritual of carrying out the dead, numbering 80 to 100. The bodies were thrown onto flat carts and taken to the crematory by the inmates under the watchful, cold eyes of the guards.

Due to the horrific conditions, hundreds of dead

bodies lay strewn throughout the camp. Food was becoming scarce. We were forced to resort to cannibalism. About two weeks before the liberation we received no food at all.

One morning, we heard shooting. The door at the end of the fenced-in area surrounding the barrack was pushed open and the guard was gone. Prisoners were running to the main gate. Extremely weak and hardly able to walk, I was determined to reach the gate. I walked for a while but became dizzy and fell. My older brother followed me, picked me up and walked with me, holding me up. Walking was difficult; we had to step on and around the dead.

On the way, we saw giant soldiers carrying emaciated victims in their arms, trying to clear the main camp street. They spoke to us, but we couldn't understand them. As we got closer, we saw numerous soldiers coming into the camp. Amidst the confusion and bedlam, the soldiers didn't

know what to do first. They gave us crackers, canned food, chocolate and cigarettes. They were a divine force of mercy sent by God.

We called them "God's Army." I looked at them and wanted to be just like them. I was so overwhelmed with joy and happiness when I witnessed these strong men who saved my life. Had they arrived just a few days later, I might not have survived at all.

There was such commotion among the prisoners who finally had been freed. Many were broken and dying. Life was no longer meaningful to them, and there was no way to rekindle their spirit to live.

The American soldiers did everything in their power to nurse us back to life. It was the end of the world for some and the beginning for others. The horizon was glowing with freedom.

It was a time I remember vividly with numbness, shock, despair and pain. I was concerned about finding food, but more concerned with finding my mother, whom my brother and I hadn't seen in five years. Little did we realize our family had already been murdered.

I didn't even know it was April 29, 1945, when the soldiers finally came, because I had been kept in quarantine for so long.

It was an ordinary "GI Joe" who showed me kindness and compassion for the first time in five tragic years. Our liberators kept us in the camp for medical, psychological and physical evaluation for several days. We were finally allowed to leave Dachau on May 2, 1945, to

Please turn to page 111

Stephan Ross is a senior staff psychologist with the City of Boston's Community Schools & Centers. As a youngster in Poland, he survived Nazi concentration camps. Ross is the founder of the New England Holocaust Memorial.



THE SOARING
SPIRIT OF AMERICA
IN IVORY FINE
CHINA
AND GOLD

The artists of Lenox have created a
stunningly dramatic sculpture of
America's symbol of freedom—the
bald eagle—to add a bold and distinc-
tive touch to any setting in your home.

This imported work of art will be crafted
for collectors of fine china with the classic
ivory color that has been a Lenox® hall-
mark for more than 100 years. Richly
glazed and accented with pure 24 karat
gold, THE LENOX EAGLE is available by direct
order at \$156, payable in monthly install-
ments. And your satisfaction is guaranteed.
To acquire this Lenox classic sculpture,
send no money now. Simply mail your
Reservation Form today.

1560481



*Ivory china...hand painting...
gold accents. This is the look of
classic elegance created by Walter
Scott Lenox more than a century
ago...treasured for generations...
and sought after by collectors today.*

Sculpture shown actual
size of 8 3/4" high,
hardwood stand
included.

THE LENOX EAGLE

Reservation Form • Mail by September 30, 1997

I wish to order THE LENOX EAGLE, to be crafted for me of
fine china and accented with 24 karat gold. I need send
no money now. I will be billed for my sculpture in eight
monthly installments of \$19.50* each.

SIGNATURE _____

NAME _____

PLEASE PRINT CLEARLY

ADDRESS _____

CITY _____

STATE _____

ZIP _____

1560481

TELEPHONE(_____) _____

* Plus \$6.98 per sculpture for shipping, handling and insurance.

Sales tax will be billed if applicable. All orders subject to acceptance.

Mail to: Lenox Collections
P.O. Box 3020, Langhorne, Pennsylvania 19047-9120

ENDANGERED The gray wolf once again roams parts of the American West, thanks to the relocation of Canadian wolves. Before being added to the endangered species list, the gray wolf was nearly hunted into extinction.



TURNAROUNDS

RECALL OF THE W I L D



SPOTTING prey far below, the soaring peregrine falcon spilled the wind beneath its wings and plummeted toward earth like an incoming round. Still far above the ground, the feathered missile smacked its target, a pigeon, at nearly 200 mph, killing it instantly in an explosion of feathers. After a moment of free fall, the falcon flew off with another meal clutched tightly in its talons. The locale? Northern Minnesota? The

BY GARY TURBAK

THE CHOSEN ONE

Over one million homeowners and thousands of hotels, airports and restaurants insist on the ORECK XL.

Because when you choose an ORECK, you choose the top of the line.

Here's why:

Light Weight At just 8 lbs., the ORECK XL is the lightest full size vacuum available. Yet it outpowers heavyweights.

Hypo-Allergenic Cleaning An exclusive filter system assures hypo-allergenic cleaning. Only the ORECK has a Germastar® shield that acts to control bacteria. Sand, cat-hairs, dust and dust-mites – nothing gets by an ORECK.

Packed with Power The brushes are arranged in a double helix pattern. They revolve at an impressive rate of 6,500 times a minute. Your cleaning time is cut when you use an ORECK XL.



Ergonomically Designed

People with hand or wrist problems find the ORECK XL effortless with the Helping Hand® option. You don't need to squeeze your hand or bend your wrist.

10-Year Guarantee plus 3-Year Warranty There's a full 10-year Guarantee against breakage or burnout of the housing, plus a 3-year Warranty on the Extended Life Motor. Unprecedented in the field.

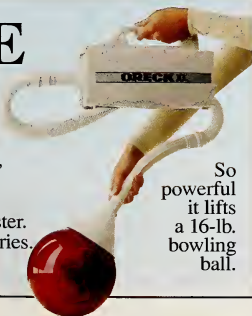
Try it in your own home for 15 days free. If you don't love it, you don't keep it.



For a free brochure call toll-free
1-800-286-8900
Ext. 21010
Or mail coupon today.
No salesperson will visit.

FREE
with
purchase.

For everything
above the floor,
the 4-lb.
Oreck Super
Compact Canister.
With 8 accessories.



So
powerful
it lifts
a 16-lb.
bowling
ball.

ORECK CORPORATION
100 Plantation Road, New Orleans, LA 70123

21010

☐ **Yes!** I want to learn how the ORECK XL Hotel Vacuum can help me clean my home faster, easier and more effectively. Please send me your FREE information kit, without cost or obligation. I understand I will receive absolutely FREE a Super Compact Canister, with the purchase of the ORECK XL Hotel Vacuum.
☐ Also include details of ORECK's 12-month Extended Payment Plan with No Interest or Finance Charge. Subject to credit approval.

Name _____
(please print)
Address _____
City _____ State _____ Zip _____
Telephone(_____) _____
area code (optional) P

W

Colorado mountains? Deep in a national park?

No, downtown Los Angeles. And this wild drama could just as easily have occurred in New York, Boston, Baltimore or any of nearly 50 other cities.

Two decades ago, the peregrine falcon appeared headed for evolution's bone yard. Its numbers had dwindled to 62 known pairs, and extinction seemed all but certain. Today, nearly 1,000 peregrine pairs nest throughout the lower 48 states, often on skyscraper ledges, and their turnaround stands as a great endangered species success story.

But only one of many, as plenty of other species also benefit from America's newfound commitment to struggling wild creatures.

During the 375 years or so since Europeans first landed on these shores, about 500 species of American animals and plants have become extinct. Some, like the dusky seaside sparrow that blinked out in 1987, were never numerous.

Others, like passenger pigeons, once numbered in the billions. Even the mighty American bison came within a few hundred animals of disappearing forever from this Earth.

This rapid-fire loss of living things came to a screeching halt with the 1973 passage of the Endangered Species Act (ESA). "Nothing is more priceless than the rich array of animal life with which our



With human help, more than 99 percent of America's struggling species have thus far dodged the extinction bullet.

The tools of wildlife restoration are almost as varied as the species being helped. Grizzly bears roam the northern Rockies because their habitat has been protected. The gray wolf again inhabits parts of the West, thanks to the relocation of Canadian wolves there.

Peregrines ply eastern skies and black-footed ferrets hunt the prairie because of successful captive rearing and release programs.

Before being released, zoo-raised California condors are trained to avoid humans and refrain from landing on power poles.

Education helps the public understand that red wolves, recently returned to some southeastern states, prey on rodents and other small animals and not on children. Prohibiting dune buggies from some East Coast beaches has allowed piping plovers to rebound.

The ESA's protective umbrella also has helped return large numbers of gray whales to the waters off the West Coast—much to the delight of thousands of human whale watchers. Thanks to action on the endangered species front, alligators once again thrive in southern swamps, brown pelicans dive for fish in Atlantic harbors, and more sea otters bob

near our Pacific shores. Woodland caribou still crop the trees of Idaho, ocelots prowl the Texas brush and whooping cranes still grace the skies of mid-America.

Even our national symbol once faced extinction in the lower 48 states. In the 1960s, only about 400 nesting

pairs of bald eagles remained—down from perhaps half a million birds in the 1600s—and their numbers were falling fast. Today, nearly 4,500 pairs (plus several thousand juveniles) dot the land, making this majestic bird the living symbol not only of our great nation but of the kind of turnaround possible when endangered species get the help they need.

The bottom line with endangered species is that these animals (and plants) are not ours to let slip away. They belong to our children and their children, too.

Since we seem hell-bent on rearranging the environment, we are obligated to heed the wisdom of Aldo Leopold, the father of wildlife conservation, when he said that the first rule of intelligent tinkering is to save all the pieces. □

The bottom line is that our endangered animals are not ours to let slip away. They belong to our children and their children, too. What we do today affects tomorrow.

country has been blessed," said President Richard Nixon at the act's signing. Commonly recognized as the toughest, most far-reaching environmental legislation in the world, the ESA seeks nothing less than the perpetuation of all species.

In the 24 years since wild creature preservation became the law of the land, nearly 1,000 species of animals and plants have been placed on the endangered and threatened lists. More than 40 percent of these are stable or improving, and only seven species have become extinct.

Gary Turbak, a writer from Missoula, Montana, draws a bead on the preservation of our nation's resources and other environmental topics in this special issue.



<p>Phosphatidylserine 500MG</p> <p>NEW Limit 2</p> <p><i>Get Smart!</i></p> <p>1488* 30 Softgels</p> <p>Item #D070057</p>	<p>C-500MG</p> <p>VITAMIN C</p> <p>Not 50 tablets, but 100 of this essential vitamin</p> <p>Our First</p> <p>Limit 2</p> <p>99* 100 Tablets</p> <p>Item #D071007</p>	<p>E 400 IU</p> <p>100% Preservative Free</p> <p>Order Today!</p> <p>*with minimum \$1.00 order</p> <p>99c* Limit 2</p> <p>60 Softgels</p> <p>Item #D0301</p>	<p>FOLIC ACID</p> <p>800 MCG</p> <p>NEW Special</p> <p>169 100 Tablets</p> <p>Item #D0201</p> <p>Save Even More - 500 Tablets \$6.99</p>	<p>GLUCOSAMINE HCl 250MG</p> <p>CHONDROITIN 200MG</p> <p>At Last!</p> <p>SDV</p> <p>Nutritional support for healthy, mobile joints</p> <p>Patented Formulation</p> <p>1388 48 Tablets</p> <p>Limit 2</p> <p>Item #D033337</p>			
<p>YOHIMBE BARK</p> <p>500 MG</p> <p>Attention Men!</p> <p>NEW Special</p> <p>899 30 Capsules</p> <p>Item #D0742</p> <p>Save Even More - 60 Capsules \$15.99</p>	<p>We Have It!</p> <p>ZINC LOZENGES</p> <p>Plus Vitamin C - 50 mg and Echinacea - 20 mg</p> <p>23 MG</p> <p>NEW As seen on TV</p> <p>299 60 Lozenges</p> <p>Item #D011315</p> <p>Save Even More - 150 Lozenges \$6.99</p>	<p>NEW Strength!</p> <p>Co Q-10</p> <p>50 MG</p> <p>Super Quality Lipid Filtered</p> <p>A superior strength for your antioxidant regimen</p> <p>999 30 Softgels</p> <p>Item #D011315</p> <p>Save Even More - 90 Softgels \$27.99</p>	<p>Sugar and Starch Free</p> <p>GINSENG</p> <p>518 MG</p> <p>How do other you use Ginseng?</p> <p>NEW Special</p> <p>266 100 Capsules</p> <p>Item #D079142</p> <p>Save Even More - 500 Capsules \$9.99</p>	<p>NIACIN</p> <p>500 mg</p> <p><i>Trans Release</i></p> <p>Ask your medical professional about the special health benefits of niacin.</p> <p>NEW Special</p> <p>288 60 Tablets</p> <p>Item #D0742</p> <p>Save Even More - 180 Tablets \$7.99</p>	<p>The Nutrient of the Decade</p> <p>PYCNOGENOL®</p> <p>25 MG</p> <p>All Herbs</p> <p>30 Times More Powerful Than Vitamin E</p> <p>20 Times More Powerful Than Vitamin C</p> <p>Fighting Free Radical Damage</p> <p>(Pycnogenol is a registered trademark of Dr. Gary Currier, Inc.)</p> <p>999 60 Tablets</p> <p>Item #D013292</p> <p>Save Even More - 120 Tablets \$13.88</p>	<p>SELENIUM</p> <p>COMPLEX FORMULA 200 MCG</p> <p>Plus 60 mcg Vitamin C</p> <p>NEW Special</p> <p>339 60 Tablets</p> <p>Item #D01408</p> <p>Save Even More - 180 Tablets \$6.99</p>	<p>SDV</p> <p>SOYA LECITHIN</p> <p>19 GRAIN-1200 MG</p> <p>NEW Special</p> <p>169 100 Tablets</p> <p>Item #D0100</p> <p>Save Even More - 500 Tablets \$6.99</p>
<p>GINKOBO BILOBA</p> <p>60 MG CAPSULES</p> <p>NEW Special</p> <p>988 60 Capsules</p> <p>Item #D011312</p> <p>Save Even More - 180 Capsules \$24.99</p>	<p>All Natural</p> <p>SAW PALMETTO</p> <p>450 MG Capsules</p> <p>Helps maintain healthy prostate and urinary tract function</p> <p>NEW Special</p> <p>649 60 Capsules</p> <p>Item #D011312</p> <p>Save Even More - 180 Capsules \$19.99</p>	<p>ECHINACEA</p> <p>500 MG</p> <p>Fight back against cold & flu season!</p> <p>NEW Special</p> <p>499 100 Capsules</p> <p>Item #D011312</p> <p>Save Even More - 200 Capsules \$9.99</p>	<p>St. JOHN'S WORT</p> <p>150 MG</p> <p>NEW</p> <p>Mood assist in mood elevation - naturally!</p> <p>544 60 Capsules</p> <p>Item #D011312</p> <p>Save Even More - 120 Capsules \$9.99</p>	<p>MELATONIN</p> <p><i>To The Most Desired Potency!</i></p> <p>0.3 mg</p> <p>NEW Special</p> <p>439 120 Tablets</p> <p>Limit 3</p> <p>Item #D011312</p> <p>Save Even More - 360 Tablets \$19.99</p>	<p>THE ORIGINAL & PROVEN FORMULA</p> <p>CHROMIUM PICOLINATE</p> <p>200 MCG</p> <p>100% P-55 Chromium</p> <p>NEW Special</p> <p>388 100 Tablets</p> <p>Item #D011312</p> <p>Save Even More - 240 Tablets \$6.49</p>	<p>ONE DAILY</p> <p>Compare to A Day!</p> <p>NEW Special</p> <p>366 250 Tablets</p> <p>Item #D011312</p> <p>Save Even More - 500 Tablets \$6.66</p>	<p>BETA CAROTENE</p> <p>25,000 IU</p> <p>One softgel provides optimum protection</p> <p>NEW Special</p> <p>199 100 Softgels</p> <p>Item #D011312</p> <p>Save Even More - 250 Softgels \$4.99</p>

Call Today 1-800-SDV-VITA (1-800-738-8482)

PAPAYA Pleasant Taste 299 499 Nam #102027 100 Softgels 250 Softgels	C-1000 MG With <i>Rose Hips</i> 599 1099 Nam #11304 100 Tablets 250 Tablets	LECITHIN GRANULES PURE 349 599 Nam #1702 1-4oz Can 2 14oz Cans Limit 2
GARLIC OIL 1500 MG 99¢ 199¢ Nam #1702 100 Softgels 250 Softgels	CRANBERRY COMPLETE With <i>Vitamin C</i> 299 399 Nam #1021758 100 Softgels 250 Softgels	POTASSIUM GLUCONATE 99 MG 119 249 Nam #1021632 100 Tablets 250 Tablets
COD LIVER OIL with Omega 3 129 269 Nam #11502 100 Softgels 250 Softgels	CALCIUM 900 MG Liquid form softgel 399 699 Nam #1021327 100 Softgels 250 Softgels	NO SHOT B-12™ 1000 MCG 999 1899 Nam #11001 100 Tablets 250 Tablets
L-LYSINE PURE 1000 MG 499 1099 Nam #11001 100 Tablets 250 Tablets	AMINO ACID COMPLEX 199 399 Nam #11001 100 Tablets 250 Tablets	CAL-MAG-ZINC In Nature's Harmatious Balance 1000 mg Calcium 500 mg Magnesium 50 mc Zinc 119 Nam #1021021 100 Tablets
B-6 100 MG 99¢ 279 Nam #1021571 100 Tablets 250 Tablets	CAYENNE <i>All Natural</i> 400 MG 399 699 Nam #11302 90 Capsules 180 Capsules	E 1000 IU <i>100% All Natural</i> 899 1599 Nam #11001 60 Softgels 120 Softgels
BILBERRY Herbs for your Eyes 40 MG 799 1499 Nam #1021107 60 Capsules 250 Capsules	ACIDOPHILUS Two-Piece Capsule 249 529 Nam #1021024 100 Capsules 250 Capsules	KELP LECITHIN B-6 Triple Potency 118 499 Nam #11001 100 Tablets 250 Tablets
GRAPE SEED EXTRACT 699 1249 Nam #11002 36 Capsules 250 Capsules	BEE POLLEN <i>with Royal Jelly</i> 500 MG 299 999 Nam #1702 100 Tablets 250 Tablets	BREWER'S YEAST <i>All Natural</i> 199 366 Nam #1021330 250 Tablets 500 Tablets

**RUSH
YOUR
ORDER
TODAY**

SDV Vitamins®
P.O. Box 9215, Dept. AL 997,


Delray Beach, FL 33482-9215
Use this coupon or call toll-free to order

1-800-SDV-VITA
(1-800-738-8482) • Offer expires 10/31/01

with you every day.

Quantity	Size	Item#	Name of Product	Total Price

--	--	--	--	--



			1700
--	--	--	------

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
---	---	---	---	---	---	---	---	---	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	-----

Thank you

[illegible][illegible][illegible]

your order is \$15 or more. FREE Flashlight	N/C
--	-----

Shipping & Handling regardless of how big your order is	\$2.75*
---	---------

Attach another sheet for larger orders	TOTAL
--	--------------

YES! Include my **FREE** 5-year warranty. **Clicklink!**

YES! Include my FREE emergency Flashlight.
(Order of \$15 or more only, excluding shipping & handling)

 ORDERS FROM CANADA

Shipping & Handling not refundable

☐ Payment enclosed (Check or Money Order)

Bill My Credit Card [Call for custom shipping quote](#)

 MasterCard Visa Discover American Express

please have your credit card ready when you call. Exp. Date

[illegible][illegible][illegible]

 BEFÖRDERER DER SIGNATURE

1001-1002

APT

03100 30

STATE _____ ZIP _____



EFFORT Army Pvt. Thomas Morley sought a real challenge by enlisting.

They're Still Hiring

America's youth still answer their nation's call to serve in uniform, and they are motivated.

By Karen Jowers

TOM Morley wanted to work for an organization that he could put his heart and soul into and get something back. He's found that since enlisting in the Army.

On his second day at Fort Campbell, Kentucky, early this year, the 23-year-old raw recruit got his first pat on the back. "On one of the road marches, I put out the effort not to fall out. I did extra, and I got recognition for it," says Morley, a native of the south suburbs of Chicago. "It felt great. I felt like I belonged."

Morley's platoon leader and company commander both shook his hand. In company formation, he was recognized for going the extra mile in front

of his peers in Alpha Company, 2nd Bn., 327th Inf.

"If you put that 110 percent out, you'll get the recognition for what you do. I'm looking for that," Morley says. "You can work yourself to death in the civilian world and not get recognition for what you do."

Whether a young infantryman like Morley, a young officer on a Navy frigate based in San Diego, an airman in Alaska or a Marine sergeant in South Carolina, many are seeing the military as an opportunity to build better lives for themselves and give something back to their country. From where they stand, feet planted firmly on the ground, the future is bright.

"America's always going to need the Navy," says Lt. j.g. Dante J. Marzetta, the combat information center officer aboard the

guided missile frigate *USS Sides* (FFG-14). "We're always forward-deployed. The Navy's in the middle of it."

"I'd like to see world peace, but the reality is I don't think it's going to happen in my lifetime. There's always going to be a need for us, that's for sure."

Marzetta's family is steeped in naval tradition and patriotism. In 1994, he became the third generation of Marzettas to graduate from the Naval Academy. His grandfather commanded a destroyer; his dad, Dante R. Marzetta, retired as a Navy captain after 26

years; all four uncles are academy graduates.

His first tour of duty "has been a good launching platform for me. I've had my hands in a lot of things. On some of the bigger ships, you don't get to do as much," he says.

"I wouldn't have these opportunities in the civilian world," notes Marzetta, who has kept in touch with friends who are having trouble getting the perfect job out of college. Meanwhile, he is getting valued supervisory experience and seeing the world. Later this year, he'll go to Italy as navigator aboard the command ship *LaSalle*.

The downsizing of the military has served to make the Navy "more competitive and much more selective," the 26-year-old says. The people he works with "are all working toward a goal. The knowledge level in my division... there's just no comparison."

Senior Airman James Lachapelle, 25, saw many qualified people leave the Air Force during the downsizing. "The missions are the same, they're just learning how to do it with less people. But the Air Force has responded well to it," says Lachapelle, who enlisted in November 1990 and knows he wants to make a career of the Air Force.

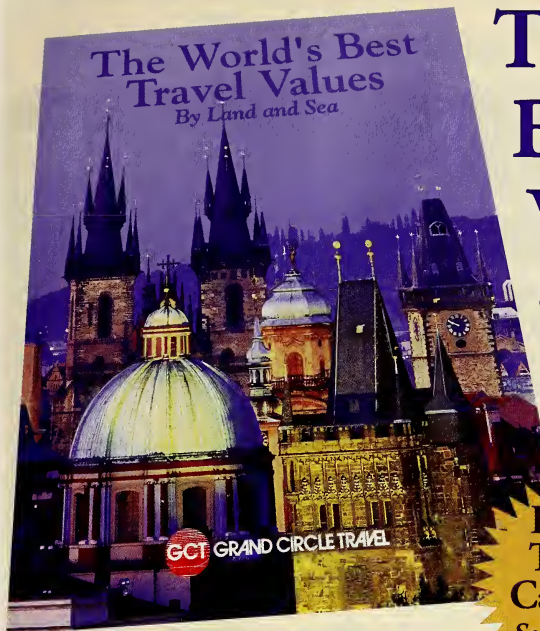
Like Marzetta, Lachapelle appreciates the experience.

Please turn to page 40

Karen Jowers of Fairfax, Virginia, takes her marching orders as a staff writer with the Army Times.



Sergeant Tonya Evans, U.S. Marines



The World's Best Travel Values!

Send for your **FREE** full color catalog today!

- **Discover** a world of outstanding travel values *exclusively* for mature travelers!

- **Create** the travel experience you always dreamed of!

- **Learn** how Grand Circle's *Total Travel Service* handles the details for you!

FREE
Travel
Catalog!
Send Today!

Discover a whole new way to see the world in this exciting, **FREE** Travel Catalog! A travel dream book just packed with details on the world's classic trips all planned, paced & value priced... *exclusively for mature travelers!*

Travel The World... Your Way!

With Grand Circle the choice is always yours! You choose where you want to go...the sights you want to see...& how long you want to stay. From the charm of an English coastal town...to our "Sound of Music" Alpine sampler...the Trains of Europe...or the majesty of the Northwest National Parks & much more! Now you really can see the world your way!

Set Your Own Comfortable Pace!

We want you to really savor your travel experience. That's why we offer longer, more in-depth stays, a

leisurely pace & generous free time. You won't waste your time packing & unpacking, or rushing to meet a fixed schedule with Grand Circle. Instead you'll enjoy weeks at a time...seeing the world at your own pace!

Discover The Culture & The People!

Discovery is an essential part of a great travel experience. That's why we take you beyond the sights & monuments to meet real people in the places you visit. Join a village family for dinner...experience the hands-on working of a regional crafts workshop...or take a cooking lesson from a local chef...and much more!

Leave The Details To Us!

We want your travel experience to be completely trouble-free! That's why we take care of all the logistical details for you. From flights & cruise bookings...to ground transportation

and connections...accommodations and meal plans...even insurance... we handle it all!

Outstanding Travel Values!

By using our group buying power and eliminating expensive middlemen we're able to bring our extraordinary travel values direct to you! As a result our prices are not only affordable...they're unbeatable!

Send For Your FREE Travel Catalog!

Get the whole exciting Grand Circle Travel story. Send for your **FREE** Travel Catalog...**TODAY!** PLUS...as a special bonus we'll include our *101 Tips for Mature Travelers*... absolutely **FREE!** It's packed with useful travel tips to help you travel better and smarter!



GRAND CIRCLE TRAVEL

347 Congress Street, Boston, MA 02210



FISHING AGAIN Once severely polluted and all but devoid of aquatic life, Boston Harbor now teems with bass and bluefish, and porpoises and seals delight cruise ship passengers.

TURNAROUNDS

STREAMS OF CONSCIENCE

IN June 22, 1969, the Cuyahoga River burned. Great tongues of flame roared 50 feet into the air.

Wooden railroad bridges became torched ruins. Incredulous citizens—and fire fighters, too—stood helplessly on the banks and watched. No one had ever before seen a river burn.

Flowing through the heart of Cleveland, the Cuyahoga had become



THE BOSTON GLOBE

This is your wallet.



This is your wallet when you get your gear from The Guide!



Picture yourself getting *all* the outdoor gear and clothing you want...and still having enough money leftover to buy your kid a new bike, and your wife a new dress and a dinner out!

"The fact is, if you're not getting your camping, hunting, shooting and outdoor gear and clothing from me, you're wasting a lot of your dough!"

Want to know why I say that? Keep reading.

During the last 20 years, over 3.2 million outdoorsmen around the country have discovered the savings secret that lets them get all the gear and clothing they want while keeping literally hundreds of dollars in their wallets.

And *you* could be saving money too. In fact, the secret is as close as your telephone.

Let me tell you a little more about my FREE full-color catalog, and why I can sell top quality, name brand gear for significantly less than my competition.

"My motto is simple. I'll sell it for less than anybody else, or I won't sell it."

You see, I figure to make my money when I buy, not when I sell. I check to see what my competitors are selling stuff for, but I'm not that greedy. Then I negotiate a price that lets me sell it for less than they do. Or I just move on to the next deal.



Your chance to save big dough on gear and clothing is as close as your telephone.

I literally search the world looking for close-outs, overstocks, last year's models, and limited quantity buys. That's why you'll keep up to 73% more of your hard-earned dough on the stuff you buy from me. I take the bargains wherever I find 'em. Anything to save you money. And, I'll only sell items I'd use myself, or be proud to recommend to my best friends. **"You've heard of the stuff in my catalogs."**

Every page is packed with gear from Rocky, Timberland, Carhartt, Remington, Winchester, Tasco, Mizuno, Ray-Bans...and many more! Plus, I've introduced my customers to 1,712 new items during the first 6 months of this year alone. The latest and the best from the hunting, camping, shooting and outdoor adventure world.

"Plus, stuff you can't find anywhere else!"

Like U.S. Military Issue MAIAI Thompson Machine Guns, valued by collectors, for instance. Or U.S. Military Field Phones you can use up to 22 miles apart for complete privacy...and no phone bills. Or British Commando Issue Boxer Shorts. Just to name 3.

It's never too soon to start saving money. Am I right? To get my FREE catalog, just call me toll-free at 1-800-888-30-06, code A14, or mail in the coupon below. I'll get your catalog in the mail, PRONTO! Call anytime, day or night, right now.



Gary Olsen,
CEO and President of
The Sportsman's Guide

"You could be getting much more outdoor gear for much less dough! In fact, I know I can save you literally hundreds of dollars!"

Gary Olsen

**FREE
CATALOG
OFFER**



**FREE
CATALOG
OFFER**

☐ **YES, Gary!** I'd like to start getting much more gear and clothing for much less dough. Please send me the following gear and FREE Catalog(s) right away!

- ☐ Main Catalog
- ☐ Military Surplus
- ☐ Deer Hunting
- ☐ Camping Close-Outs

- ☐ Ammo & Shooting Gear
- ☐ Footwear & Clothing Close-Outs

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Code A14

Mail to: **The Sportsman's Guide**
411 Farwell Ave., P.O. Box 239
So. St. Paul, MN 55075-0239

Or Call Toll Free! 1-800-888-30-06

a moving oil slick upon which growing rafts of debris had long since replaced boaters. Wildlife had abandoned its banks. Sewage and chemicals permeated its currents. And that June a stray spark set the river ablaze.

The Cuyahoga's flames eventually died down, but the outrage did not. Across the country, citizens looked at their own rivers, lakes and harbors and realized that many of America's once pristine waterways had evolved into open cesspools of neglect. Precious natural resources had become little more than gigantic public toilets.

The Connecticut River, flowing through New England, earned the sobriquet "prettiest sewer in the nation." Its color varied daily, depending on the hue of dye emanating from upstream paper plants, and fetid offal boiled to the surface on stinking bubbles of gas from decomposing sludge. Also in New England, fumes from the polluted Nashua River turned houses black and kept residents awake at night. People joked that birds could walk across the Nashua on the floating sludge, and the city of Fitchburg, Massachusetts, once considered—perhaps only half in jest—capping the river with a parking lot.

In 1965, President Lyndon Johnson called the Potomac a "national disgrace" because of the abundant sewage it carried. In Idaho, the Boise River sometimes ran red with slaughterhouse waste. Lake Erie, screamed the headlines, "is dead." In St. Paul, Minnesota, the Mississippi River ran sewage-filled



percent of the population to serving 74 percent) put sewage in its place. In all, American businesses and taxpayers have since 1972 spent nearly \$600 billion cleaning up our waters.

The result has been a renaissance of water clarity that stretches from Puget Sound to Tampa Bay. The once severely polluted and largely lifeless Boston

Harbor now supports bass and bluefish, and porpoises and seals delight cruise ship passengers. For the first time in a decade, swimmers last summer returned to the lower Hudson River in New York, a stream that 30 years ago ran raunchy with raw human sewage, industrial chemicals and agricultural runoff.

Aquatic grasses, habitat for a variety of sea life, now thrive in Chesapeake Bay, where striped bass have made a remarkable resurgence. Today, the St. Paul stretch of the Mississippi is cleaner than at any time in the past century and home to 30 species of fish.

Bass—not offal—travel the Potomac, giving our capital a river worthy of pride. The Connecticut River hosts fishing tournaments and rowing competitions, and eagles and ospreys have returned to its banks. In Boise, the greenbelt of riverfront park land has become the city's pride, and summer water recreationists abound.

Massachusetts lists the Nashua, with its teeming fish populations and abundant terrestrial wildlife, as a scenic river. Even Lake Erie is rising from the dead. Fish are returning to some formerly lifeless harbors, and once-common algal blooms are rare. Many people swim and boat, making Lake Erie tourism an \$8.5 billion annual business. And the hottest things on the Cuyahoga River these days are popular new shoreside restaurants where pleasure boats vie for docking spots.

In city after city—Hartford, Peoria, Portland (Oregon) and Chattanooga (Tennessee), to name a few, once-fetid rivers have become focal points for urban renewal. Communities these days turn toward—not away from—their rivers as they build parks, theaters and convention centers. Cities today view their waterways as assets, not smelly nuisances, and downtown waterfronts are once again the focal point for urban commerce.

All this, of course, creates a new challenge—how to handle the multitudes of swimmers, boaters, floaters, fishermen, shoppers and others streaming toward America's cleaner waters. But that's the kind of problem any nation would love to have.

Three decades ago, LBJ called the Potomac a "national disgrace," Lake Erie was declared "dead," and the Cuyahoga River caught fire. Our waters today flow cleaner and safer.

and mostly fishless between banks lined with auto scrap heaps, industrial plants and train yards. Sea life of all sorts began disappearing from the once fertile Chesapeake Bay.

"Enough!" cried the American people, and in 1972 Congress passed the Clean Water Act, a watershed piece of legislation if there ever was one. Many states followed with their own statutes, and gradually the polluted water paradigm began to change. Reforestation of slopes reduced erosion in many watersheds. Restrictions on industry cleaned up factory effluents. Elimination of pesticides made waters less toxic. And a boom in the construction of municipal waste water treatment plants (from serving 42

MILITARY CHECKS!

123 Any Street
Any Town, USA 55555

Pay to the
order of
BANK/PROV. INSTITUTION
Address of your financial institution

Money
4323456789010301



DESERT STORM

Army #40 (1 Design)

the **Styles**
CHECK
COMPANY

"Check out the difference"

OPTIONAL PERSONAL
EXPRESSION LINE
of your choice here!
(See details on order form)

Perfect for the enthusiast or just to tout your favorite hobby! These colorful checks are not just fun, they meet all bank check regulations. Our checks are printed on most consumer recycled paper using environmentally friendly soy based inks offering you the highest quality checks around! Guaranteed to work at your financial institution and if not completely satisfied, we'll replace your order or refund your money!

MILITARY CHECKS!

Dan or Lisa Johnson
123 Any Street
Any Town, USA 55555

Pay to the
order of
BANK/PROV. INSTITUTION
Address of your financial institution

Money
4323456789010301



TOP GUM

Air Force #42 (1 Design)

Perfect for the enthusiast or just to tout your favorite hobby! These colorful checks are not just fun, they meet all bank check regulations. Our checks are printed on most consumer recycled paper using environmentally friendly soy based inks offering you the highest quality checks around! Guaranteed to work at your financial institution and if not completely satisfied, we'll replace your order or refund your money!



VIETNAM

Marines #43 (1 Design)

Navy #41 (1 Design)

More Exciting Check Styles... FREE vinyl check cover • FREE check register • FREE deposit slips

Leather Check Book Cover
Matching custom stitched genuine leather check book covers!

Matching covers available in black or burgundy for all of our check lines.
(Cover shown matches Military #40)

Only \$24.95 Custom Watch

- Quality Quartz Movement
- Leather Strap
- Polished Case & Hands
- Matching Watches Available For All of Our Check Lines!

(Shown matches Military #40)

Custom Matching Accessories
Emboss this stunning graphic on your choice of product!

Military #40

Custom Peel 'n Stick Color Address Labels...

Now all of our exciting graphics are available in full-size peel 'n stick address labels!
Actual Size: 2-1/4" x 1-1/8" • 144 labels for \$7.95 ORDER ADDITIONAL SETS & SAVE!
Additional sets of 144 labels for \$5.95!

Fighter Jet #92 (3 rotating designs)

Racing #35 (3 rotating designs)

Hot Rod #84 (3 rotating designs)

Player #45 (4 rotating designs)

Fishing #23 (3 rotating designs)

Equestrian #78 (3 rotating designs)

Undersea Fantasy #90 (3 rotating designs)

Also available from the Styles Company... Alien Encounters #53, Angels #52, Astronomy #54, ATV #63, Baseball #64, Basketball #14, Birds of Paradise #64, Boat Racing #33, Bowling #63, Cats #27, Country #90, Country Dance #72, Dental #66, Driving #51, Dolls #22, EMS #34, Environmental #10, Fantasyland #67, Freightliner #62, Fitness #58, Football #75, 4x4 Wheeler #48, Golf #61, Handyman #90, Hockey #70, Hunting #11, Indy Car #33, Inspirations #73, Joe Montana #30, Kittens #28, Manicured #29, Retro #74, Puppy Love #76, Rock Climbing #60, Rodeo #63, Salon Tons #66, Sewing #68, Snow Biking #69, Snowmobile #51, Soccer #74, Southwest #11, Sport Truck #68, Sports Car #18, Sport Fishing #68, Street Bike #71, Stylized #15, Top Fuel #36, Tennis #62, Tropical Fish #26, Teacher #65, Trains #62, Truckin' #57, Vietnam #67, Volleyball #60, Watercraft #43, Watercraft #83, Wedding #65 & Wine #71. Check! Call for a FREE BROCHURE! 1-800-356-0353

It's Easy to place orders...

1. Enclose an original VOIDED check or reorder form from your check supply. Indicate any changes clearly on voided check or reorder form.
2. Enclose a sample deposit slip from your existing checks.
3. Your daytime phone ()

Number my checks starting with # **if I want** ☐ **to be in touch** or my checks will start at #

Single Checks:

<input type="checkbox"/> 200 - \$13.95	<input type="checkbox"/> 150 - \$15.95
<input type="checkbox"/> 400 - \$25.95	<input type="checkbox"/> 300 - \$28.95
<input type="checkbox"/> 800 - \$42.95	<input type="checkbox"/> 600 - \$49.95

Duplicate Checks:

<input type="checkbox"/> 200 - \$13.95	<input type="checkbox"/> 150 - \$15.95
<input type="checkbox"/> 400 - \$25.95	<input type="checkbox"/> 300 - \$28.95
<input type="checkbox"/> 800 - \$42.95	<input type="checkbox"/> 600 - \$49.95

Send check or M/O to:
THE STYLES COMPANY
P.O. BOX 5000
LAKE FOREST, CA 92630-8500
For questions concerning your order... 1-800-356-0353
We also accept VISA & MasterCard...

Select check style # ☐ **See pricing & ordering instructions & other amount here** ☐

Your order will be mailed to the address on your voided check. Allow 2-4 weeks for delivery.

If optional typestyle is not desired, checks will be printed with "standard blocktype".

Optional Personal Expression Line (max of 25 characters) add \$2.50
(See example of Personal Expression Line on featured checks)

Matching Genuine Leather Embroidered Checkbook Cover, add \$18.95
Indicate check style # ZCV ☐ City & color: ☐ City ☐ Burgundy/dfy ☐

Matching Color Address Labels (See pricing & ordering instructions) Add \$7.95 for 1st set Add \$1.95 for each additional set

Indicate check style # ZSL ☐ City ☐

If alternate typestyle is desired, check box (see examples above) ☐ (C) ☐ (D) ☐ (E) ☐ (F) ☐ Add \$1.50

Custom Matching Accessories Select Style: ☐ Lighter ☐ \$9.95 ☐ \$9.95 ☐

Money Clip #200 ☐ \$5.95 ☐ **Letter Opener #200** ☐ \$5.95 ☐

Business Card Holder #200 ☐ \$9.95 ☐ **Keyring #200** ☐ \$5.95 ☐

Matching Watch # ZWT ☐ add \$24.95 ea. ☐

SUB TOTAL

California add 7.75% sales tax

Priorly mail service (can save up to 1 1/2 weeks) add \$3.95

Priorly mail service and in-shut rush (can save up to 2 weeks) add \$6.50

Up to \$20.00 add \$1.75

\$20.01 to \$30.00 add \$2.75

\$30.01 to \$40.00 add \$3.75

\$40.01 and over add \$4.75

Shipping must be added to receive your order ☐

Card # **Exp. /**

Z02660 **TOTAL ENCLOSED**



ONE SMALL STEP Aerospace engineers helped develop the athletic shoe.

A Giant Leap For Mankind

**From
Tang to
cordless
drills,
NASA has
launched
technology
now used
all over.**

By Layne Cameron

AS THE *Toy Story* craze infiltrated our country, Buzz Lightyear's battle cry of "To infinity—and beyond!" echoed through theaters. This mantra for high-tech adventure and idealism (which became a rallying cry for much of America's youth) merely reflected an ongoing exploit—perhaps the grandest of all. The National Aeronautics and Space Administration has sent spaceships and probes to the craters of the moon, the stormy atmosphere of Jupiter, the shining rings of Saturn and the outer edges of the solar system.

Although often netting only

sites distant from their lunar lander. Back on Earth, the cordless technology came to be used in everything from screwdrivers, hand-held drills, miniature vacuums and telephones to rechargeable razors.

Oasis

After working in the yard under the hot sun, nothing tastes better than a cold glass of water—clear and free of foul-smelling chlorine. By using NASA's silver ion technology, General Ionics was able to produce an electrolytic water purifier which uses silver-impregnated carbon as a bactericide/de-

second-tier news coverage, NASA's astronomical number of frequent-flyer miles, plus its research and initiative, have given consumers front-page inventions that make daily lives easier. In a sense, astronauts and machines have traveled to infinity—and brought back some really cool stuff.

Some of these products have been around so long that they are taken for granted. Intergalactic innovations like Tang and freeze-dried foods are proof of that. Still there are many more UHOs (Unattributable Household Objects) that you might not have identified as space-age spinoffs.

Unleashed Electricity

Weekend workshopers and small mess-makers can thank the Apollo astronauts for tools that aren't leashed by an electrical cord. Innovations from Black & Decker allowed the moon walkers to drill for core samples at

odorizer. The end product was water sans foul odors and tastes; water worthy of a glass instead of a pool.

Reality Check

During the mid 1980s, scientists at NASA's Ames Research Center developed the first virtual reality (VR) simulator. VR video games became the rage in arcades everywhere, but it's the practical applications that will endure. Through computer assisted design (CAD) software, architects can "walk" clients through a finished building before a single nail is driven. Medical students will operate on computer-generated patients. In these virtual hospitals, an "oops" will produce a lower grade—not a corpse.

The Air Age

In the highly profitable athletic shoe industry, commercial cobblers are always looking for an edge on the competition. Avia Group International wanted a shoe that retained shock absorption, stability and flexibility over a longer period of time. Teaming with aerospace engineer Al Gross, they used pressurized suits as a model to cushion the soles of their shoes. This innovation took their shoes from the foam rubber age to the air age. One small step for Al....

Keeping a Head

In years past, kids, or adults for that matter, would have rather risked a serious head injury than wear a bicycle helmet that was heavy as kiln brick and hot as a blast furnace. With the help of NASA airfoil technology, Jim Gentes, founder of Giro Sport Design Inc., created a lightweight, aerodynamic helmet that allowed air to travel through the helmet to cool while it protects. His skid lids cover a

Please turn to page 54

Layne Cameron has his feet firmly placed on the ground as assistant editor of this magazine.

FREE INSTALLATION!

There has **never** been a better time to buy DISH Network!

Buy a DISH Network satellite TV system NOW, and get a FREE Self Installation Kit or \$100 off a professional installation.



**BUY A
DISH NETWORK SATELLITE
TV SYSTEM
NOW AND GET A FREE
SELF INSTALLATION KIT!
OR \$100 OFF A
PROFESSIONAL INSTALLATION!**





FREE INSTALLATION!

**HURRY! SYSTEM MUST BE INSTALLED AND ACTIVATED
BETWEEN AUGUST 1, 1997 AND SEPTEMBER 30, 1997.**

Offer expires 9/30/97. Only one coupon per complete system. Only one free Self Installation Kit or \$100 off Professional Installation per complete system purchased, installed and activated between August 1, 1997 and September 30, 1997.

CUSTOMER NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____

DATE OF PURCHASE: _____

-TO BE COMPLETED BY RETAILER-

RETAILER NAME: _____

RETAILER #: _____

RECEIVER SERIAL #: _____

RECEIVER CA #: (000...) _____

IT'S HOT!



YOU CAN HAVE IT ALL...

Local Channels, Too!

Your local channels may vary with location. Off-air antenna required.

No Upfront Annual Subscription Required!



2 Channels Of Each Great Service!



ONLY \$19.99 PER MONTH



It's The Best Programming Value On Earth.

Your Only Single Source For Satellite TV.

One Call Does It All! Call Today:

1-800-333-DISH

30-Day Moneyback Guarantee

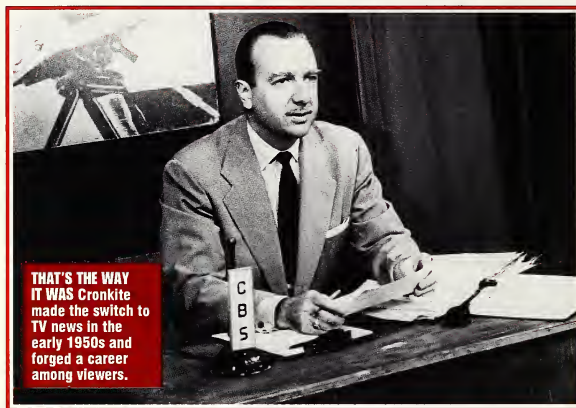
3 4 7 4
http://www.dishnetwork.com



Nothing Else Compares.

All prices, packages and programming subject to change without notice. Local and state sales taxes may apply. Programming is available for single-family dwellings located in the continental United States. All DISH Network programming, and any other services that we provide, are subject to the terms and conditions of the Residential Customer Agreement, which is available upon request. ABC, CBS, NBC and FOX channels are available only for homes (1) which cannot receive an acceptable picture from local ABC, CBS, NBC and FOX affiliates via a conventional rooftop antenna and (2) which have not subscribed to cable television within the last 90 days. Prices do not include installation or shipping and handling. 30-day moneyback guarantee does not include shipping costs to or from the customer and applies to direct sales only. All installers must be connected to a phone line. Offer by DISH Factory Direct Corporation. DISH Network is a trademark of EchoStar Communications Corporation. ESPN and ESPN2 programming subject to change and blackout restrictions, and is licensed separately for residential and commercial use. ESPN, ESPN2 and ESPN3 are registered trademarks of ESPN, Inc. ©1997. Showtime and The Movie Channel are service marks of Showtime Networks Inc., a Viacom Company. MTV, Music Television, VHI Music First, HomeBoredomTV, at Nine and Nine at Nine TV Land are trademarks of MTV Networks, a division of Viacom International Inc. Cartoon Network, CNN, Headline News, TBS Superstation and TNT are registered trademarks of Turner Broadcasting System, Inc. The Family Channel and The Family Channel logo design are registered service marks of International Family Entertainment, Inc. Home Shopping Network is a registered trademark of Home Shopping Network, Inc. All other service marks and trademarks belong to their respective owners.

Going Live With Walter Cronkite



Today's sound-bite news reporting doesn't cut it with America's dean of broadcast journalism.

HE words sat wedged in his throat like a rock. "From Dallas, Texas, the flash—apparently official. President Kennedy died at 1 p.m. Central Standard Time—a half hour ago."

Millions of viewers sat glued to their television sets on Nov. 22, 1963, as Walter Cronkite, unable to conceal his tears, delivered the shocking message. This was a defining moment for Cronkite, the television anchorman who stayed on the air countless hours

broadcasting that day's painful events as they unfolded.

JFK's assassination wasn't the first presidential murder he reported. Cronkite's career actually began at the young age of 6. As detailed in his recent autobiography, *A Reporter's Life*, Cronkite ran through Kansas City, Missouri, neighborhoods announcing the death of Warren Harding like Paul Revere declaring that the British were coming.

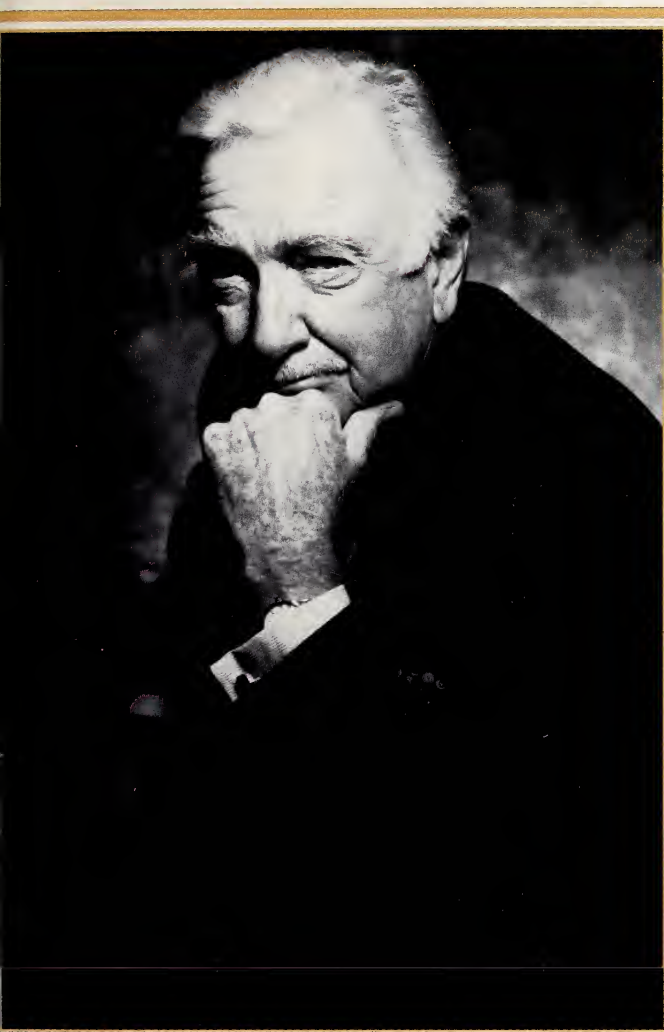
He discovered his true affection for journalism as editor of his high school paper, *Campus Cub*, where he says he first learned "that there was a sacred covenant between newspaper people and their readers. We journalists had to be right and we had to be fair."

Cronkite continued his career in print journalism with the *Houston Press* and later worked for United Press wire service. But he is best known as an icon of the glamorous world of television, working 31 years as a correspondent and subsequent anchor for the *CBS Evening News* until his retirement in 1981.

A demigod in the world of journalism, Cronkite witnessed such extraordinary historical events as the Nuremberg trials, man's landing on the moon, the burning of the *Hindenburg*, the Tet Offensive and the bicentennial of our Declaration of Independence. He has interviewed presidents Truman, Eisenhower, Kennedy, Johnson, Nixon, Carter and Reagan; foreign leaders such as Anwar Sadat, Menachem Begin and Fidel Castro. He also went one-on-one with well-known figures such as Jimmy Hoffa, Frank Sinatra and James Michener.

Lesser known is Walter Cronkite the family man, who enjoys race cars and sailing adventures with his family. And it was Cronkite who, in 1973, opted to have summers off with loved ones rather than pay raises.

Cronkite became not only a familiar face in family rooms but a reliable friend to a na-



PETER LINNE



full authority to do what they feel is right in the presentation of the news and not put heavy pressure on news departments to show a profit at all times. Give them an adequate budget and expect from them an adequate profit. We understand, of course, that in our market economy and our private enterprise system that we certainly don't want to tamper with the profit that is necessary in any capitalistic firm. We wouldn't expect news departments to operate at a loss at all times.

But we cannot expect news departments to make the same kind of profit that the other aspects of television do, such as entertainment and sports. Also, newspaper shareholders should not expect the kind of profits they would make in an industrial firm turning out industrial products. They are the caretakers of a precious commodity in our country—the free press. And they should be satisfied with a lesser profit to enable the press to operate efficiently.

Q. What things are the American media doing right today?

A. Well, the fact that we have a free press today is the most notable factor in our lives. Americans are so accustomed to the free press that we are inclined to judge other countries as to the efficiency of their

democracies based on how much freedom of the press and speech they allow. We also have become so accustomed to the protections our Constitution has given through the 200 years of democracy that we take the free press for granted. And we are inclined to be a little more critical of it than even the sometimes less-than-worthy press deserves.

Q. You've been a journalist for

tion that would hang on his every word. Strong ethics coupled with high personal standards earned him the undisputed title of "Most Trusted Man in America."

Cronkite, who spent decades asking questions of some of the world's top leaders, recently found himself answering questions posed to him by Assistant Editor Julie A. Rhoad about his career and views of today's media.

AMERICAN LEGION MAGAZINE:

In your recent book, *A Reporter's Life*, you say the television medium today needs to improve how it delivers news to viewers. In what ways?

WALTER CRONKITE: The most important thing that can happen today would be for the corporate owners of television to give the news directors



STEADY COURSE
Cronkite covered many major news events during his 60-year career, ranging from the Nuremberg trials to man's first walk on the moon.

more than six decades. How has the nature of reporting changed in that time?

A. Oh, it has changed immensely. First of all, 60 years ago we didn't have television so it wasn't a factor. Radio was a fairly new medium when I first went into the news profession. Newspapers were the dominant means of communication, and they were all competitive. Even in the smallest of towns, there often was more than one newspaper. They were highly competitive, perhaps more diligent and certainly more accurate than the monopoly newspapers of today.

Q. Why is it that Americans don't view today's leading broadcast journalists in the same positive light that they viewed you and your colleagues, such as Edward R. Murrow and Eric Sevareid?

A. I think part of it is that there are so many more on the air today. When the people you just mentioned came on

Going Live With Walter Cronkite

the scene, we shared the airwaves with only a few other people. There were only the three networks that people watched on television, and in many communities there was only one network channel available. So people placed a kind of a faith in us when they didn't have the opportunity to flip the dial to numerous other sources. I think that has something to do with it.

I think that the news broadcasts today are less substantial than they were in our time. There is a lot more featurizing of the news in the network broadcast today than there was in our day. We dealt almost solely with breaking news, front-page stories if you please. Newscasts today deal a great deal with what we used to call "back of the book" material of feature stories about your health, your pocketbook, your lifestyle, that sort of thing.

There's another factor to consider: I think that a lot of the reporters and anchor people today try to summarize the news in a single sentence. Viewers hear

a single sentence from an anchorperson or reporter on the scene and it sounds like an editorial. And that is unfortunate.

Q. You've interviewed some powerful and well-known people in your career. Does any one person stand out as particularly impressive to you?

A. Well, I think that probably the most-impressive, single figure was the late Egyptian President Anwar Sadat. I admired him immensely because not only was he imaginative and innovative in programs he expounded, but he was extraordinarily courageous. He knew the dangers both politically and personally in the policies he pursued, and yet he pursued them with an attitude of full steam ahead.

Q. You were known for your cool composure on camera while covering major news events. I remember seeing a clip of you moments after Apollo 11 landed on the moon, the mission where Neil Armstrong would take that historic step. You seemed to be speechless.

A. I still think that man's landing on the moon has to be the high point of this extraordinary 20th century—this most-extraordinary century of great scientific, technical and medical achievements. But of all these achievements, the one that will be remembered most specifically as *the* achievement of the 20th century will be man's landing on the moon. The fact that we escaped our environment and went out into space will be looked back upon by future space travelers, and they will marvel at our moon landing and those three fellows who got into the tiny space ship. And we all must feel that way about accomplishing this great feat in our time.

Q. What was the most difficult event for you to cover?

A. Oh, the hardest thing undoubtedly was the assassination of President John Kennedy as far as the necessity to control one's emotions at a time of overwhelming tragedy and sadness. Of course any story involving the human tragedy is a hard one to cover.

Q. You have said that in emphasizing political manipulation rather than issues in campaigns, the press has probably contributed to public cynicism about the political process. How can the media reverse this trend?

A. The answer is to give more attention to the issues rather than

Please turn to page 78



TURN YOUR NEST EGG INTO GOLD.

American Legion-Sponsored GoldPortfolio® Deposit Accounts

Treasure your savings. Develop its full potential with Legion-sponsored GoldPortfolio deposit accounts from MBNA America® Bank, and rest assured with FDIC insurance up to \$100,000 per depositor.

See how we shine. Compare MBNA's interest rates against other banks' rates. MBNA's GoldSavers® money market accounts and GoldCertificate® CDs have consistently been listed as having some of the top yields in the country by nationally recognized financial publications.

Call MBNA today. Discuss current interest rates and secure your financial future with GoldPortfolio. Then rest easy knowing that your nest egg is in the hands of MBNA, one of the nation's highest-rated banks for safety.*

Legion-Sponsored GoldSavers Money Market Account		Legion-Sponsored GoldCertificate CD		
Balance	APY†	Term	Minimum Opening Balance \$2,500	APY†‡ Minimum Opening Balance \$50,000
\$2,500–\$9,999	5.16%	18 Months	6.34%	6.44%
\$10,000–\$49,999	5.43%	30 Months	6.39%	6.44%
\$50,000+	5.69%	60 Months	6.85%	6.85%

Call 1-800-900-6653, Ext. 6324

Monday through Friday, 8 a.m. to 8 p.m., and Saturday, 8 a.m. to 5 p.m., Eastern time.

*Ranked 2nd for safety—Source: U.S. Banker magazine, May 1997 issue

† Annual Percentage Yields (APYs) for the Legion-sponsored GoldSavers money market account are valid for the period from 7/7/97 to 7/13/97. Fees could reduce earnings on the account. Minimum opening deposit is \$2,500. The APY for balances below \$2,500 is currently 4.90%.

‡ The APY may change after the account is opened.

†† Annual Percentage Yields (APYs) for the Legion-sponsored GoldCertificate CD are valid for the period from 7/7/97 to 7/13/97 and assume that interest remains in the account until maturity. Withdrawals and fees may reduce earnings.

A penalty may be imposed for early withdrawal of CD principal.

MBNA America, GoldSavers, GoldCertificate, and GoldPortfolio are federally registered service marks of MBNA America Bank, N.A.



© 1997 MBNA America Bank, N.A.



AD 7-68-97



B. MORSE/CINE STOCK MARKET

In God We

There's a revival of that old-time religion in America today, as we rededicate ourselves to God and others.

THEY say religion is having a revival in the United States. Well, religion never went away, though it seemed in recent times that many people were walking away from God. "If God believes in us, why don't we believe in him?" I posed this question to Mother Teresa. "Distractions—too many distractions," she answered.

Of course. It's not that some people don't believe in God, it's just that they have too many other things on their minds. So we have some people who casually state they don't believe in God. But they are distracted,

By Robert Schuller



STRENGTH
Family unity
forms the core
pillar in most
religious faiths,
but not at the
expense of
individualism.

A. SULLIVAN/STOCK MARKET

Still Trust

have too many errands to run. Too many pressures, and too many questions they're afraid to address.

Then there are the scientific-minded persons who also have trouble trusting and believing in God. In fact, some scientists believe they're on the verge of proving that there is no God. They call it the theory of everything (TOE). Stephen W. Hawking, professor of mathematics at Cambridge University, says "my proposal is the statement that the universe is a closed system. We

The Rev. Dr. Robert Schuller heads Crystal Cathedral Ministry, headquartered in Garden Grove, California. His weekly upbeat sermons and messages are heard every Sunday by more than 20 million people worldwide. He's the author of many books, most recently, If It's Going To Be, It's Up to Me!



CELEBRATION
Tradition is a
sacred institution
in most religions in
America. Orthodox
Jewish men dance
together following
a wedding.

S. WEISS/STOCK MARKET

In God We Still Trust



SALVATION

The Rev. George Lane gives thanks for the restoration of The Holy Family Church. The second-oldest church in Chicago was built in 1857 and was saved from the wrecking ball.

don't need to suppose there's something outside the universe which is not subject to its law. It is the claim that the laws of science are sufficient to explain the universe."

This theory of everything causes people to stop and question: "If laws of science can explain everything, then where does God fit in?"

Hawking's credentials are impeccable. When he speaks, people listen. They believe him. Well, listen to what Dr. Hawking goes on to say:

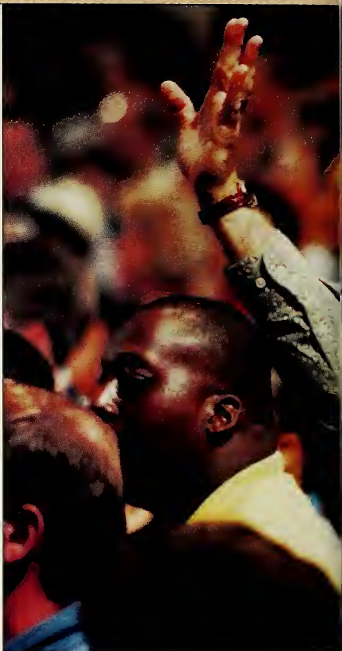
"Even if we had a TOE, we would still be left with one final question. What is it that breathes fire into the equations and makes a universe for them to describe?"

important."

So we're back to the possibility of God—who puts fire not in equations but in human hearts and souls. That's why so many of us across the United States of America boldly and sincerely declare, In God We Trust.

Even in the face of pain, evil, suffering and tragedy, we trust in God. Mother Teresa once said to me, "We humans, not God, create the pain and suffering. There is so much selfishness." So even in the face of pain and suffering, In God We Trust.

UNITY The morning sun shines on the hands of two students at Mitchell Elementary School in Alabama. The students gathered near the school's flagpole in prayer for the nation.



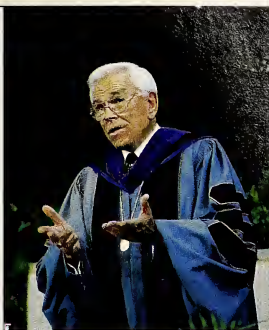
DEVOTION

Worshippers stand in prayer as Cardinal John O'Connor celebrates mass in New York's St. Patrick's Cathedral.



JOY Churchgoers sing during a service at the Phoenix Assembly of God Church. This megachurch seats more than 6,000 and frequently has a fireworks display inside the facility.

K. CHOWHAT/REUTERS



K. JACOBSON/REUTERS

"The only standard that remains true is God. America is turning to God. In God We Trust, both now and in the centuries ahead!"

Robert Schuller

People across America are spiritually hungry. They want to trust in God. They're on a spiritual journey, and they want to know God in a deeper and more meaningful way. Religion is having a revival in America. It probably never went away, but the American people are responding to religion because religion is meeting their needs.

Americans will always be a people who will respond to religion. It is part of the American makeup to be individualists and possibility thinkers. It is difficult

Please turn to page 112



B. MATTHEWS/REUTERS

STILL HIRING

Continued from page 24

appreciates the experience. "The Air Force has given me a lot of discipline," he claims. "I've acquired a lot of supervisory and managerial skills." And the educational opportunities have been excellent—he's been a college student since 1993. He has an associate's degree in applied science—munitions systems technology, from the Community College of the Air Force. He's now attending the University of Alaska at Anchorage, near his duty station at Elmendorf Air Force Base.

The Air Force offers Lachapelle many benefits besides the experience. "The service up here is wonderful," he says enthusiastically, noting the base provides everything he and his wife need in terms of shopping, medical care and other necessities. He enjoys the challenges and the work, but he also gets much in return. "The Air Force does a lot for its people," says Lachapelle, a munitions inspector for the 3rd Equipment Maintenance

Squadron.

The benefits also are a boost for Army Pvt. Morley. He's living in newer, well-maintained and comfortable barracks, and more are being built at Fort Campbell. "The Army's been good to me," he says. "I'd rather be here than any place else."

The military attracts people who want to challenge themselves mentally and physically. Sgt. Tonya Evans was physically fit when she joined the Marine Corps in March 1988, but wanted more. "I was a runner, but I didn't have the upper-body strength," she says. She does now, and she thanks the Corps.

Her experience before coming to Beaufort Marine Corps Air Station, South Carolina, includes serving in the Persian Gulf War and two Okinawa tours.

The Corps has given her direction and focus, too. "I've become more independent, and less dependent on my family and others to provide for me," says the Richmond, Virginia, native, now 28.

She's started college, although that was temporarily on hold after the birth of her twins in November 1996.

Much credit for her positive military experiences should go to her drill instructor, Evans says. "When I came in, if you weren't getting stress, you weren't getting enough attention." She's always felt that the Corps is not an 8-to-4:30 job. If work needed to be done, she stayed to do it. Even in the early days, she says, "I was lucky if I got home by 6 p.m. And if I had to get down and clean with a toothbrush, I did it. I didn't ask why." And she's proud of that.

Her job is to inspect facilities for the proper maintenance of equipment. Even with the cutbacks in funds, the

"You can work yourself to death in the civilian world and not get recognition for what you do."

—Army Pvt. Tom Morley

Corps is buying some new equipment, making maintenance much easier for Marines, she reports.

Evans fully intends to make the Corps her future. She knows that while the Marines are still looking for a few good men and women, there looms the possibility of further downsizing; she plans to be a survivor.

"The next three or four years may be iffy," she says, as her occupational specialty is being redesigned. "I'm trying to do what I can to be part of that transition. I'm pushing forward and letting them know I want to help train people and be part of that. I don't want to be on the back burner."

"Right now, the future looks good. But the Marine Corps does not let you sit back and wait for things to come to you. That's another thing the Marine Corps has done. It makes me want to go for things instead of sitting back and being lazy."

The military seems to be inspiring that sort of attitude. "I'm going to do my best to make the Army a better place," says Pvt. Morley. "I'm going to give the Army 100 percent to make it the best Army possible. It's what you make of it."

"If you come in with good intentions, the Army will do good things for you."

Revolutionary "2-in-1" TRIMMER/MOWER™!

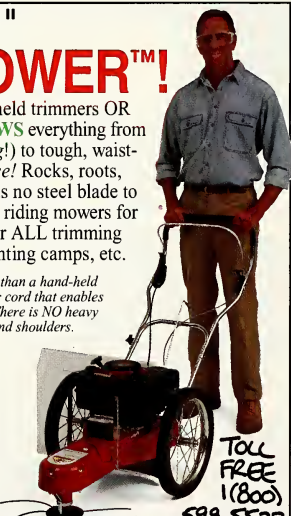
SO MUCH EASIER to use than hand-held trimmers OR small-wheels mowers! **TRIMS plus MOWS** everything from whole lawns (even wet, *without clogging!*) to tough, waist-high grass and weeds *with incredible ease!* Rocks, roots, stumps, etc., do it no harm because it has no steel blade to bend, break, or dull. Perfect for use with riding mowers for finish-up trimming and mowing...and for ALL trimming and mowing around vacation homes, hunting camps, etc.

"Your machine is all you say it is. 75% quicker than a hand-held trimmer because of the extra power and heavier cord that enables me to wade right thru heavy grass and weeds. There is NO heavy load to swing back and forth tiring your arms and shoulders. It makes weed wacking 'duck soup'!"

—Tom Lawrence, Somerville, NJ



So, **WHY HASSLE** with hand-held trimmers or small-wheels mowers? Please mail coupon below **TODAY for FREE DETAILS** about the Revolutionary **DR® TRIMMER/MOWER™!**



TOLL FREE 1(800) 598-5577

U.S. Govt. Purchasers GSA Contract # GS07F-5372A

YES! Please rush complete **FREE**

DETAILS of the Revolutionary **DR®**

TRIMMER/MOWER™ including prices

and specifications of Manual and Electric-

Starting Models and "Off-Season"

Savings now in effect.

Name AML

Address

City State Zip

To: **COUNTRY HOME PRODUCTS®**, Dept. 2918
Meigs Road, P.O. Box 25, Vergennes, VT 05491

The Amazing Duster That Eliminates Dust Using Static Electricity!

**AS SEEN ON
TV**

**Static
DUSTER**

**Only
\$5!**

For 27" Super Duster

Deluxe 3 Duster Set!

(See side panel for details.)

Includes:

- 27" Super Duster (as shown)
- 43" Telescopic Duster
- 9" Tiny Duster



Telescopic Duster



Tiny Duster

**27" Super
Duster!**

Shop our web site at
<http://www.telebrands.com>

Don't spend one more minute dusting with old rags and outdated dusters! Now there's the amazing StaticDuster™, the revolutionary designed duster that makes dusting easier than ever before! And now you don't have to pay more for similar items that you've seen on TV. The 27" Super Duster is only \$5 through this very special promotional offer. Plus, if you respond by October 20, 1997, you can get the Deluxe 3 Duster Set for just an additional \$4.99!

Works Like Lightning!

What's the secret behind the StaticDuster™? Powerful static electricity! That's right! By simply spinning the StaticDuster™ between your two hands, the fibers are charged and a static electricity force is created. The result? Dust seems to "leap" off of your furniture, blinds, computer keyboard, television, collectibles, plants and more as it's pulled into the StaticDuster™ thousands of electrical-ly charged fibers! There's more! Virtually all dust clings to the StaticDuster™ instead of being pushed from one spot to another or scattered into the air like other dusters do! Order Now!

©Telebrands 1997 (3098)

DELUXE 3 DUSTER SET!

If you place your order early enough (before Oct. 15th) you can get the complete 3 piece duster set for just \$9.99! This set includes:

- 1- 27" Super Duster
- 1- 43" Telescopic Duster
- 1- 9" Tiny Duster

**All 3 For
Just \$9.99!**

Offer Expires October 20th For This Amazing Offer!

Please send me the following:

- ☐ One 27" Super Duster just \$5 plus \$1.99 Shipping & Handling
- ☐ **SAVE!** Two 27" Super Dusters just \$9 plus \$2.99 S&H.
- ☐ **SAVE MORE!** Three 27" Super Dusters just \$13 plus \$3.99 S&H.

Deluxe Three Duster Sets!

- ☐ One Deluxe Three Duster Set just \$9.99 plus \$2.99 S&H.
- ☐ **SAVE!** Two sets just \$18.99 plus \$3.99 S&H.
- ☐ **BEST DEAL!** Three sets just \$27.99 **FREE SHIPPING!**

Virginia residents add 4.5% sales tax. Total enclosed _____

Payment Method: (Check one) ☐ Check ☐ Money Order

☐ Visa ☐ M/C ☐ Amex ☐ Discover ☐ Diners ☐ Carte Blanc

Card # _____ Exp. _____ / _____

Name _____

Address _____

City _____ State _____ Zip _____

Mail **Telebrands, Dept. SD6266**

To: **One American Way, Roanoke, VA 24016**

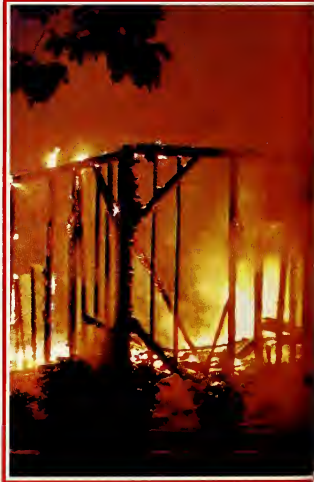
STOPPING THE HATE

We have a long way to travel to end hate crimes and racism in America. But we're on the path to harmony.

By Armstrong Williams

DOOMSDAY critics have become darlings of the press recently by claiming that America is headed for a racial apocalypse. Syndicated columnist Carl Rowan has augured a race war, and writer Andrew Hacker has insisted that we are “two nations” made separate and unequal by racial differences. But are these dire predictions really a reflection of everyday reality, and do they present an accurate picture?

Some evidence tends to reinforce this position. During the 1996 presidential election, the so-called “race card” was played heavily by both parties. Church burnings in the south were exploited by the Democratic Party and President Clinton as an opportunity to stump for African-American voters. On the other side of the aisle, Republican minor contender Pat Buchanan made no effort to veil his xenophobic agenda,





REACHING OUT
Residents of Enid, Oklahoma, join hands in prayer and vow to put their differences aside to rebuild a destroyed church.

FLAMES OF HATE
Firefighters spray water on the remains of Pleasant Ridge United Church. Arsonists were responsible for this 1996 fire.



and he even went as far as to say that the Holocaust never occurred and that Jews were engaged in "group fantasies of martyrdom." Nonetheless, he was given a platform at the Republican National Convention.

But political games aside, many would venture to say that race relations have come a long way in this country. For the most part, the lessons of the past have served us well. Yet, at the age of 38, I can vividly remember a time when people lived in fear of vicious racist aggression in the South.

Life in every era and for every person or group has always been a mix-

ture of good and evil, joy and sorrow, cause for hope and despair. Undeniably, slavery was inhumane and unjust, but we can look back and see how our ancestors, both slave and master, were able to triumph over it.

The essence of America's success is found in a staunch belief in earning one's keep, being an asset rather than a

Armstrong Williams is a syndicated broadcast commentator and a columnist for The Los Angeles Times Syndicate. He can be seen weekly on the nationally syndicated America's Black Forum.

burden to others and in observing the balance between rights and responsibilities. I learned this in my life at a young age. My beloved parents—father, James S. Williams, who departed this life in 1985, and mother, Thelma Williams—taught my sisters, brothers and me these valuable lessons. They taught us by word and example not to see life as a bitter struggle. They taught us that there is good and bad in people of all races, and that we should keep our hearts open to the goodness of others until they give us reason to believe otherwise.

There was too much love of life in our home and in our surrounding community for us to be consumed by hatred or fear. I remember once when, in the middle of the night, our barns and stables were burned to the ground. We emerged from the house just in time to see three white men running away. One of my brothers was extremely bitter about the incident, and exclaimed that he thought that the images of racist whites on television were true of the race as a whole. My father, though obviously pained at having his property destroyed, nonetheless took a very levelheaded stance. He sat us down and told us that the men who burned down our farm were not three white men. They were individuals with hatred and jealousy in their hearts. He implored us not to label or stereotype anyone based on the color of their skin. My father further warned us not to become embittered by other people's hatred because it would poison our lives as it had the lives of those three men.

I have carried this message with me throughout my life and have thus been very conscious of the way in which I interact with people. Many people in our society, however, have not had the benefit of such wise instruction while they were young. Moreover, our country still tends to be segregated by race and class, which prevents people from getting out and knowing each other. Thus, my efforts in this regard have been focused on bringing people together so they can get to know and understand each other.

For example, for several years I have engaged in the practice of hiring interns for my office from inner-city Washington as well as some from among the sons and daughters of the wealthiest families in America. My first requirement is that they all be qualified, and that they demonstrate the

IRONIC SHIELD
A young woman protects a KKK supporter from anti-klan protesters in a violent clash at Ann Arbor, Michigan.



STOPPING THE H A T E

**"An injustice
anywhere is a threat to
justice everywhere."**

Mildred E. Love

ability to handle the demanding work schedule at my company. It amazes me to watch them work together, observe them begin to respect each others' minds and talents and see them come to trust each other. This has worked so well, in fact, that we have encouraged other businesses to do the same. This is certainly one way in which corporate America can promote racial harmony.

Recently, Louis Farrakhan, who has long been controversial for his racially inflammatory remarks, spoke to a group of conservative Republican business leaders at the polyconomics seminar sponsored by Jude Waninski in Florida. While this was undoubtedly a daring move on the part of both, it follows logically from Farrakhan's pledge, made during his speech at the Million Man March in 1995, to end racial hostility and promote atonement.

There is good and bad in people of all races, and we should keep our hearts open to the goodness of others until they give us reason to believe otherwise.



This is certainly a good sign on the part of the leadership in both the white and the black communities. If dialogue of this sort continues, perhaps some of the wounds can be mended. In any case, it is worth the risk to see if Farrakhan is really sincere this time.

As many people are well aware, some of the most-repugnant racial hostilities have surrounded sexual relationships between black men and white women. All throughout the South during the early part of this century, there were stories of black men being killed for allegedly raping white women. One of the most famous cases in the mid-1930s involved Emmet Till, a 14-year-old Chicagoan who had traveled to Mississippi to visit his grandparents. While there, he allegedly whistled at a white woman and was subsequently abducted from his home and lynched.

More recently, the O.J. Simpson trial for the murder of his white wife sparked the same sort of racial fires.

But the positive news is that people are starting to deal with these dangerous stereotypes. Recently, with the support of NAACP president Kweisi Mfume, female soldiers in Aberdeen, Maryland, admitted that they were not subject to rape by their male superiors. Although improprieties apparently occurred, they were not, as some were quick to conclude, made under harassment or duress. Many people had begun to assume, depending on where they stood on racial issues, that this was a typical case of black male sexual violence, or that the white female soldiers had enticed the males and then "cried rape." However, these women had the courage and strength of conscience to admit the truth. When blacks

and whites are likewise open and honest about the relationships they have always had, then we will go a long way toward ending unfair stereotypes and suspicion.

On the national scene, ethnic and religious organizations have been instrumental in attempting to combat the ravaging effects of past and present racial hostilities. One of the most notable efforts is the "Rebuild Our Churches Fund" sponsored jointly by the Anti-Defamation League (ADL) and the National Urban League. In July 1996, these two organizations, both of which have rich histories of battling for civil and human rights, were able to come together to combat the latest rash of church burnings in the South. This response, because of its strong message of solidarity, sent the message that

Please turn to page 90



ZAGREB THE STOCK MARKET

Show a youngster how to tie a shoe, choose clothes that match and respect others, and you'll teach the child the most valuable lessons of all: self-esteem and values.

By Bob Keeshan

Teach Your

AS Archie Bunker would say, I am one of those “Doubleya’-Doubleya’ Two” vets, part of the really big one. There were many of America’s youth in uniform in that period in the early- and mid-1940s, but I was a late-comer to the party, taking a train to South Carolina in the spring of 1945 to begin my indoctrination into the Marine Corps. Those were hot months on lovely Parris Island, and my “genial” drill instructors taught me lessons I never imagined I could learn as a raw recruit serving America.

All of us in Platoon 345, and those in front and behind on that assembly line of recruits, were being prepared on sandy Carolina



BEING THERE
Parents help instill confidence in their young children by taking the time to share special moments with them.



GOOD MORNING Using comedy and common-sense values, Captain Kangaroo (Keeshan) and Mister Green Jeans (Hugh Brannum) inspired two generations of American youngsters.



COURTESY OF CAPTAIN KANGAROO

Children Well

beaches for other not-so-friendly beaches, the home islands of Japan. Of course, a peek at history will tell you all that changed a few months later in Hiroshima and Nagasaki with the advent of the atomic age. When my No. 1 drill instructor gathered us up and told us to sit in the shade of a large Carolina tree, we knew that something of huge import had taken place. On the instructions of the lieutenant, Sgt. Hargrove described to us pitiful and confused recruits that, "the U.S. of A. has dropped an atomic bomb on the enemy, a bomb as big as hundreds of tons of dynamite!" Thus went my introduction as an 18-year-old to nuclear science and a new world.

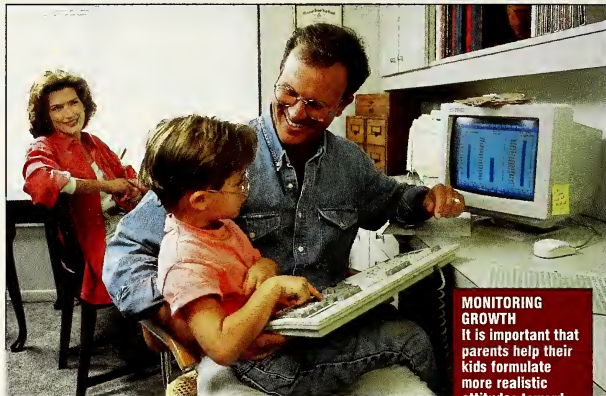
This elementary explanation of a world turned around and upside down was followed immediately by the harsh command, "but if you ladies think this

is going to make a difference in your life and training, forget it! Go, go, go!" Every day thereafter was at least as difficult as those days before the dawn of the atomic age. Thus it will always be in the Marine Corps.

While I was on Parris Island, a jazz musician, Hugh "Lumpy" Brannum, who would in a decade work alongside me as the farmer, Mister Green Jeans, to my Captain Kangaroo, was watching the baton of Marine Corps bandleader Bob Crosby, brother of Bing Crosby. Lumpy and a cool collection of other cats had come together to play for ceremonies and cotillions at the Officer's Club. The route to that musical assignment was the same road traveled by any other Marine from boot camp on. Lumpy might have been a great bass player but he was first, and always, a Marine.

Not a few journalists over the years have smilingly questioned the implausible fact that two of the gentlest characters on television's *Captain Kangaroo* came from the tough, macho environment of the Marine Corps. It is a matter I have never been able to address in conventional terms, but one I believe I can explain, nonetheless. Lumpy Brannum and I were both gentle souls by nature, and though the Marines could alter our behavior in important ways, as on hostile beachheads, they could not change us in fundamen-

Most know Bob Keeshan by his moniker for more than 30 years on early morning CBS television—Captain Kangaroo. Keeshan is the recipient of many awards for his work on behalf of children and for programming geared to their wholesome development.



MONITORING GROWTH
It is important that parents help their kids formulate more realistic attitudes toward careers and their responsibilities as adults.

Teach Your Children Well

tal ways. What the Marines did for both of us was furnish a discipline that made us better human beings and certainly better at our craft of performing on television in its early days, often in trying conditions.

The Marine Corps taught me about the importance of attention to detail. No job is too small for a private or for a Marine bird colonel; what needs to be done is the job of everybody in the outfit. In *Good Morning, Captain*, a photographic perspective of 50 years of my life, I can be seen holding cue cards for other performers. Holding cue cards is

almost the lowest rung on the production company ladder, but it is a job that needs doing well. I have never been too proud to do it, or for that matter, to pour coffee for a guest performer.

Over the years, many kids right out of college who majored in television production have presented themselves to me and made it clear that they were prepared to take over as producer of the program. When gently told they needed to start in a more appropriate position like cue cards or production assistant, they sometimes would assert that they had spent four years majoring in television and they were not about to spend another few years working their way up. The need for work experience seemed not to be a part of their plans.

It is important that we wise and sage adults help our kids formulate more realistic attitudes toward careers and the workplace. I have been told by many that I was "lucky" to have made my way in television. I think it is important for young people to know what luck is; a better word would be "opportunity." We all are presented with opportunity many times, but it is critical that we be able to recognize opportunity, and even more important, that we be prepared, academically and otherwise, to seize that opportunity. Michael Jordan might have been presented with opportunity, but he recognized it and had the talent to take advantage of the opportunity. He worked hard for his "luck."

If you think Jay Leno was "lucky" to take over the *Tonight Show*, read his biography to find out about years of hard work and preparation for that "op-

portunity." A great surgeon, an outstanding academic, a skilled lawyer, each took advantage of opportunity and were prepared to do so. It's a difficult lesson to get across to a young person; patience is not usually a trait associated with youth.

I believe that self-esteem, confidence, if you will, is the basic building block in a human being. It is not something instilled in adolescence; the building of self-esteem is incremental and it begins in infancy. Right out of the hospital, a day or two old, is the right time for a child to begin building self-esteem. Parents often believe that an infant is incomplete, unable to communicate, unable to learn. Nothing could be further from the truth.

We know that children supplement the building of sensory perceptions from birth and that the stimulation offered to them can have a great effect on how they develop. The most important person in the life of any child is the parent; a child has a natural love for the parent, an eagerness to please and to be loved in return. This natural love is the greatest asset a parent has in nurturing a child. It remains in place until the parent acts, usually unknowingly, to destroy it. It is a great asset I call "parent power."

If the parent engages in a style of parenting in which a child is constantly denigrated, that love will be destroyed. It is often practiced by parents because that is how their parents treated them. "You dumb kid. Hey stupid, you call that a report card? I never got a C in my life. You're more trouble to us than you're worth. Get out of my sight!"

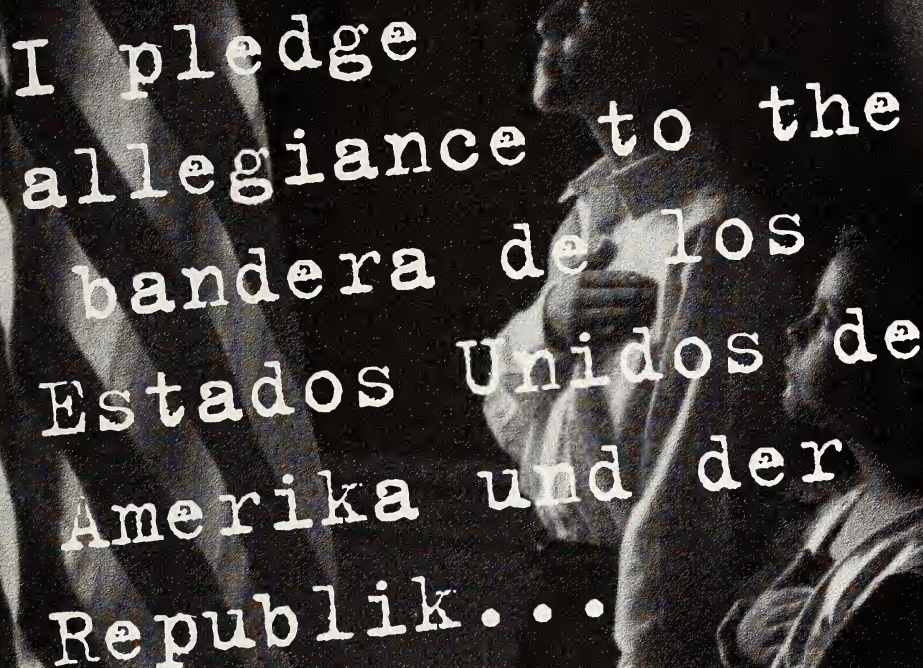
Day after day, the child is put down, and it becomes self-fulfilling. The child feels useless. After all, the most important person in his life keeps telling him he is no good. Professionals call it emotional abuse, and most parents are completely unaware of the serious damage they are inflicting.

Now, you could point out that my Marine Corps drill instructors were hardly given to positive reinforcement, but they were working with a kid who already had confidence. Their pushing me to do things I often thought I could not do reinforced that confidence. I came out of the Corps filled with confidence as the twin to discipline.

Teach young children that they can do anything, even those seemingly impossible tasks like tying shoelaces, choosing clothes that match or building a tower of blocks that will stand on its own, and you will be incrementally

Please turn to page 111

**"No job is too small
for a private or
for a Marine bird
colonel; what needs
to be done is the
job of everybody
in the outfit."**



I pledge
allegiance to the
bandera de los
Estados Unidos de
Amerika und der
Republik...

It's coming to this.

We hope not. But it doesn't look good. Because the common language of our country – English – is under attack in our schools, in our courts, and by bureaucrats and self-appointed leaders for immigrant groups.

The whole notion of a melting pot society is threatened if new immigrants aren't encouraged to learn English.

With over one million members, we believe in one country, one flag, and one common language.

We're not suggesting that people shouldn't hold onto their native languages. We just don't believe that the government should spend money providing services in multiple languages, when money could be better used teaching new immigrants English.

Join us in this important battle to make English the common language of government at all levels. We need your valuable support. Because, if we don't join forces it could come to this.

To Join Call 1-800-U.S.ENGLISH.



1747 Pennsylvania Avenue, NW, Suite 1100
Washington, DC 20006
<http://www.us-english.org>

More Than A Game

In an age when "show me the money" beckons athletes, organized sports remain the best playing field for learning life's best lessons.

By George "Sparky" Anderson

SOMETIMES I get the feeling that I'm trapped in some kind of bad dream. Where did all the sports go? Whatever happened to all the fun that's supposed to go along with baseball, football, basketball, hockey and all the rest of our games?

Whenever I glance through the sports section of any newspaper today, all the stories seem to be the same. There are articles on players crying about having to play for \$6 million instead of \$7 million this year. There are stories about owners belly-aching



over how much money it costs to run a sports franchise today. While they're crying, they're tripping over their own feet trying to make a multi-millionaire out of a second-string infielder who couldn't hit .230 if he was spotted 20 points.

And then I just get sick when I read about some player who's been arrested for drug use or a serious sex offense. Or maybe he got upset and slugged a fan.

I don't worry about the player who did such a stupid thing. Whatever the penalty is, it should be doubled. That's the price he should pay for totally ignoring the gift he was given.

I get worried about what's happening to our sports. I'm really concerned that the true meaning of sportsmanship is being drilled right out of our games.

Our sports pages have turned into a financial ledger and police blotter. That's not all the media's fault. A lot of the blame must be shared by everyone who has allowed one of our nation's greatest treasures to be turned into a three-ring circus.

I'm tired of it and so are most of the other true lovers of sports.

I was so lucky way back when I was a kid. I played ball every day from when the rooster crowed until the sun went down. I even had the privilege of playing on the 1951 national American Legion championship team.

But it never mattered how far we ever went. I just wanted to play ball. I got into baseball because I loved the game so much. Yes,

I was fortunate. I wound up making more money than I thought they had gold in Fort Knox. Even if I hadn't, though, I would have been just as happy from all the experiences the game provided me.

A lot of the problems now begin right at home even before Johnny or Jimmy or Susie or Mary are old enough to understand what sports are supposed to be about.

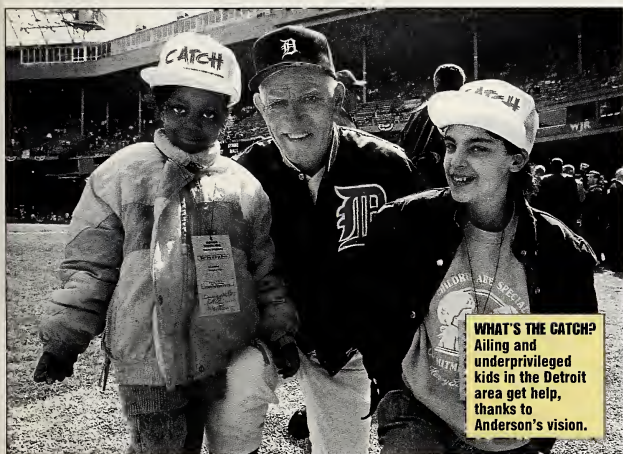
It starts way down in the Little League when little Johnny is driven to the game by mom or pop. Not only do the kids have the full uniform and



PHOTOGRAPH BY ROBERT H. HARRIS



PLAY BALL!
Big-league attitudes of respect, fair play and sportsmanship forged in youth carry over to adult years, Anderson says.



WHAT'S THE CATCH?
Ailing and underprivileged kids in the Detroit area get help, thanks to Anderson's vision.

scoreboard and umpires and concession stands and who knows what else... They've also got something that a lot of us old-timers never had to contend with.

They've got mom and pop sitting up there in the stands actually screaming at them or their teammates whenever they make a mistake.

I've actually witnessed this. I had to pinch myself to make sure I wasn't dreaming. What kind of nonsense is this? We've taken sports to a level that

George "Sparky" Anderson is a former Major League player for the Philadelphia Phillies. As a manager, he led the National League Cincinnati Reds to two World Series titles in the 1970s, and repeated the feat in 1984 with the American League Detroit Tigers. He also was honored as Manager of the Year in both leagues.

If you can walk away from the ball diamond or football field or whatever sport you play and tell yourself **the coach got your best that day**, then there's nothing for you to worry about.

I never would have believed possible. By trying to make everything so perfect, we've actually sucked the fun right out of the games.

I'm not talking just about baseball. The same thing is going on in all the other sports.

Mom and Pop want little Johnny to do well in Little League because then he'll be able to go on to the best high school teams. Then they push him at all costs to step over everyone in high school so that he can get a scholarship to just the right college. And it doesn't stop there because then they have their eyes set on the pros, where the logos on the caps and helmets and shirts might just as well be dollar signs.

The reason for all this nonsense is simple. It all gets down to money. And isn't that a crying shame?

Somewhere along the line we've come to believe that money will fix all our problems.

Well, let me tell you something: Money can't fix a thing.

Believe me, I never did any of it simply for the money. The money just happened. The money didn't make me better than anyone else. All the money meant was that I happened to be more fortunate.

If we measure people by the amount of money they earn, then we better throw all the yardsticks out the window because they don't mean a thing. Money doesn't measure success. All it measures is how fortunate you are.

Just because a ballplayer makes a whole lot more money than the guy delivering the mail or somebody driving a truck, that doesn't make him any better of a person. In my life, in fact, I've found a lot of people who are painters or bellmen or waitresses who are a

whole lot nicer people than certain ballplayers or doctors or lawyers who make a lot more money.

People become good people when they take the time to look out a little for those who are having a tough time helping themselves.

When I managed the Detroit Tigers, I was fortunate enough to create a charity called CATCH (Caring Athletes Team for Children's and Henry Ford Hospitals). More than any of the awards I ever won in baseball, the creation of this charity is my greatest accomplishment.

CATCH helps underprivileged families and kids who are in hospitals. Some of my fondest memories from when I managed are when I used to take some of my players to visit those sick kids.

That's when the guys saw the real world. That's when you see how truly blessed you and your family really are. Those kids in the hospital didn't do anything bad in life to deserve what happened to them. They could have been my children. I just happened to be more fortunate.

Never once did I walk out of those hospitals without feeling that those kids actually gave more to me than I had given them.

Certainly, I respect the ability of a ballplayer who can hit 40 home runs or run for 100 yards each game or score 30 points every time he sets foot on a basketball court. But I don't respect the player himself if he is only in the game to make as much money as he can stuff into his pockets without caring about those less fortunate who cannot help themselves.

I want to make it clear that I think it's great for any young man or woman who gets into sports to work as hard as they can to achieve certain goals.

There's nothing wrong with that.

But let's make sure that those goals are pointed in the right direction.

Never let money be your driving force. You might wind up with a bag full of money. But you'll also wind up with a truckload of heartache. All the money in the world will never make you better than the next guy. It only means that you were more fortunate.

I hope that any young parent who reads this article will allow his or her children simply to be kids. What's the good in driving Johnny or Joey or Patty or Susie so hard just to make money?

That's why we see so many young adults with drug and alcohol problems. That's why they have breakdowns and then pass those problems down to all of their kids. They're trying to go back and recapture the youth that they never had.

Let the kids be kids when they're supposed to be. Don't let the misguided goal of money get in the way of their growing up—when they can discover the real beauties of life.

Just go out and do your best. And then let it alone. If you can walk away from the ball diamond or football field or whatever sport you play and tell yourself that the coach got your best that day, then there's nothing for you to worry about.

Every person needs direction in life to live it to its fullest. If you set a goal and are unafraid to follow it no matter what the other kids say, then you'll wind up a much more fortunate person.

Sports can help provide that direction. But not if you make attaining wealth your only goal. Learn to love the game. Learn to live by the rules. Learn how to set a goal and work as hard as you must to reach it. Then walk away knowing you gave your very best.

My father was not a highly educated person. But he taught me the most valuable lesson I've ever learned in life. He said the only thing in life that doesn't cost a dime is being nice to people. If you're nice, every person you meet will feel good. And you'll feel even better for treating them the right way.

Sports can be the finest field for learning. Just make sure to learn things the right way.

You don't need a lot of money to be nice. But the discipline you learn from sports can make you a very wealthy person. □

More Than A Game

Sleep Like A Baby



Compare it to the competition.

- What are their ingredients?
- What is the dosage of each ingredient?
- How much is their three month supply?
- Can they answer all your questions when you call?

Each daily dosage of three tablets contains

PYGEUM AFRICANUM	300 mg
SAW PALMETTO (SERENOA REPENS)	320 mg
URTICA DIOICA (STINGING NETTLE)	100 mg
PUMPKIN SEED POWDER (OIL)	100 mg
ZINC (PICOLINATE)	15 mg
L-LYSINE HCL	250 mg
L-GLUTAMIC ACID	250 mg
GLYCINE	250 mg
VITAMIN B-6 (PYRIDOXINE HCL)	50 mg
VITAMIN D (CHOLECALCIFEROL)	200 IU
VITAMIN E	100 IU

Our Guarantee

If you are not completely satisfied after taking a 90-day supply, send us the empty bottle and we will refund your money (less shipping).

Product	Pricing	Total
90 day supply	\$ 34.95	
180 day supply	\$ 59.95	
360 day supply	\$109.95	
shipping (US only)	\$ 3.95	3.95
CA res. add 7.75% sales tax		
TOTAL		

When was the last time you slept through the night without trudging to the bathroom? Sometimes three or four times a night?

Don't let prostate problems keep you from a good night's sleep. Our customers don't. They're using The Prostate Supplement. You should too.

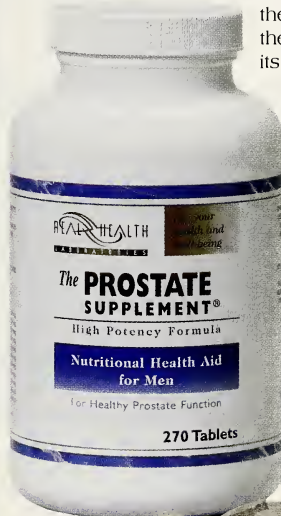
Studies have shown The Prostate Supplement's ingredients can relieve or prevent the uncomfortable symptoms of prostate dysfunction. Since 1992, it has become a daily part of life for thousands of men. In fact, hundreds of physicians take The

Prostate Supplement regularly themselves and recommend it to their patients. Produced in America, its ingredients are based solely on years of clinical research. And at less than half the cost of its competitors, it's a tremendous value.

Will The Prostate Supplement work for you? Honestly, it depends on your body chemistry. We can tell you it works for over 70% of the men who try it. And, since it's guaranteed, you'll have nothing to lose sleep over.

Sleep well.

Order today.



Code: 9000-00-99



call: 1-800-565-6656

Hours 6am-6pm PST, 9am-9pm EST, Mon-Fri.
Have your VISA, M/C, AMEX or Discover ready.

To order by mail, send your address, phone number and a check in an envelope to:
Real Health Laboratories, 2121 El Cajon Blvd., San Diego, CA 92104

REAL HEALTH
LABORATORIES

A GIANT LEAP

Continued from page 30

gamut of heads from ramp-jumping teenagers to peloton-proven professionals like Greg LeMond, a three-time winner of the Tour de France.

Sun-Powered

How disappointed would utility companies be if anyone could tap into his or her own efficient, pollution-free energy source? Photovoltaic conversion, better known as solar energy, could allow that, but as yet it is still too expensive for widespread use. In space, solar power has been the prime power source for nearly all manmade satellites. Terrestrial use still remains somewhat of a novelty, but has provided electricity for isolated villages, remote automated weather stations and sea-based navigational buoys.

Hurricane-Proof Rafts

Some of the Apollo astronauts wished the Givens Buoy Life Raft, invented by Jim Givens, was around when their command modules splashed down. It seems a few of the

flat-bottomed rafts which they waited in after their missions tended to flip over from the force of the rescue helicopter's downwash. The Givens model, complete with water intake for ballast, can protect its occupants from hurricanes and right itself when upended by large waves, yet can be stored in a small canister.

Shady Business

In the early 1980s, two employees from the Jet Propulsion Laboratory began researching a curtain that would protect welders from blue and ultraviolet radiation. Not only were they able to create the curtain, but they were able to spin off a line of protective sunglasses. The popularity of their shades can be seen in the droves of volunteer spokespeople who view the world through their amber-colored lenses.

In the Driver's Seat

Seeing Apollo astronauts driving the Lunar Rover with just one hand on the T-bar control, paraplegic Tom Wertz had an epiphany: This technology could be used to allow severely-handicapped people to operate a motor vehicle. His invention, the Unistik, controls steering, braking and accelera-

tion. Even someone with very limited upper body mobility can use the joystick technology to experience the freedom of the open road.

Don't Sweat It

Imagine running and playing on a stifling summer afternoon, but unable to break a sweat to cool off. Albeit a rare disease, hypohydrotic ectodermal dysplasia, not having sweat glands, can wreak havoc on its victims. Life Support Systems Inc. created cooling suits that circulate antifreeze through portable vests and headpieces which allow wearers to enjoy outdoor activities while reducing the risk of heat stroke.

Finger on the Pulse

How many fitness enthusiasts would be willing to glue an electrode to their body to track their heart rate during exercise? Not many. It was this line of thinking, though, that led NASA scientists to commission Texas Tech University to design a new electrocardiographic electrode. The improved, paste-free model was reusable and was not affected by changes in temperature nor perspiration. So thank an astronaut for introducing new terms like "target heart rate" and "anaerobic threshold" to fitness jargon.

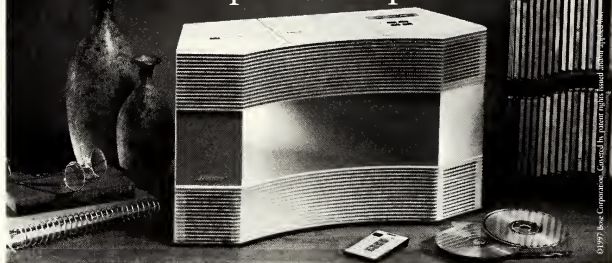
Is It Hot in Here?

"You want to take my temperature where?" If babies could speak, they might register a formal complaint against the use of rectal thermometers. But thanks to Diatek Corporation's borrowing of NASA's infrared sensors that measure temperatures of planets and stars, the problem has been remedied. In less than two seconds, their aural thermometer uses an infrared sensor to assess body temperature before babies can say 98.6 F.

Fore!

Robert Thurman, ex-aerospace engineer, explains his current job at Wilson Sporting Goods: "Instead of analyzing the slosh-damping capability of the shuttle's liquid oxygen tank, I analyze the effects of varying moments of inertia on the spin decay of a golf ball due to its liquid center." Translation: He designs top-of-the-line golf balls. By applying aero technology, Thurman reduced air drag and enhanced lift and spin. A recent ad campaign touted his creation as, "The most symmetrical ball available." □

The first high-fidelity system with a Napoleon complex.



It may be small. But the Bose® Acoustic Wave® music system is definitely an overachiever. The unit features a compact disc player, an AM/FM radio, a handy remote control, and our patented acoustic waveguide speaker technology. And it produces a rich, natural sound quality comparable to audio systems costing thousands of dollars. We know that's hard to believe. So we're ready to prove it. Call or write now for our complimentary guide to this award-winning system. Because, like the system itself, it's available directly from Bose.

Call today. 1-800-898-BOSE, ext. A939.

Mr./Mrs./Ms. _____ () _____
 Name (Please Print) _____ Daytime Telephone _____ Evening Telephone _____
 Address _____
 City _____ State _____ Zip _____
 Or mail to: Bose Corporation, Dept. CDD-A939, The Mountain, Framingham, MA 01701-9168.

BOSE®
 Better sound through research®

THE AMOS 'N ANDY SHOW

As Seen On
TV

12 FULL
LENGTH
VIDEOS ON
1—6 HOUR TAPE



ONLY
\$9⁹⁵
FOR 6
HOURS

Why Pay
\$49⁹⁶?

82¢ Per Episode

Collector's Edition Includes:

- Hospitalization • The Boarder • Viva La France • Relatives • The Happy Stevensons • The Dinner • Kingfish Gets Drafted • Andy Gets a Telegram • Father By Proxy • Society Party • Kingfish at The Ballgame • Cousin's Effie's Will

Imagine! You get 12 hilarious episodes from one of the funniest comedy series ever created for TV. But before TV, *Amos 'N' Andy* was one of the most popular and long running radio programs of all time. It was brought to television in the summer of 1953. The series was produced by Freeman Goaden and Charles Correll, the two actors who created and starred in the radio version.

Set in Harlem, *Amos 'N' Andy* centered around the activities of George Stevens, a conniving character who was always looking for a way to make a fast buck. As head of the Mystic Knights of the Sea Lodge, where he held the position of "Kingfish," he got most of the lodge brothers involved in his schemes. That put him at odds not only with them, but with his wife, Sapphire, and her mother. Mama, who in particular, didn't trust him at all. Andy Brown was the most glib of the lodge members, a husky, well-meaning, but rather simple soul. The Kingfish was constantly trying to swindle him in one way or another, but the "big dummy" (as Kingfish called him) kept coming back for more. More often than not, Kingfish would get them both into trouble. Also appearing in this magnificent selection is Lightnin'; the slow moving janitor at the lodge, & Algonquin J. Calhoun as the resourceful & chatty lawyer. *The Amos 'N' Andy* show will never again be seen on television, so if you want to enjoy this important part of American comedic history at a tremendous savings, you must order now! Comes in one—six hour (approx.) VHS tape that the whole family can truly enjoy.

DEER CREEK PRODUCTS, INC., Dept. M843
3038 N. W. 25 Avenue, Pompano Beach, FL 33069

30 Day Money Back Guarantee

12 Full Length Amos 'N' Andy TV Episodes
Only \$9.95 plus \$3.00 shipping and handling

Name
Address
City
State Zip

Kings of The Road AGAIN

By Brock Yates

After taking a beating from foreign competitors for 20 years, U.S. car manufacturers gird for battle and aim to reclaim high ground.

IT HAS been a savage war, fought not in blood-stained venues like Pearl Harbor and Hiroshima, but rather in the boardrooms and factories of obscure cities like Dearborn and Hammamatsu. There, the great battles have been engaged, not with dive bombers and A-bombs, but with hunks of steel, plastic, rubber and glass molded into more congenial shapes. The struggle lasted nearly 20 years, and while a fragile truce now holds, fighting could break out again at any moment, should either side flinch.



© 1997 THE STOCK MARKET





◉ Buick Century Ford Taurus ◉

STREET SMART
Sleeker styling, economy gas mileage and functionality are among the features manufacturers have incorporated into the design of vehicles.

Chrysler
Town &
Country
Minivan ◉



◉ Saturn SC2 Geo Tracker ◉



At stake is the richest single prize in the world of retail—America's multi-billion-dollar automotive market, and in a broader sense, global domination of this pivotal business.

It began quietly enough in the late 1950s when America was at the top of its game. We had won the Big One. Our monster, be-finned, rolling jukeboxes ruled the road. Detroit, the Motor City and the former "Arsenal of Democracy," produced more than 80 percent of the world's automobiles. The war-ravaged German and Japanese industries were only beginning to recover. Volkswagen, which had sold but two cars in the U.S. in 1949, had—in a decade—become the darling of college students and a tiny clique of motorists who eschewed the sheer bulk of the Detroit leviathans. But the VW remained a non-factor in the larger scheme of things, being but part of 600,000 imports reaching the market in 1959, less than 8 percent of total sales.

Two years earlier, in 1957, Toyota tried to enter the game and was rewarded with a paltry 288 buyers, most of them in trendy Southern California. In 1953 Nissan brought in its first Datsun sedans and sold a laughable total of 52. Honda, already a major player in the motorcycle business, was to wait two more years before even attempting

to manufacture its first car—the miniature N600 for the Japanese home market.

Is there little wonder that the powerful men who controlled General Motors, Ford and Chrysler were oblivious to any so-called "foreign car" threat? After all, had they not recently crushed such local rivals as Packard, Hudson, Willys, Kaiser-Fraser and Nash, while driving Studebaker to the brink? How could a collection of silly, under-powered sedans with strange Japanese names be considered a serious rival?

In several ways, as it turned out.

One. Detroit's success had bred smugness and isolation, which in turn generated shoddy, oversized products for a post-war generation increasingly exposed to high-quality imported products of all kinds.

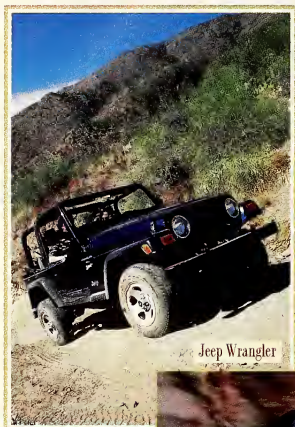
Two. Japan's newly rebuilt infrastructure of factories—housing well-managed, highly motivated workers and engineers—almost overnight went from producing feeble copies of pre-war British sedans to state-of-the-art small cars (ironically employing

Brock Yates is editor-at-large for Car and Driver. He took the exit ramp to Hollywood, writing the screenplays for Smokey and the Bandit II and The Cannonball Run. Yates also is a commentator for CBS Sports and TNN.

LONELY ROAD
As the Japanese market ballooned in the 1970s and '80s, Detroit found itself trailing in sales.

PHOTOS COURTESY OF THE MANUFACTURERS

Over the last decade, **American automakers** have radically improved the engineering and quality of their products.



Jeep Wrangler



Chevy S Series 4x4



Jeep Grand Cherokee

CORNERING THE MARKET Detroit owns the sport-utility market. The original Jeep is as popular as its newer cousin, the Cherokee. And pickup trucks are a perennial success.

Civic and the splendid Accord. The latter would go on to become the best-selling car in America in 1989.

By 1973, just 15 years after its inauspicious arrival in America, Nissan had sold its millionth Datsun. This was but one of many indicators that the Big

displacement Japanese motorcycles while openly threatening Honda, Nissan, Toyota and others that there were limits as to how large a share of the U.S. car market would be available, regardless of their excellent products and overtly predatory trade practices that included dumping.

Thus emboldened, Detroit initially tried to fight back with a series of front-drive machinery such as the Chevrolet Citation and Cavalier and Chrysler's K-cars, which simply did not rise to the standards set by the Japanese. Ironically, it would be Chrysler, the weakest

Three were in full retreat. Even the most optimistic industry observers were predicting that the Japanese would control at least half the domestic market, while

of the Big Three, that struck the first telling blow in the comeback. Saved by Washington's loans and the feverish salesmanship of its CEO, the charismatic Lee Iacocca, Chrysler introduced the first minivan in 1983, thereby poking into a mother lode. An entire new market for car-sized vans was created—a market that would blossom to over a million units a year within a decade and propel Chrysler back to profitability.

The minivan's success caught the Japanese totally off guard and closed them out of a new market segment in which they never gained foothold. Better yet, Chrysler purchased moribund American Motors in 1987, thus bringing into their fold the Jeep brand at the precise moment America was beginning its love affair with boxy, go-anywhere, sport-utility vehicles (SUVs).

Meanwhile, across town in suburban Dearborn, Ford was hitting paydirt with its superb, front-wheel-drive, European-styled Taurus four-door. Ford also was upgrading and improving its excellent line of pickup trucks—yet another segment wherein the Japanese were unprepared to compete. General Motors, the largest and most resistant to change, struggled to keep up. Its superb lineup of light trucks and financial muscle kept it in the hunt while a new unit called Saturn was started in 1983 to create first-class small cars to compete head to head with the Japanese.

Suddenly, the Americans were back
Please turn to page 96

some Cassandras foresaw the demise of Chrysler and Ford with only GM hanging on as a weakened second-tier player.

As Chrysler sank to its knees in the late 1970s, only to survive with a federal bailout, the great battle for the car market seemed won, and the Japanese military defeat of 30 years earlier economically avenged.

BUT THE near-death of one of America's most venerated corporations sounded a tocsin for the nation. The spectre of the Far Eastern trading and manufacturing colossus overwhelming a major manufacturing segment had become clear.

Despite a rising concern among consumers that domestic cars were inferior in terms of engineering, quality, performance and fuel economy, America was not about to cede the car sales to Japan.

Public opinion energized the government, which began a series of retaliations. The Reagan administration saved Harley-Davidson, the aged Milwaukee-based motorcycle manufacturer, by slapping harsh tariffs on large-

Kings *Of The* Road

American inventory and quality-control innovations ignored in Detroit).

Three. Detroit was about to be knocked off its perch as a national icon by a spate of mid-1960s government safety legislation initiated, in part, by Ralph Nader's 1965 anti-car screed, *Unsafe at Any Speed*. This was followed by stringent clean air regulations in the early 1970s, which amplified the industry's penchant for producing oversized, inefficient "gas guzzlers," and the OPEC oil embargo of 1973-74, which demonstrated how unsuited the guzzlers were for the modern market.

Efforts to counter the rising import revolution with such failures as the Chevrolet Vega and Ford Pinto only confirmed Detroit's ineptitude. By the middle 1970s, the Japanese controlled nearly half the bellwether California car market, and Honda—after little more than a decade in the car business—first produced the breakthrough

Exclusive Collector's Time Piece

ALL ABOARD THE MOVING TRAIN WATCH!

For Only
\$19⁹⁵

AMAZING
LIFELIKE
TRAIN SOUNDS!



TRAIN
ACTUALLY
MOVES!

- Unique Design!
- Precision Quartz Movement!
- Actual Moving Train Second Hand!
- Amazing Lifelike Train Sounds At A Push Of A Button!
- Genuine Leather Strap!
- Limited Time Offer!

Time And Again People Will Ask...

"Where on earth did you get that incredible watch?"

Just imagine a collectible watch that's so unique, it will catch the attention and admiration of everyone who sees it! This intricately detailed Train Watch features a brilliant goldtone case, a rich brown leather strap and a moving train with sound, making it the most appealing watch you'll ever own!

A Great Way To Honor The Mighty Rails!

Whether you're talking about the first steam locomotive built in 1803 or about one of today's most luxurious passenger trains in the world, The Blue Train in South Africa, the rail system is considered a very important part of our history ...and our future! Now, this rare Train Watch featuring moving parts and lifelike sounds will bring you back to the days of the mighty rails.

So Much More Than A Timepiece!

To train lovers, travellers and collectors, there are few methods of transportation that can match the wonder and glory of a train. The beauty as it glides so smoothly along the tracks. The marvelous sound of the whistle blowing announcing its entrance and exit. Even the excitement and suspense that builds while waiting for that speeding flash of silver to pass through the station as you watch from your car. Now, Authentic American Collectibles has made these exciting moments and sensational sounds available for you to enjoy any time!

Accurate And Exciting!

The moving Train Watch captures the wonder of a train with every passing minute! You can watch the train glide around the hands of the clock and with a simple push of a button, hear a full spectrum of sounds like the train chugging on the tracks, blowing its whistle and the ever familiar clanking sounds of a railroad crossing! Most importantly, the moving train watch features contemporary accuracy - something you can count on for years to come!

Satisfaction Guaranteed!

Whether you have a special collection to add this piece to, are interested in starting a collection or know someone special who loves and admires trains, the moving Train Watch is something you or that special someone will cherish forever.

We guarantee that you'll love the historic charm and exciting movement and sounds of this Train Watch or your money back (less shipping & handling).

Mail By Oct. 20th For This Amazing Offer!

YES! Please rush my Train Watch(s) indicated below.

☐ One watch for \$19.95 plus \$4.00 S&H (shipping & handling).

☐ Two watches for \$39.90 plus FREE S&H.

Total Enclosed \$ _____ VA res. add 4.5% sales tax.

Payment Method: (Check One) ☐ Check ☐ Money Order ☐ Visa

☐ M/C ☐ Amex ☐ Diners ☐ Discover ☐ Carte Blanch

Card # _____ Exp. Date ____ / ____

Name _____

Address _____ Apt. _____

City _____ State _____ Zip _____

Mail To: TeleBrands, Dept. TW6264,
One American Way, Roanoke, Virginia 24016

*The More
You Buy,
The More
You Save!*

The American Legion
isn't the only place in America
you can find strength of character.



welcome to Park Avenue



The quality you admire most in Legionnaires is also the quality you'll value in our completely redesigned car. Welcome to Park Avenue. Every curve and line, each thoughtful touch and detail confirm that there is no more distinguished place in America than Park Avenue.

Power. Strength. Performance. It's all yours with Park Avenue. Choose from the normally aspirated or the available supercharged Series II engine, both named one of the World's Ten Best Engines ("Ward's Auto World" for 1996 and 1997).



Buick is proud to be the official car of American Legion Baseball. See the attached card for a special offer exclusive to members of The American Legion Family.



PARK AVENUE[®] By BUICK[®]
THE POWER OF UNDERSTATEMENT[™]





EARLY BIRDS
Kids attending the Murtreesboro Extension School arrive early and leave late. During that time, they can study art, and music or be tutored.

By Lamar Alexander

Land of Learning

Despite some criticism, the quality of public education earns high marks when innovative techniques are put to the test.

WITH so much talk about what is wrong with American public education, some might think we're raising a generation doomed to underachievement and failure. But all the talk is not justified and three schools filled with good news point in the right direction:



HALL GUARD

Principal Robb Rauh runs things from his desk in the middle of the main hallway of the Urban Day School in Milwaukee.

LEARNING THE ROPES

Students at Urban Day School still enjoy recess, though they have fewer holidays, more homework and longer hours than Milwaukee public school students.

GETTING INVOLVED

Parents at Urban Day participate in their children's education. Mothers and fathers sit on the school's board of directors and serve on various committees.



To reach the City on the Hill Charter School in Boston, you go downtown and walk up to the second floor of the main YMCA building. At first glance, you know this is a different kind of high school. There are 80 students. All of them read Shakespeare, write essays, learn to speak in public, use computers, study algebra, read primary documents in history and learn to swim. All students wear uniforms, participate in the school's weekly town meeting, perform public service and complete several hours of homework every night. In the math class I attended, 14 students were helping each other solve problems.

The City on the Hill school is open from 7 a.m. to 6 p.m. with a study hall on Saturdays. Children are expected to learn and to behave, and parents are ex-

pected to participate in their children's activities. Most students are from inner-city Boston's toughest neighborhoods. No law makes anybody attend; each family has chosen this school.

This school is a public one, receiving the same funding per child that every other Boston public school receives. It is different because Massachusetts has removed from it and 24 other "charter schools" most union rules and government regulations. Teachers are therefore free to create a school that meets the needs of the children who choose to come there.

"This is the hope for public education," says co-principal Sara Kass, a former Rhodes scholar. By the only measurement that counts—whether children are actually learning what they need to know—Sara could be

right. Only 38 percent of pupils did math as well as their age group when they arrived; a year later that figure was raised to 58. Fifty percent were behind in reading when they arrived; a year later 39 percent were.

When I visited the Urban Day School in Milwaukee during the summer of 1994, it wasn't hard to find the principal. His desk was smack in the middle of the main hallway. The location of Robb Rauh's desk wasn't the only indication that this was a different kind of school. It sat in front of a

Lamar Alexander is a former U.S. secretary of Education, Tennessee governor, and president of the University of Tennessee. A presidential candidate in 1996, Alexander is the author of We Know What to Do and Six Months Off.



BOSTON To reach the City on the Hill Charter School, you go downtown and walk up to the second floor of the main YMCA. Free of bureaucracy and other restrictions, teachers are able to create a true learning environment.



Land of Learning

blackboard festooned with notes and schedules and drawings. Robb's chair was in front of the desk, facing two others, closing the space between the principal and students who have a need to meet him.

What is different here is that Urban Day School is one of only two programs in the country that allow poor families to send their children to public or private schools with the state paying most of the bills. The state has agreed to allow 20,000 of Milwaukee's poorest families to choose, if they wish, to send their children to private school. The state pays private school tuition up to \$4,400, roughly half of what Milwaukee's public schools spend per child. In other words, taxpayer dollars follow the child to the school of the parents' choice. Religious schools are not part of this choice program.

Urban Day goes through the eighth grade with an enrollment of just over 300 students—200 of them in Milwaukee's choice program. These students wear uniforms, no designer labels on their clothes, no risk they will be robbed of brand-name tennis shoes. The students at Urban Day have fewer holidays, more homework and longer hours than pupils in Milwaukee public schools.

The parents at Urban Day become involved meaningfully. If they miss an

all-parent conference, they can make it up by going to school and watching a video. If they miss the video, the student is suspended for a day and the parent has to pay a \$10 fine. The money adds up; so does the embarrassment. The parents sit on the board of directors. They work on committees.

"I feel so secure with my kids here," says Urban Day educator Alma Walton. "Since the school is so much smaller, I don't have to worry about gang problems. I don't have to worry about drug problems or teen pregnancy. They are more sheltered. They are getting a sense of self worth. And when they leave here, if they choose to go to a public high school, they will know they can function."

In 1996, a research team headed by professor Paul Peterson of Harvard University found that students in Milwaukee's choice program, after three and four years, were learning more than similar students who stayed in public schools: 3 and 5 percentage points better in reading and 5 and 12 points better in math. According to Peterson, if similar success could be achieved for minority students nationwide, it would close the gap separating Caucasian and African-American students significantly.

Another success story can be found in any elementary school in Murfreesboro, Tennessee, a quiet town south of Nashville that 11 years ago opened all its elementary schools from 6 a.m. to

6 p.m., five days a week, 52 weeks a year—at no extra cost to the taxpayers.

Superintendent John Hodge Jones and teacher Becci Bookner led a small band of entrepreneurial educators who had tuned into a phenomenon of family life that most school systems amazingly still ignore: 80 percent of married couples and 70 percent of mothers with young children work outside the home. So schools that open at 8 a.m. and close at 3 p.m. help make a wreck of schedules for most working families. On most afternoons the combination of working parents and closed schools spill into America's streets unsupervised children who do what most unsupervised youngsters have always done: experiment and get into trouble.

But in Murfreesboro it is common to see Dad dropping off fourth-grader Maria on his way to work at 7:30 a.m. and Mom picking fifth-grader Johnny up on her way home from work at 5 p.m. The school's schedule fits the families' needs. This is the way schools, after all, are supposed to operate. University of Chicago professor James Coleman has said, "A school is for the purpose of helping families do things that families don't do as well."

During the extended hours of each school day, Murfreesboro offers art, music, literature, study hall, gifted programs, catch-up programs, counseling and tutoring. A different corps of teachers manages these extra hours. Parents gladly pay the bill—all of it—of about a dollar an hour. No child is turned away because the family can't pay, and 80 percent of Murfreesboro's parents use the extra hours.

Unfortunately, these three schools filled with so much promise have too few imitators. Across America, there are only 500 charter schools like the City on the Hill Charter School in Boston. Only in Milwaukee, Cleveland and parts of Vermont will the state enable middle- and low-income parents to have choices that include private schools. Even though 80 percent of Murfreesboro's parents have shown that there is a massive demand for schools that fit the schedule of parents who work outside the home, most schools still open at 8 a.m. and lock their doors at 3 p.m. and still let children off in the summer to help bring in the crops.

American manufacturing has changed. Health care is changing. The military is restructuring. Yet, too much of American public education seems

Please turn to page 109

**From America's Greatest
Western Story Teller . . .**

ZANE GREY

**12 Full Length Western Movie Classics
NOW ON VIDEO TAPE**

HALF PRICE SALE

**EACH CLASSIC MOVIE BASED ON
THE ORIGINAL ZANE GREY NOVEL**



With an All-Star Hollywood Cast Including Randolph Scott . . . Ann Sheridan . . . Buster Crabbe . . . Marsha Hunt . . . Robert Cummings . . . Russell Hayden . . . Gilbert Roland . . . Irene Hervey . . . J. Carroll Naish . . . Victor Jory . . . Noah Beery . . . Over 12 Full Hours of Legendary Zane Grey Western Adventures on Exclusive Home Video Tape!

Born in 1872 in Zanesville, Ohio, Zane Grey captured the heart and soul of the American West like no other author! His heroes and heroines were of the Old West . . . rugged frontier folk who fought to make a home for their families on the American Frontier. Zane Grey not only wrote of the West, but also lived it, roping horses, hunting mountain lions and living as a true outdoorsman. And now his legendary tales of "the purple sage" live on in this

classic original Zane Grey Western movie collection. You get over 12 full hours of full-length hard riding action, thrills and adventure. From Indians on the warpath to blazing six-gun shootouts it's non-stop Zane Grey high Western drama. If you are a true Zane Grey fan or just like great Western movies, you must own these collector films. This is real American Western entertainment your whole family can enjoy at a give-away price. *Not available in stores.*

VOLUME #1

Man Of The Forest • Rocky Mountain Mystery

VOLUME #2

Desert Gold • Knights Of The Range

VOLUME #3

Thunder Trail • Rollalong Cowboy

VOLUME #4

Heritage Of The Desert • Thundering Herd

VOLUME #5

Dude Ranger • Mysterious Rider
• Arizona Raiders • Wagon Wheels

**Save! Get All Volumes - 12
Full Length Movie Classics
For Only \$39.98!**

THIS OFFER WILL NOT BE REPEATED

Hurry, order now to get fast delivery of our first edition run. All videos are produced on state-of-the-art equipment and the quality of these legendary masterpieces is excellent. If you don't enjoy these Zane Grey Westerns more than any you have ever owned, return the tapes for a full refund of purchase price (less P&H).

**COLLECTOR'S EDITION
NOT AVAILABLE
IN STORES**

RISK FREE OFFER

MAIL TO: VIDEO BARGAINS • Dept. ZGX-28
One Eversley Ave. • Norwalk, CT 06851-5844

Please send me the following vintage Zane Grey videos at the sensational price of only \$9.98 each, or even less on multiple purchases. I must be delighted or money back (less P&H)

- ☐ Volume 1 only \$9.98 plus \$3.00 S&H
- ☐ Volumes 1 and 2 only \$18.98 plus \$3.00 S&H
- ☐ Volumes 1, 2 and 3 only \$27.98 plus \$3.50 S&H
- ☐ Volumes 1, 2, 3 and 4 only \$36.98 plus \$4.00 S&H
- ☐ **SAVE BIG!** All FIVE videos (12 feature films) only \$39.98 plus \$5.00 S&H.

CT residents add sales tax.

Enclosed is a check/money order in the amount of: _____
Charge it to my: ☐ VISA ☐ MASTERCARD ☐ DISCOVER

Account Number: _____

Name _____

Address _____ Apt. _____

City _____ State _____ Zip _____



Our health-care system is the envy of the world. Healers, consumers and insurers are challenged to make it even better.

HEALTHY

THERE is a wise old African proverb from the Bassuto tribe that Robert Ruark appropriated for his book on the Mau Mau uprisings of the 1950s: Do not destroy something of value unless you have something of value to replace it.

That proverb should be a warning signal and guiding principle for those who have set about the delicate task of changing America's health-care system. With all the sound and fury about the state of health care in America, too many politicians, corporate financial officers and academic economists tend to forget the most basic truth about medical care in America: We

By Joseph A. Califano Jr.

**CUTTING EDGE**

We have the best services available for treating illnesses and injuries. American physicians, hospitals, research centers and emergency care are without equal.

HORIZONS

have the finest system for treating illnesses and injuries in the world. American physicians, hospitals, research centers and medical schools are the envy of the world. Heads of state and foreigners with the unlimited wealth to pay any price for the best care available flock to the United States when they are sick.

The 1990s have been marked by a headlong rush for efficiency in delivering treatment to sick and injured Americans; recognition by the for-profit sector of the big bucks to be made in taking care of what ails us; determination by the federal government to trim back funds spent on Medicare, Medicaid and other health programs for research and training if that is what it takes to balance the budget; aggressive actions by downsizing corporations to reduce costs of providing health-care benefits

to employees; and increased pressures on pharmaceutical companies to reduce the price of their products even if that means forcing them to cut back on applied research.

Taken separately, some of these trends. Taken together, they threaten the world-class greatness that has characterized America's medical-treatment system for most of this century.

It's time for each of us to look at what made America's health-care system the finest in the world and demand that those who would dramatically restructure it count to 10 before they lose sight of the conditions that made our system great.

What makes America's health-care system great is its ability to attract the finest minds in our society to devote their lives to caring for the ill and to

conducting research to attack seemingly intractable medical problems. Also critical to the special quality of care here is the commitment of doctors and nurses to health care as a ministry, not an industry. It wasn't always this way.

At the end of the last century and into the early years of the 20th century, American medicine was crowded with charlatans and hustlers. Doctors were poorly trained. Many medical schools were as wacky in what they taught as a Three Stooges movie. Traveling

Joseph A. Califano Jr. is president of the National Center on Addiction and Substance Abuse at Columbia University and an adjunct professor at Columbia University's Medical School and School of Public Health. He served as U.S. secretary of Health, Education and Welfare, 1977-79.



RED TAPE Doctors and nurses must struggle daily with life-and-death decisions along with a massive managed-care bureaucracy.

HEALTHY HORIZONS

salesmen hawked potions laced with cocaine that hooked thousands of Midwest housewives who thought they were buying relief for everything from arthritis and menstrual cramps to depression and heart disease.

Then, in 1910, Abraham Flexner exposed the false claims, shoddy curriculum, facilities and faculties of many medical schools. Shocked into action by the public outcry and supported by the good physicians, states passed laws instituting stiff licensing requirements and high standards for doctors and the medical schools that trained them.

About this time, states also enacted statutes severely restricting the practice of medicine to licensed physicians, and

Congress established the Food and Drug Administration and gave it the power to test medications to make certain they were safe and effective before they could be marketed to Americans.

As a result of these actions, the quality of medical education and physicians soared. Doctors whose average 19th century income put them in the lower middle class, rose rapidly in economic and social status in their communities. The words, "my son the doctor," became the prayer and dream of a generation of immigrants. And the best and the brightest men and women were attracted to the medical profession.

Over time, thanks to the system of clearing pharmaceuticals by the FDA, this nation avoided tragedies that beset other countries. In Britain, for example, thousands of children were born deformed as a result of mothers taking thalidomide. We avoided that situation—and others like it—here because of the tough review requirements to which drugs were subjected before they could be prescribed by physicians or sold over the counter. More than any other people in the world, Americans could be confident that the medicine they were given would work and that those medicines would be safe to take.

In the earliest days of the Republic—1789—we established a Public Health Service. At the turn of the 20th century, Congress began expanding the mission of the Public Health Service to include the study of infectious diseases

and control of epidemics. But the role of the national government in public health and biomedical research was marginal up to World War II.

As part of the nation's mobilization for World War II, the federal government made substantial investments in public health, training professionals and medical research. The armed forces needed physicians and nurses, so they drafted all they could get their hands on and trained even more. Medical research was conducted on everything from frostbite to malaria, from venereal disease to surgical and burn procedures. Public health programs were mounted to protect soldiers from sexually transmitted diseases and keep production workers on the home front healthy and strong. Wonder drugs like penicillin, new surgical procedures for wounds and burns and prosthetic devices to replace lost limbs were developed.

At the end of the war, the military research effort was transferred to the National Institutes of Health. In the post-war years, these institutes became the central workhorse for basic biomedical research. Sparked by the bipartisan commitment of Presidents Lyndon Johnson and Richard Nixon, who declared billion-dollar-a-year wars on cancer and cardiovascular disease, the National Institutes of Health and the National Cancer Institute became the finest basic biomedical research operation in the world. The brightest scientists in the United States and many foreign nations competed either to work there or to receive grants to work at research centers throughout the nation.

In the 1940s and 1950s most large corporations started including health insurance coverage as part of their basic wage and benefits package, and the government built half a million hospital beds. In the 1960s, with President Johnson calling upon Americans to create a Great Society, Congress passed Medicare to provide physician and hospital care for all citizens 65 and older and Medicaid to provide such care to the poor and nursing home care to the elderly who needed it. Congress enacted heart, cancer and stroke legislation and American citizens no longer had to travel to New York or Boston for the finest health care. It would now be available in world-class medical centers across the country, from Seattle to Miami, Los Angeles and Houston to Philadelphia, New Orleans and Chicago.

It is imperative that the actions we
Please turn to page 88

**We should recognize
that Medicare is a
phenomenal success
at providing health
care to the elderly.**

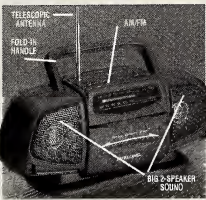


Bob Lee Says: "With this Special Offer, Nobody Beats MY LOW VITAMIN PRICES!"

PORTABLE AM/FM RADIO SYSTEM

Takes Up Very Little Space... But Delivers Full Rich Twin Speaker Sound!

Here's a great AM/FM Dual Speaker Radio System. A mini system with two independent built-in speakers, telescoping AM/FM antenna, and a fold-down carrying handle. Result...great sound quality, that's truly amazing. It's so compact and well designed you can tuck it away in a corner of your kitchen countertop, desk or night-



FREE WITH EVERY ORDER!

stand. Great for home, office or school. Perfect for travel or vacation because it's cordless (Requires 4 AA batteries-not included). Similar AM/FM Radios sell for up to \$20. Get your Big Sound Radio System with any order. Just check the box on the order form and add \$3.00 for handling.

THIS OFFER ENDS SEPTEMBER 30, 1997. MAY NEVER BE REPEATED! B664

100-B COMPLEX
100 mg each of B-1, B-2, B-6, Nicotinamide, Choline, Inositol, Panthothenic Acid & PABA. 100mcg each of B-12, Biotin & Folic Acid.
ITEM #50260

SAW PALMETTO COMPLEX
Special Formula for Men!
SOFTGELS
ITEM #52165 60 FOR \$11.25
SAW PALMETTO BERRIES
100-MG CAPSULES
ITEM #52169 100-\$6.49 / 200-\$10.99

"Natural 12"
Brewer's Yeast, Lecithin, Alfalfa, Kelp, Rose Hips, Wheat, Papaya, Apple Pectin, Wheat Germ, Biotin, Decadized Liver And Bone Meal.
A Dozen Supplements in One Tablet
ITEM #51755

"KEY 4" TABS
KELP, VITAMIN B6, LECITHIN & COENZYME Q10
Highest Quality
Only the low price is different!
ITEM #51532

BREWER'S YEAST
71/2 GRAIN TABS
ITEM #52464

500 MG. T-BLYSINE
ITEM #52624

SUPER ORGANIC IRON TABS
ITEM #51615

VITAMINS FOR HAIR CARE
100 DAY SUPPLY
ITEM #51425

PAPAYA ENZYME DIGESTANT
100 TABLETS
ITEM #51995

SELENIUM 100 MCG. TABLETS
ITEM #52183

NEW! HEALTHY HERBS
CAYENNE
447 MG. CAPSULES
ITEM #50670

BILBERY
40 MG. CAPSULES
ITEM #50345

Cat's Claw
"UNA DE GATO"
388 MG. CAPSULES
ITEM #50683

500 MG. TABLETS
NIACIN*
TIME RELEASE
ITEM #50929 100-\$9.29 / 500-\$16.35
*Ask your Doctor about the possible Cholesterol lowering benefits of NACIN. ITEM #51813

BETA-CAROTENE
25,000 I.U. PRO-VITAMIN A
100 SOFTGELS
ITEM #50336

SENTRO VITES
Compare to CENTRUM® at a third the price.
130 TABS-\$4.19
260 TABS-\$7.35
ITEM #50682

CALCIUM 600 PLUS VITAMIN D
Each tablet contains 600 mg of Calcium Carbonate which supplies 600 mg of elemental calcium plus 200 I.U. of Vitamin D to help Calcium absorption. Same potency as Caltrate® 600 plus Vitamin D but at \$6.84 per 100.
ITEM #50591

GRAPE SEED EXTRACT
(Procyanidin) 60 MG. CAPSULES
ITEM #51414

THE MOST WANTED POTENCY
GINSENG

ALOE VERA JUICE
ALL NATURAL...COLD STABILIZED
NEW! DT. \$2.98 / GAL. \$9.95
GUARANTEED NO ADDED SUGAR, STARCH, ARTIFICIAL FLAVORS
EXPRESS SHIPPER
ITEM #50580

FAT ABSORBER WITH BIODIET™
NEW! 500 MG. CAPSULES
ITEM #51258

SENIOR SENTRO VITES
Compare to CENTRUM® Silver.
60 TABS-\$3.95
120 TABS-\$6.95
ITEM #52141

SUPER HIGH POTENCY 19 GRAIN 1200 MG. LECITHIN SOFTGELS
100 SOFTGELS \$1.65
600 SOFTGELS \$7.95
ITEM #51599

PURE LECITHIN GRANULES
1 LB.-\$3.50 / 2 LB.-\$6.00
ITEM #51607

250 MG. CAPSULES
ITEM #51359

CHONDROITIN SULFATE
250 MG. CAPSULES
ITEM #50767

CAL-MAG-ZINC
The 3 most sought after minerals now in 1 tablet.
ITEM #50583

HERBAL LAXATIVE
100 TABS
ITEM #51565

ADIPHILIPS CAPSULES
100-\$2.75
500-\$9.89
ITEM #50989

BALANCED 50 MG. B-COMPLEX
HIGH POTENCY
"LEE-FLEX 50 MG."

100% HIGH POTENCY STRESS FORMULA
HIGH POTENCY B-COMPLEX & VITAMIN C
ITEM #52225

CLEAR BREATHING™
from the Sinuses to the Lungs.
ITEM #50788

VITAMINS BY MAIL FROM LEE NUTRITION

500 MG. VITAMIN C WITH ROSE HIPS TABLETS
EXP. 9/30/97 Limit one of any size. ITEM #80518

400 I.U. VITAMIN E SOFTGELS
EXP. 9/30/97 Limit one of any size. ITEM #81086

98% PURE - Verified by HPLC
30 CAPS 57¢ DHEA 90 CAPS \$11.95
ITEM #50985

CHROMIUM PICOLINATE 200 MCG. TABLETS
ITEM #50811

GINKGO BILOBA 60 MG. CAPSULES
ITEM #51338

SUPER YOHIMBE BARK EXTRACT 500 MG
ITEM #52490

SHARK CARTILAGE SHARKLITE™
750 MG. CAPSULES
ITEM #52187

MELATONIN
ITEM #51721

PRICES IN THIS AD GOOD UNTIL SEPT. 30, 1997.
MAIL YOUR ORDER TO:
LEE NUTRITION
290 Main St. B664
Cambridge, MA 02142

QTY.	PRODUCT NO.	SIZE	NAME OF PRODUCT (Please Print)	TOTAL PRICE

Check here for UPS shipping, add \$2.50 in addition to the shipping charge.
CHECK HERE FOR (2nd day) EXPRESS DELIVERY SERVICE. ADD AN ADDITIONAL \$6.00. (\$15.00 FOR AK, HI)
ITEM # 55451G HANDLING CHARGE FOR PORTABLE RADIO \$3.00
We ship Parcel Post (48 class claim) when ever possible. SHIPPING CHARGE \$2.50
SATISFACTION GUARANTEED OR YOUR MONEY BACK. TOTAL AMOUNT

TO FAX YOUR CREDIT CARD ORDER DIAL 1-617-661-6259
FREE PORTABLE RADIO Just check this box, add \$3.00 for handling and mail your order by September 30, 1997. We'll include your FREE Portable AM/FM Radio with your order.
(To purchase an additional PORTABLE RADIO send only \$9.99 each. #B6847A)

PRINT NAME _____ APT. _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
© 1997 LEE NUTRITION, INC.

Is Your Doctor Too Lazy to Read about Honey, Garlic & Vinegar?

Hundreds of scientific studies have been conducted on this dream team of healers... Honey, Garlic and Vinegar. The results suggest an amazing power to relieve and improve many common health problems.

These studies show that this trio from nature's pharmacy can help **reduce blood pressure, lower cholesterol, improve circulation, lower blood sugar levels and help fight cancer.** Scientific evidence also indicates that they can be of medicinal value in the treatment of: **arthritis, athlete's foot, bronchitis, burns, colds and flu, cold sores, constipation, cramps, diarrhea, eczema, earaches, fatigue, fungus, heart problems, muscle aches, prostatitis, rheumatism, ringworm, sinus congestion, sore throat, urinary infections, virus and yeast infections and more.**

A book called *Honey, Garlic & Vinegar Home Remedies* is now available to the general public. It shows you exactly how to make hundreds of remedies using honey, garlic and vinegar separately and in unique combinations. Each preparation is carefully described along with the health condition for which it is formulated.

Learn how to prepare ointments, tonics, lotions, poultices, syrups and compresses in your own kitchen. Whip up a batch to treat:

- **ARTHRITIS:** Doctor reports that this remedy helps relieve the pain with no side effects
- **AGE SPOTS:** Watch them fade with this mixture
- **CORNS & CALLOUSES:** Get rid of them fast with this natural method
- **HEADACHE:** Enjoy fast relief without drugs
- **HEMORRHOIDS:** Don't suffer another day without this proven recipe
- **LEG CRAMPS:** Try this simple way to quick relief
- **MUSCLE ACHES:** Just mix up a batch of this and rub it on
- **STINGS & BITES:** Medical journals recommend this remedy to reduce pain and swelling fast
- **STOMACH PROBLEMS:** This remedy calms upset stomach and is noted in medical journals for ulcers
- **TOOTHACHE:** This remedy gives instant relief until you can get to the dentist

Discover all these health tips and more.

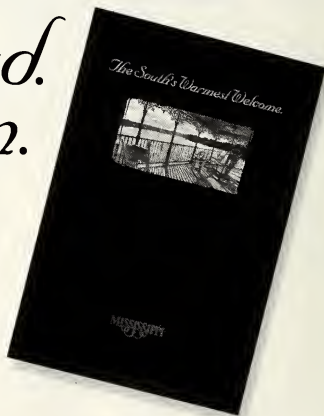
You'll find: ***Dozens of easy-to-make beauty preparations for hair and skin. *Loads of delicious recipes using these health-giving super foods. *Tons of money-saving cleaning compounds to keep your home, car and clothing sparkling.**

Right now, as part of a special introductory offer, you can receive a special press run of the book *Honey, Garlic & Vinegar Home Remedies* for only \$8.95 plus \$1.00 postage and handling. Your satisfaction is **100% guaranteed.** You must be completely satisfied, or simply return it in 90 days for a **full refund — no questions asked.**

HERE'S HOW TO ORDER: Simply print your name and address and the word "Remedies" on a piece of paper and mail it along with a check or money order for only \$9.95 to: **THE LEADER CO., INC.,** Publishing Division, Dept. HG610, P.O. Box 8347, Canton, Ohio 44711. (Make checks payable to The Leader Co., Inc.) VISA or MasterCard send card number and expiration date. Act now. Orders are filled on a first-come, first-served basis.

©1997 The Leader Co., Inc.

*Good read.
Great vacation.*



For your free Mississippi *Travel Planner* and other statewide travel information, call 1-800-WARMEST (927-6378).

The South's Warmest Welcome
MISSISSIPPI



**Forget the Rain,
Sleet, Hail & Ice!**

**Warm & Cozy "FLEECY
THERMAL LINED"**

ESKIMO FOR MEN & WOMEN SHOES

**They're GUARANTEED to keep
you SNUG, WARM, DRY,
& SO COMFY**

Yes, try them for 1 full year...
if you are in any way
dissatisfied with the
quality & value ...
simply return them
for a no-quibble refund

Better value
than others'
up to
~~\$89.99~~

**WATER RESISTANT
GLOVE-SOFT LUXURY STYLING**

\$14⁹⁵
OUR PRICE

**SO LIGHT, SO WARM,
SO COMFORTABLE**

**SO CUSHIONY SOFT
& FLEXIBLE ...you can fold
them IN HALF**

**WARM COZY
"FLEECY
THERMAL
LINING"**

**EASY-ENTRY
TWIN ZIPPED
FRONT FLAP...
no more
struggling
to put on!**

*Featherlight
... It's like
walking on AIR*

**"SURE-GRIP" SOLES ...
help you walk safely in
Sleet, Hail & Ice**

SOLE DESIGN MAY VARY

LOOK SMARTER—FEEL WARMER
No matter how bad the weather

These new ESKIMO SHOES are so light & flexible—yet so hard-wearing. Long-lasting man-made uppers and soles are perfect for business and casual wear. Use them for 1 full year. If you are not delighted with the **QUALITY** and **VALUE**, simply return for a no-quibble refund excluding shipping and handling. Allow up to 6-8 weeks for shipment. **Hurry!**

*In most cases, orders for in-stock items will be shipped within 2 business days after we receive and process your order and should arrive 2 business days later.

SMART SHOE SAVER				One of America's Largest Direct Shoe Sellers OVER ONE MILLION PAIRS SOLD NATIONWIDE	
ESKIMO Shoes	Item#	Size	How Many	Price Total	
MEN'S	Black	X7672		<input type="checkbox"/> 1 pair \$14.95	
WOMEN'S	Brown	X7673		SAVE MORE	
	Black	X7674		<input type="checkbox"/> 2 Pair only \$27	
	Brown	X7675		<input type="checkbox"/> 3 Pair only \$35	
Make check to Smart Shoe Saver or charge <input type="checkbox"/> VISA <input type="checkbox"/> MASTERCARD <input type="checkbox"/> DISCOVER <input type="checkbox"/> AMER. EXPRESS Card # (Enter all 13 to 16 card numbers below)				Price total from above \$ Standard shipg. & hdlg. \$3.75 each pair \$	
Exp. date (Mo) (Yr)				*2-Day Express Delivery: Add extra \$4.95 to above shipg. & hdlg. \$	
Mr/Mrs				Subtotal \$	
Miss/Ms.				In NY add sales tax \$	
Address				(X76780-03) Grand Total \$	
City/State/Zip					

Smart Shoe Saver, Eskimo Shoes.
Dept. 570-348, Box 1727, Hicksville, NY 11802

Or FAX Credit
Card Order to
516-334-4922

From Mean Streets

Working with local law officers, citizens take back their neighborhoods from violent thugs and dope dealers.

By Gurney Williams III



ON the night he saw a silent gunman with a sawed-off shotgun outside of his home, John Hyde, 35, decided to enlist in the war on crime.

Within weeks of that upsetting encounter, Hyde had joined at least 16 million other American civilians—more than 10 times the number in all of the U.S. armed forces—who are battling crime, neighborhood by neighborhood, and winning. The ranks of



GARFIELD/STOCK MARKET

DRAWING A BEAD
The rise of violent crime is being challenged by 20,000 watch groups nationwide, who are battling and winning the war on crime.

anti-crime volunteers have doubled since the mid-1980s, according to Matt Peskin, executive director of the National Association of Town Watch, based in Wynnewood, Pennsylvania. The association, founded in the early '80s, has become a loose confederation of some 20,000 local anti-crime groups across the country. And the modern-day Minutemen and women are making a difference, Peskin says, particularly against property crimes. Wherever a group has been operating for 18 months or more, burglaries, vandalism and thefts go down in

the range of 30 to 40 percent.

The unarmed crime-fighters often use unconventional weapons and techniques that throw crooks off-balance. In Philadelphia, patrols of inline skaters with flashlights and walkie-talkies weave smoothly through an inner-city neighborhood, watching for suspicious activities. In Dayton, Ohio, residents pushed for a radical plan to put up a maze-like system of barricades throughout their neighborhood to block getaway routes for drug-dealers. An anti-crime coali-

to Clean Streets



J. REINOLDO MERCURY PICTURES



JOHN HYDE AND DIANE KAVALSKI They make a difference at a mobile home park in Tukwila, Washington, where crime incidents have dropped to zero.

WIDE WORLD



FRONTLINES New York City police round up suspected drug traffickers in a once-elegant neighborhood of brownstones that has become a crumbling drug zone.

tion near Houston has taught residents of all ages how to memorize what strangers look like so even young children can provide a full description to police. Often, residents reach out to each other and join such groups after serious crime strikes near home. Again and again, a strong community connection has healed the trauma.

Hyde's trauma began when the

Writer Gurney Williams III took a walk on the wild-to-mild side to report on how citizens are fighting crime. A frequent contributor to this magazine, Williams resides in Rye, New York.



WOODSTOCK STOCK MARKET

From Mean Streets to Clean Streets

armed stranger showed up outside his front door in March 1995. A journeyman glassmaker and an Air Force veteran, he had gotten home from work well after midnight and wanted a cigarette. He stepped outside silently, careful not to wake his wife and three kids asleep at the other end of their three-bedroom trailer in Tukwila, Washington. Only then did he see the gunman, wearing a white T-shirt and jeans, standing like a statue with his back to Hyde, no more than 10 feet away.

Hyde backed up through his front door and locked it behind him. "I didn't know if he was a psychotic guy just looking for someone to kill," Hyde says. "I was praying he wasn't going to try to come into the trailer." He dialed 911, raised his head to the level of a small window, and began whispering to police. He told them that another man had appeared and was struggling to grab the shotgun. It swung wildly between the men like a black tree branch in a wind storm.

"Oh God, it's pointed at me," Hyde told the police. He sank to the floor to stay as low as possible, keeping a stuffed chair between him and the wooden walls of his trailer for extra protection. He didn't dare get up until he heard the voices of the police out on nearby 140th Street. He watched as they arrested the gunman. Hyde learned later that the suspect thought his girlfriend was having an affair in the trailer next to Hyde's.

Another resident of the same Southgate Mobile Home Park, Diane Kavaliski, 41, says that gunfire erupted



ROLLING THUNDER
Members of the Landskaters Inline Skate Club take to the street with flashlights and radios. Rich Short waits outside a police station where fellow skaters train.



STANDING WATCH
Patrick Donnelly stands in a Dayton, Ohio, neighborhood that closes off streets to drug dealers who deliver via automobile.

M. WILLIAMS/MERCURY PICTURES

Neighborhood watch groups are likely to succeed in stable communities where churches, police and local merchants combine forces with residents.

Kavalski recalls. "Everyone was terrified," she says. Finally she spoke up.

"This is our home," she said. "Let's get off our butts and get to work."

In subsequent days, someone found a couple of old and dead hand-held CB radios at his office. Resident Ralph Woodford, who knew about electronics, replaced the burned-out parts. By June, teams of two to four residents were patrolling nightly, armed only with the CBs.

Early strategies didn't work. At first the patrols tried to call in police while drug deals were underway. They soon learned that dealers came and went with the speed of stealth bombers, in seconds. Police could never respond fast enough. So the volunteers shifted to taking down li-

cense plate numbers of any visiting vehicles. Dealers quickly caught on that the climate for crime had changed for the worse.

Today, Kavalski reports, the climate for kids has become downright homey. "They can go outside and play," she says. They no longer find discarded drug paraphernalia in play areas. And after summer barbecues outside, "You can hear a pin drop at night," Hyde says police "case reports" on the community—a measure of crime incidents—have dropped from a high of 38 in March 1995, to zero. "I never thought we'd see that day," he says.

The heroes who win such victories are unaccustomed to playing David against criminal Goliaths. And police

are sometimes skeptical at first that the raw, unarmed volunteers will have any effect on the giant problems cops confront.

Rick K. Short, 29, of Philadelphia, didn't exactly bowl over police in the city's 9th District when he showed up in June 1995 wearing a red shirt, black pants wrapped with reflective tape and a pair of inline skates. He flashed a picture of fellow members of his skating club to any cops who would look. "What can we do for you guys?" he asked.

Short acknowledges that in addition to wanting to form a neighborhood watch group to fight crime, his club was also trying to correct an image problem. Local politicians were considering banning inline skating. "I figured I had to do something," Short says.

While most officers saw him as a curiosity, he impressed community

Please turn to page 102



SHUTTERSTOCK/AMERICANIMAGES

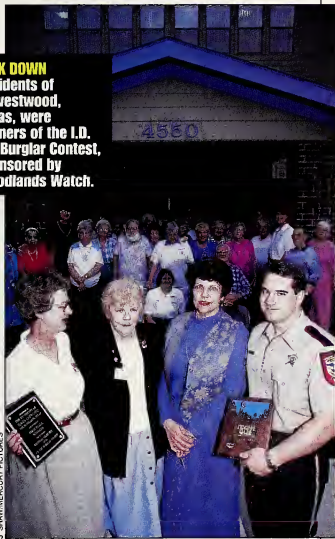


regularly that spring and terrified her children. "They said, 'We're gonna get killed here,'" Kavalski says. "I told them it was up to us to stop it, to make a difference." She and her oldest son Jason distributed notices of a neighborhood meeting and reserved a room at a local restaurant, The 21 Club.

There, the residents picked at muffins and cookies and griped about the police. "No one was talking about what we could do," Hyde says. "I got tired of hearing it." He stood up and spoke over the grumbling.

"We can complain about the police for the rest of our lives," he said, "but it won't protect our families. What are we going to do about *that*?" He remembers that no one said anything for 15 or 20 seconds. It felt like five minutes,

LOCK DOWN
Residents of
Harvestwood,
Texas, were
winners of the I.D.
the Burglar Contest,
sponsored by
Woodlands Watch.



J. SAWYER/PICTURE PICTURES



NIGHT MOVES Late-evening basketball in Los Angeles keeps young men busy.

Where Hoops and Dreams Thrive

There are alternatives to life on the streets for at-risk kids in our big cities.

By Phyllis Zauner

IT was a bad-news day for Los Angeles. An unpopular verdict in the case of the Rodney King battering had enflamed the city's southeast. Riots broke out. Reporters swarmed to record the violence. But one TV reporter saw more than violence. Wendy Walsh saw despair that needed repair. "In a strange way the riots may have done something good," she says. "It gave me a motive for action."

So...are American cities in trouble? You'll believe it if you watch the evening news. Yet, something else is going on behind the scenes—individual acts of caring, programs organized to change neighborhood bad news to good news. Often sports action is the draw. The big attraction in south-central Los Angeles is Night Hoops—late night basketball

The action embarked on by Walsh and a few of her friends—mostly models and actresses—was to organize City Camp, a multi-racial day camp whose aim is to expose inner-city kids to activities and places to which they would otherwise not be privy—and more than that, to provide mentors.

Twice each month a bus takes 24 kids day-tripping. Sometimes it's a beach party, maybe a mountain snow trip or a chance to watch a recording session. Walsh says the kids are mostly sixth-graders. "It's an impressionable age. They're leaving elementary school for junior high where there's a lot of peer pressure. They're highly at risk."

Walsh hopes each of her volunteers will bond with a child, forging a relationship that lasts a lifetime. "These kids are so eager in spite of hardships they've endured," she says. "When I asked one girl what she wants to be when she grows up she said a 'mortician.' That's all she

games. Jim Houston, a former USC football player who's the director, calls it a form of crime prevention. "For kids who hang out on street corners—we call it 'getting stale'—basketball can rejuvenate them. They get uniforms, play on a team they're proud of."

Twice a week 18 teams play off, the last game starting at midnight. There are rules: no gang attire, no colors (Crips blue, Bloods red), no weapons, no narcotics, no fighting. Also, says Houston, "If you don't go to school and have grades, you can't play basketball here."

In Detroit another outlet for at-risk youths is the Police Athletic League (PAL) sports center, a national program created as an alternative to idleness. All activities involve police officers as positive role models. Detroit's football program is the biggest in PAL, with 2,000 kids playing in three age divisions.

Almost as popular in Detroit is baseball, with 1,300 boys and girls on 126 teams, coached by 100 officers and volunteers who are showing them how to win on the diamond and how to win in life.

Perhaps no organization has had more impact on children's lives than Boys & Girls Clubs, a national network of 2.4 million youths, 6 to 18, primarily from disadvantaged circumstances.

But talking in figures of millions tends to cloud the important fact that each of those 2.4 million young people can tell a story of a life that was changed.

Take Nivia Curry. At 13 she was a member of a Brooklyn gang, making a living as a cop lookout for drug dealers. She was tough because she had to be to survive the daily drive-by shootings. "One day my best

Please turn to page 114

While her three-point percentage might not be so hot, Phyllis Zauner, a freelance writer from Sonoma, California, scores big points when writing about social trends around the United States.

BOOST RECEPTION ON YOUR TV, RADIO, CORDLESS AND CELLULAR PHONES



Can Easily Be Transferred From One Antenna To Another

Enhances Reception

Similar To As Seen On **TV**



WIRELESS DEVICE ALLOWS YOU TO OPERATE AT INCREASED RANGES

PERFECT FOR AUTOMOBILE ANTENNAS TOO!

Why Pay \$19.95? **NOW ONLY \$4.95!**



Now you can enjoy better reception with our revolutionary technology. Here's how it works: Simply slide the device over the top of your current antenna. Our Power Booster does the rest. It spontaneously improves clarity and dramatically enhances your reception. Gives new life to old equipment. Weak, fuzzy signals will instantly appear strong and crisp. There's no electricity or batteries needed. Easily fits on fixed and retractable antennas. No installation needed. No hassle. Works anywhere.

DEERCREEK PRODUCTS, INC. Dept. M844
3038 N. W. 25 Avenue, Pompano Beach, FL 33069
30 Day Money Back Guarantee

- ☐ One Power Booster only \$4.95 plus \$2.00 shipping and handling.
- ☐ Two Power Boosters only \$8.95 plus \$3.00 shipping.

Name _____
Address _____
City _____
State _____ Zip _____

ATTRACTS DUST LIKE A MAGNET

TAKES JUST MINUTES EASY TO USE

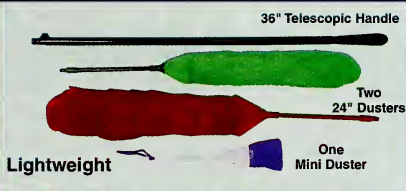
STATIC ELECTRICITY FORCES DUST AND POLLEN TO JUMP ONTO THE FIBERS



SET OF 4

Creates A Dust Free Environment In Your Home

Similar To As Seen On **TV**



YOU GET A 4-PIECE SET

- 2 DURABLE 24" FLEXIBLE HEAD DUSTERS
- 1 MINI DUSTER
- 1 36" TELESCOPIC HANDLE

Imagine! The joy of having a clean, dust-free home or office in just minutes. It's easy-to-do with these static electric dusters. You see, the Miracle Dusters have a harmless static electric charge that instantly attracts pollen and dust to the fibers on the brush where they stay until you rinse them clean. Flexible heads allow you to easily clean those hard-to-get areas. Venetian Blinds become spotless in a jiffy. Ideal for those difficult corners, tight spaces, delicate collectibles, as well as your furniture. Easily bends to safely clean under your sofa or cabinets. Telescopic handle makes it an effortless job. No hassle. No bother. Saves you time. Can be used over and over again.

LAKESIDE PRODUCTS, Dept. M845
3038 N. W. 25 Avenue, Pompano Beach, FL 33069
30 Day Money Back Guarantee

- ☐ One 4-Piece Miracle Duster set only \$9.95 plus \$4.00 shipping and handling.
- ☐ Two Miracle Duster sets only \$18.95 plus \$6.00 shipping.

Name _____
Address _____
City _____
State _____ Zip _____

GOING LIVE

Continued from page 34

managers manipulating the campaigns of their candidates and the spin reporting and photo opportunities. The photo op with television has become the nature of the report. There are very few serious discussions of the issues on daily television broadcasts. The sound bites of the candidates in this last (presidential) election averaged something like nine seconds. Well, that's ridiculous. You can't have a complete sentence with a noun, verb, adjective and adverb in nine seconds. Relying on sound bites is no way to conduct a political campaign. We are dealing in personalities rather than issues.

Q. During the late 1960s, Robert F. Kennedy asked you to consider running for the Senate. Did you ever seriously consider that proposal or any other proposal to seek political office?

A. Never seriously at all. I didn't believe in it then, and I don't now, that any person who makes their fame with news dissemination on television should cash in on it in a political sense. To do so would indicate to the public that I, perhaps all news anchors, are shady and using their position to shape a personal political agenda. That would be a heavy burden for any anchorperson to carry.

Q. You were critical of the restricted access imposed on the media during military operations in Grenada and Panama. You said censorship should only come into play when dealing with strategy, tactics and so forth. Do you believe that cameras should be on the front lines?

A. I believe that cameras should definitely be on the front lines, but they shouldn't be transmitting live. I believe in military censorship in times of war only. I am very much against any kind of civilian censorship. But in a wartime situation, obviously, it seems to me that you must keep secret the movement of your troops, the size of your forces, the losses you are taking, the equipment you are committing to battle. These things are necessary military secrets.

But at the same time we must permit the free press to record what is going on behind our lines, and what is going on in our front lines for eventual release so as to not endanger military operations. It doesn't matter much

whether it is released today, tomorrow or a week or month later—perhaps even longer if necessary. They are a part of our history and they belong to us, the American people. They do not belong to the military. But we have to acknowledge the need for military censorship. And I doubt very seriously that my colleagues at the head of network news departments who plead to have the right to have live cameras on the battlefield are right. I think they are wrong. We should have cameras there to record the scene and get it released as soon as possible. That's the way it worked in World War II, and it was quite successful.

Q. How does our changing culture shape the way the news is reported?

A. Well, as the culture changes it is a part of the media's duty to report on those changes. The cultural changes are a very subtle thing, and we don't know whether a fad is an actual cultural change or just that, a fad. We have seen some startling changes in popular literature in the last few years in the use of profanity and the freedom that writers have and feel they need. This is a major cultural change that has crept up on us. It is hard to report because it doesn't have a beginning or an end. It occurs by osmosis, and that is very difficult to report.

Q. For years and even to this day, some media experts contend that print journalism is doomed, that one day in the future we will get all of our information from electronic sources rather than print. Do you agree?

A. I think as a member of the generation that depended mostly on print, I find it very hard to believe that the electronic media, even including the printed forum on your computer that the Internet provides, would be adequate.

But that way of thinking might be old-fashioned. I think anybody who predicts the public would be desperately less informed if newspapers disappeared is probably making a dangerous prediction.

Q. While at CBS, you worked on an ongoing series called, *Can the World Be Saved?* You say you are most proud of this series. Do you think the series had any impact on the environmental movement and raising public awareness about pollution and other threats?

A. We were on the cutting edge of the whole decade of the environment. We at *CBS Evening News* picked up

fairly soon the whole tenor of what would become the movement and cause all of us to think about the need to clean up our environment so that other species might continue to exist. That all came to us there in the 1960s, following publication of Rachel Carson's *Silent Spring*. I am proud to say that I think we were the first major news organization to pick up on it with a regular series.

The series was regular for three-to-four years. The frequency of the pieces we did diminished over the years, but we were doing them until my retirement in 1981.

Q. At the end of your newscasts, you signed off with the line, "And that's the way it is." Did you coin this phrase?

A. Yes. When we went to a half-hour evening news broadcast, I had the concept that I would be able to end the news with a little 20-second feature story, the kind that I always enjoyed so much producing for the United Press. The irony of fate story, the little two-paragraph item like the "man bites dog" kind of story. I thought I would have time for those, and I thought if I have time for those then I might as well have a kind of a sign-off line.

I was aware of the fact that so many broadcasters had sign-off lines by which they became famous: Lowell Thomas was "So long until tomorrow," Edward R. Murrow's "Good night and good luck"—that sort of thing. So I thought "Why shouldn't I have one?" And I tried to find one that would work with any type of feature story, whether it be tragic or sad or funny or what. I thought "That's the way it is" would work. I could say it almost any way: "That's the way it is," in a quizzical fashion for some strange story, or sadly as "That's the way it is" with too much pathos, so I just developed it and I used it.

Dick Salant, who was the president for CBS at the time, was a stickler for standards and form, and he thought it was terrible. He tried to talk me out of it, but the old stubborn Dutchman that I am stood firm. Well, by the time we argued it out the line had already become popular. Within a few weeks, it seemed that people were using it.

Q. Following your quadruple bypass surgery in March, how is your health today?

A. I'm doing just fine, thank you for asking. I just came back from the tennis court [for this interview]. And I'm going back to the tennis court later this afternoon. □

Finally, An End to the EMBARRASSMENT Caused by Incontinence Problems!

You can receive complete comfort with 24 hour protection from poor bladder control causes by stress or prostate problems. No longer suffer embarrassment, loss of mobility and freedom to go anywhere you want, any time day or night.

These extremely comfortable and washable undergarments were developed for men and women who want to regain their freedom and avoid expensive, ill-fitting, uncomfortable disposables.

The Comfort and Dignity of Quality Underwear PLUS the Security and Protection of a Disposable

Our briefs and panties look just like regular underwear... but they have been designed to prevent embarrassing wet spots, eliminate skin irritations and are odor-free. The built-in, front to back panel provides a soft, dry barrier of protection while it absorbs up to 2 oz. of leakage. No bulky, irritating, expensive disposable pads are needed.

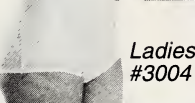
Briefs and panties are made in USA with only quality fabrics. They hold their shape even after countless washings. No loops, snaps, straps, tape etc. Machine wash and dry. All orders shipped FIRST CLASS MAIL in discreet packaging. Satisfaction guaranteed or return unopened garments for a full refund of purchase price (less P&H). **Please state quantity, size, mens or ladies when ordering.**

the Freedom You Desire, the Protection You Need!

Mens
#3002



Ladies
#3004



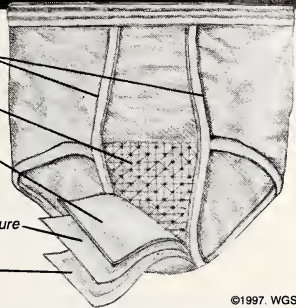
fully
functional
fly, 2 sides

stay
dri
mesh liner

absorbant
odor-free
layer

micro-thin
barrier layer
blocks moisture

finest
quality
fabric



©1997, WGS!

THE WILLOWS, Dept. MLP-160

179 Post Road West, Westport CT 06880

I Want My Mobility and Freedom Back!

Mens #3002 and Ladies #3004

- ☐ 2 pairs only \$26.95 plus \$3. post & handl
☐ 4 pairs only \$49.95 plus \$5. post & handl
☐ 6 pairs only \$74.95 plus \$6. post & handl
☐ **SAVE! 12 pairs \$150.00 (includes P&H)**

Mens: Small (30-32) Medium (34-36)

Large (38-40) X-Large (42-44)

Ladies: Size 6 (37-39) Size 9 (46-48)

Size 7 (40-42) Size 10 (49-51)

Size 8 (43-45)

Send Qty Mens #3002 - Size

Send Qty Ladies #3004 - Size

Enclosed is check/M.O. for \$

Charge my: ☐ VISA ☐ MasterCard ☐ Discover

Acct Exp

Signature

Name

Address

City

State Zip

Telephone ()

DEAD VERMIN IN TRAPS ARE DISGUSTING! ULTRASONIC PEST REPELLER GUARANTEED TO REPEL MICE, RATS, SQUIRRELS, BATS!

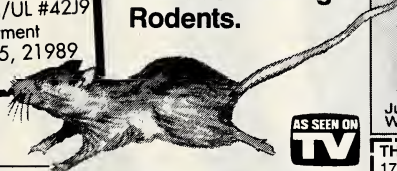
- One unit protects up to 500 sq. ft.
- Costs less than 1¢ a day to operate
- Not hazardous to your health like sprays, bombs and poisons
- U.S. EPA EST #47260-NV-01/UL #4219
- Canadian Agriculture Department PCP Reg. ACT #9674, 21465, 21989
- Service life - 7 to 10 years

Protect Yourself, Family and Home!

Our Products Are Used By:

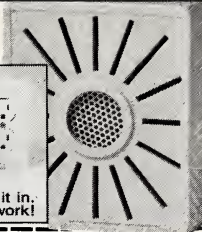
- Army Corps of Engineers
- Bureau of Forestry
- Dept. of Nat'l. Resources, State & Nat'l. Park Services, Interior Dept.
- U.S. Fish and Wildlife Service
- Department of Transportation
- Schools, Churches, Restaurants
- Historical Preservation Society
- National Collegiate Athletic Assoc.
- Health/Nursing Homes, Day Care
- Rural Electric, Telephone, TV Cos.

The Safe Non-toxic, Easy Way to Repel Disease Bearing Rodents.



AS SEEN ON
TV

Just plug it in.
Watch it work!



NO DANGEROUS POISONS NEEDED

Our unit is unmatched by any competitor. Its powerful sound levels (140+db) easily exceed competitive models by 50 times or more. This is the "proven effective" pest repeller and not a "cheap" imitation. Mfg. by a Nat'l Pest Control Assn. member. Engineered and tested in USA. Over 1,000,000 units in use from coast-to-coast, from Attorneys' offices to Fast Food restaurants. Makes no audible sound—harmless to people, dogs, cats, fish, birds. Will not interfere with TV, radio, computers or electronic equipment. **No chemicals, poisons, insecticides or fumes.** The small size allows for convenient and unobtrusive placement. No maintenance. Guaranteed to work or return for a full refund (less P&H). Includes a 3 year warranty. Meets all E.P.A. guidelines. (Ideal for vacation home, out buildings, storage sheds, workshops—any place plagued by pests.

©1995, WGS!

THE WILLOWS, Dept. PR-474

179 Post Rd West, Westport CT 06880

Please RUSH me by FIRST CLASS MAIL the Ultrasonic Pest Repellers ordered below:

- ☐ ONE unit only \$19.95 plus \$3. postage & handling
☐ TWO units only \$35.95 plus \$4. postage & handling
☐ **SAVE \$35.75! FIVE units only \$75.00 (includes P&H)**

Enclosed is check/money order for \$

Charge my: ☐ VISA ☐ MasterCard

Acct# Exp Date

Signature

Name

Address

City Apt

State Zip

CREDIT CARD ORDERS 1-800-770-1155

QUIET HEROES

Volunteers roll up their sleeves to help their neighbors in a variety of ways. This selfless service is what makes America unique among nations.

By Elizabeth Hanford Dole



THROUGHOUT my life in public service, I have had the opportunity to see firsthand the good work done by volunteers. As Secretary of Transportation and as Secretary of Labor, I saw overwhelming examples of people volunteering to help others in need. These volunteers give us reasons to believe in humanity. They unselfishly give of themselves to help their

neighbors, friends and, many times, strangers.

I became president of the American Red Cross six years ago, and I cannot tell you how many times since people have approached me to say how a Red Cross volunteer changed their lives—how food, shelter and caring restored hope to victims of disaster in dire times; or how blood from a volunteer donor—or the CPR training taught by a volunteer—saved a loved one.

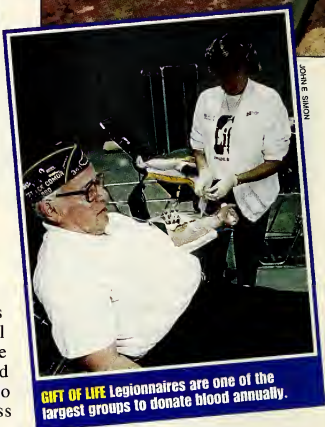
When TWA Flight 800 exploded off

Elizabeth Hanford Dole is president of the American Red Cross in Washington, D.C. She's a former U.S. secretary of both Transportation and Labor.

the coast of Long Island, Red Cross volunteers raced to the TWA terminal as rapidly as friends and family of the passengers. And as the Coast Guard and police launched rescue boats into the pitch-dark sea, more Red Cross workers rushed to the recovery site. The Red Cross disaster operation that began that night stretched over 27 days and embraced the loved ones of the 230 crash victims and recovery personnel. In all, 478 mental-health professionals volunteered their time and counseled the grief-stricken families of victims as well as military, fire and police recovery workers, coroner's staff and airline personnel.

And in April, when the Red River

spilled from its banks and flooded communities in North Dakota and Minnesota, our people were immediately on the scene. Our volunteers provided meals to victims and relief workers, coordinated temporary housing for evacuees and counseled families whose lives had been dramatically altered. I personally witnessed the devastation wrought by this disaster and met with many of the evacuees at a



JOHN E. SMITH



AFTERMATH
Dole tours a
tornado-ravaged
area of Southwest
Little Rock,
Arkansas. Red
Cross volunteers
were at the scene
to provide relief
to victims.

temporary housing center set up at Grand Forks Air Force Base.

The Gift of Life

In this past year alone, 4 million people voluntarily took an hour out of their busy schedules to donate blood—for someone they likely will never know. Connie Sessoms Jr., who operates a trucking business in Charlotte, North Carolina, is one of those regular donors. He participates in a relatively new Red Cross program designed to closely match donors with people who need blood regularly due to an ongoing illness. Sessoms, an African American, is paired with an African-American child who needs a pint of blood every two weeks to control her sickle-cell anemia, a disease more common among people of African descent. His and the child's blood match so closely that she builds little resistance to Sessoms' blood, and the transfusions last longer. To ensure an adequate blood supply for this young patient, Sessoms and another closely matched donor donate every 56 days. Although it is not always convenient, Sessoms says it is

You Can Make a Difference

IN A world devoid of volunteers, a child camps alone in the woods, a victim of spousal abuse has no one to call, and a disabled elderly man listens to his stomach growl as he peers into an empty pantry.

Luckily, our collective conscience will not allow an untrained child to trek solo into the forest, tolerate an abused spouse having no recourse nor acquiesce to a home-bound senior citizen starving. An increasing civic sense of obligation to the less fortunate has led to the creation of dozens of earnest organizations whose bottom line is people. These "Fortune 500" companies are not listed on Wall Street. They're operating near or in your hometown, and they need people like you to carry out their work.

So whether you're skilled at tying a bowline knot, counseling, fundraising or just have the time to help others, here is a list of volunteer organizations awaiting your call:

The Salvation Army was founded in 1865 by William Booth. This international organization is present in more than 100 countries with 140,000 centers providing social, medical, educational and other community services. Call or write: The Salvation Army, 615 Slaters Lane, P.O. Box 269, Alexandria, VA 22313; (703)

Please turn to page 82



THIS NEW HOUSE Former President Jimmy Carter and his wife, Rosalynn, help build homes for low-income citizens.

684-5500; or check your phone book for the center in your area.

Habitat for Humanity's founder, Millard Fuller, received a major publicity boost when Jimmy and Rosalynn Carter joined his organization. President Carter noted that the feeling was reciprocal: "I get a lot more recognition for building houses in partnership with people than I ever got for the Camp David Accord...." Volunteers build houses for the poor, and the recipients work side-by-side with them to construct their new residence. For more information, call or write them at: 121 Habitat Street, Americus, GA 31709-3498; (912) 924-6935.

Meals on Wheels provides meals for those who are unable to leave their homes. Volunteers deliver hot meals, but just as important, provide homebound individuals a link to the outside world. Drivers can deliver food once a week, every other week, or once a month. To volunteer contact: The National Association of Meals Program, 1414 Prince Street, Suite 202, Alexandria, VA 22314; (703) 548-5558; or call the Meals on Wheels office in your neighborhood.

YMCA/YWCA seeks to build strong kids, strong families and strong communities. There are 2,100 locations around the country serving 14.8 million members. Ys offer a multitude of sports, teen clubs, tutor-

ing, after-school programs, substance abuse classes and, at many locations, a place to live. Call or write to: YMCA of the USA, 101 N. Wacker Drive, Chicago, IL 60606; (800) USA-YMCA; or call your neighborhood Y.

Shriners Hospitals for Crippled Children provides free medical care to children with orthopedic problems, spinal cord injuries or serious burns at 22 locations (19 hospitals, three burn units) around the country. Admission to the hospital is based on medical and financial need, as well as age (infancy to 18). The program is supported in part by The Shrine of North America. For more information: International Shrine Headquarters, 2900 Rocky Point Drive, Tampa, FL 33607-1435; (813) 281-0300.

Boy Scouts of America has instilled the value of "do a good turn daily" into many of America's youth. Scouting uses the lure of outdoor adventure to teach its members virtues and build their confidence and self-esteem. Young women can participate in the coed program of Exploring. For more information, call or write: Boy Scouts of America, 1325 Walnut Hill Lane, P.O. Box 15079, Irving, TX 75015-2079; (972) 580-2000 or call the Boy Scout Council office in your area.

VA Voluntary Service is the

Please turn to page 104

more than worth it to know that he is helping.

Reserve of Talents

Red Cross volunteers come from all walks of life. They're all ages. They all have something special to offer. And they come to the Red Cross for one reason: to serve their neighbors locally, nationally and globally. Sead Bekric came to the United States in 1993 from Bosnia after suffering serious injuries in a mortar attack on his school in Srebrenica.

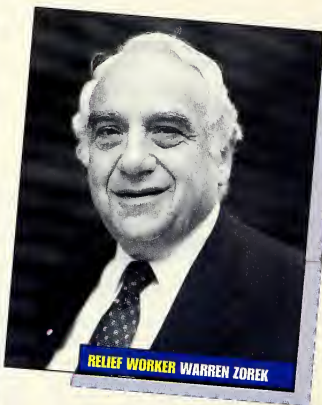
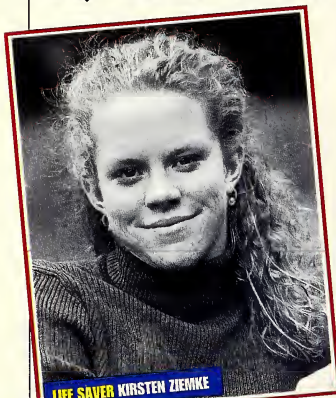
Sead, now 19, volunteers at the Orange County Chapter in Santa Ana, California, for the youth services and international services programs. He has personal experience with the international tracing program, which helps people locate their families during conflict and disaster situations. Some members of his family were traced through this program, though he's still searching for his father.

Aaron Smith of our Lakeland Chapter in Wisconsin is 18. Aaron, an Eagle Scout, for the last two years has volunteered 20 hours weekly as an emergency communications technician for Armed Forces Emergency Services. The Red Cross processes 4,000 emergency communications every day between Americans and their family members in the armed forces. Aaron also instructs the Red Cross Basic Aid Training course, which introduces children in fourth grade to safety information and first-aid procedures for breathing difficulties, bleeding, poisoning, burns, shock and other emergencies. In June 1996, he was recognized for his community service and chosen to carry the Olympic torch through Milwaukee.

Toward the other end of the age spectrum is Warren Zorek whose fond memories of the Red Cross date to his childhood during World War II. The organization provided the only means for him to correspond with his parents just before they were sent to a German concentration camp. Zorek was sent to England by his parents before they were imprisoned, but the rest of his family, immediate and extended, perished in the Holocaust. Zorek says this influenced him to help others in need and led to his 39-year commitment to the Red Cross as a volunteer. As the Red Cross Volunteer Disaster Chairman of Metropolitan New York, he can attest that the Red Cross responds to an

Please turn to page 105

Q U I E T



H E R O E S

The Best Vitamin Values Around
from PURITAN'S PRIDE®

89¢ **ACT NOW!**
THIS SALE ENDS 2/28/98
Vitamin Sale

Save • UP TO 90%* • Mix or match any 6 items at 89¢ each. Less than 6 items, priced as marked. (LIMIT: 2 Pieces Per Product.)
*OFF OUR REGULAR RETAIL PRICES

Chelated CAL-MAG

Each Tablet Contains 500 mg. Calcium & 250 mg. Magnesium

60 TABS #4081
~~\$5.99~~ **89¢**

MELATONIN 3 mg.

It's in the News!
You've Read About It!
You've Seen It On Television!
We Have It!

30 TABS #7907
~~\$3.97~~ **89¢**

Vitamin B-12 500 mcg.

This high potency formula helps power your system with this essential B-Complex factor.

100 TABS #1370
~~\$6.40~~ **89¢**

Selenium 50 mcg. Tablets

One of nature's greatest protector minerals.

100 TABS #2120
~~\$4.50~~ **89¢**

Retinol Cream VITAMIN A 100,000 I.U. Per Jar

For Younger Looking Skin

2 oz. #5510
~~\$9.95~~ **89¢**

ODOR FREE GARLIC TABLETS

You get the complete benefits without the offensive odor or taste.

100 TABS #6601
~~\$9.95~~ **89¢**

Evening Primrose Oil 500 mg.

Contains 365 mg. cis-linoleic acid and 45 mg. gamma linolenic acid.

30 SOFTGELS #3630
~~\$6.95~~ **89¢**

Cranberry Softgels

with Vitamin C 100 mg.
Helps maintain the normal acid balance of the healthy urinary system

50 SOFTGELS #4361
~~\$3.45~~ **89¢**

Vitamin E Moisturizing Cream

Pamper and nourish dry skin with this truly concentrated vitamin E moisturizing cream. No harmful additives. Fragrance Free.

2 Oz. Jar #610
~~\$4.95~~ **89¢**

Ultra Lecithin 1200 mg. Capsules

Rich in choline, inositol and phosphorus.

50 CAPS #301
~~\$3.05~~ **89¢**

NATURAL Vitamin E-400 I.U. d-alpha tocopheryl

The finest quality natural Vitamin E you can buy at a fantastic low, low price.

60 CAPS #541
~~\$6.90~~ **89¢**

FOR FASTEST SERVICE CALL TOLL FREE 1-800-645-1030

We stand behind every product with our money back guarantee.

Vitamin B-6 50 mg.

Aids in normal function of the nervous system and helps protect red blood cells.

100 TABS #1160
~~\$3.95~~ **89¢**

Potassium 99 mg.

You need it every day to help maintain fluid levels.

100 TABS #1110
~~\$3.30~~ **89¢**

ACT NOW!

OFFER EXPIRES Feb. 28, 1998

ONE ORDER PER HOUSEHOLD

NATURAL Vitamin C-500 mg. with Rose Hips

An important protector vitamin.

60 TABS #434
~~\$3.69~~ **89¢**

DHEA 25 mg.

One of the most exciting new supplement tests of the 90's

30 TABS #3420
~~\$5.59~~ **89¢**

Manchurian Ginseng™ 500 mg.

One of the oldest and most highly regarded herbs.

30 TABS #3114
~~\$5.18~~ **89¢**

NATURAL Swiss ELASTIN Firming Cream

Nourish Dry Skin

2 oz. #2080
~~\$7.95~~ **89¢**

VITA-MIN™ Multi-Vitamin/Mineral

A good place to start your nutritional protection program. Includes 56 natural ingredients.

60 TABS #321
~~\$3.66~~ **89¢**

Ginkgo Biloba 30 mg.

The oldest living tree species which has been used as a nutritional supplement in West Germany and France.

30 TABS #5631
~~\$9.45~~ **89¢**

B-50®

Balanced Super Potency B-Complex Vitamin Provides all 11 B-Complex factors in the 50 mg. range for powerful B-nutrition protection.

30 TABS #584
~~\$3.30~~ **89¢**

NATURAL Vitamin E Lotion

The all-over body moisturizer leaves even the driest skin smooth all over. Concentrated with protective Vitamin E.

4 oz. #3210
~~\$4.45~~ **89¢**

Chromium Picolinate 200 mcg

Provides optimum effectiveness as a dietary supplement for the essential trace nutrient chromium.

50 TABS #6394
~~\$4.25~~ **89¢**

Beta-Carotene (Provitamin A) 10,000 I.U.

Nature's Safest source of Vitamin A.

100 SOFTGELS #1520
~~\$4.80~~ **89¢**

ECHINACEA

Echinacea is a popular native American herb.

30 CAPS #5637
~~\$3.19~~ **89¢**

QUICK DISSOLVING NATURAL Oyster Calcium

Nature's rich source of calcium. This balanced formula provides 750 mg. calcium plus 1600 I.U. Vitamin A and 400 I.U. of Vitamin D in just two tablets.

100 TABS #3030
~~\$4.35~~ **89¢**

Co Q 10 10 mg.

Plays a role in the body's production of adenosine triphosphate, the basic energy component of the cell.

15 SOFTGELS #4714
~~\$3.95~~ **89¢**

Vitamin for the Hair

A natural vitamin/mineral complex, especially formulated for your hair.

30 TABS #2101
~~\$4.55~~ **89¢**

Mix or match any 6 items at 89¢ each. Less than 6 items priced as marked. (LIMIT: 2 pieces per product.)

PURITAN'S PRIDE
Dept. EAL98G
1233 Montauk Highway
P.O. Box 9001
Oakdale, NY 11769-9001

NAME _____
ADDRESS _____ APT. # _____
CITY _____

STATE _____ ZIP _____

PRODUCT NAME	PROD. NO.	QTY	PRICE	TOTAL

N.Y. residents add appropriate tax on cosmetics only. POSTAGE 1.50
TOTAL Amount Enclosed

Please make check or money order (No COD's payable to Puritan's Pride or Charge Your VISA ☐ MasterCard ☐ Discover ☐ Amex ☐

Expires _____ / _____ SIGNATURE _____
Mo. Yr.

ONE ORDER PER HOUSEHOLD. NOT AVAILABLE IN ANY STORE.
© Puritan's Pride, 1997



Harvesters

***America's
farmers go
against the
grain of
logic and
global
agriculture.
Yet, this
small group
feeds most
of the world.***

By Jeff Swiatek

HOW does American agriculture do it? How does 2 percent of our population manage to feed the rest of us, at a cost cheaper than any other nation? How do our leftovers also supply 70 percent of the world's traded corn and soybeans, plus generous portions of other vital farm goods needed by foreign buyers to feed their own people?

And how is it that American farmers, toiling at the most primitive of trades, have chalked up sevenfold productivity gains since World War II, a rate far better than nonfarm labor?



THE GOOD EARTH
Good soil,
temperate climates
and generous
rainfall in the
Midwest supply
the world's
constant need for
corn, soybeans
and wheat.

of Hope



These are questions I run up against as an agriculture reporter in the Corn Belt city of Indianapolis, where farmfields lap up to outlying suburbs and much of the urban sprawl, from shopping malls to the Indianapolis Motor Speedway, sits atop old farms. Explaining America's agricultural might involves delving into reasons tangible and intangible. The answers go a long way toward telling a great American success story.

Let's start with three quite tangible reasons the United States is a food basket for the world: land, stuff and people.

Take the land first. From coast to coast, America's land is unequalled for farming. Smack in the middle of the country sits the largest area in the world sporting level ground, good soils, temperate climate and generous rain.

The Midwest supplies the nation's—

and much of the world's—yearly needs for the staples of corn, soybeans, wheat and hogs. And not only are Midwestern conditions right for growing grain, but the region couldn't be better situated. The Mississippi River and its tributaries and the adjacent Great Lakes allow the grain to flow out and inputs like fertilizer to flow in.

The rest of the country's farmland represents side dishes to the main course. The South handles warm-weather crops, such as cotton, rice, peanuts and citrus fruit. The West contains vast rangelands for cheaply raising cattle and other livestock. And California, with the help of irrigation, has turned its interior into the nation's salad bar, supplying vegetables, fruits and nuts with a nearly year-round growing season.

Take this bountiful land and add a century or two of laboriously built-up

infrastructure—all of the structural stuff that any industry needs to function. Consider some of it:

- A transportation system, from the simple Mason jar (invented in 1858 and still a canning staple) to modern river barges, which can hold the output of 400 acres of corn and float a load from Louisville to New Orleans in two weeks.
- A storage system, from country elevators that dot much of the nation like gas stations, to hulking, portside grain terminals.
- A financial system, from small

Jeff Swiatek is an agriculture reporter for The Indianapolis Star and The Indianapolis News. He resides in Indianapolis, Indiana, with his wife, two sons and a small, but productive, vegetable patch.



HOME GROWN
Indiana farmer
Ronnie Mohr
believes farming
is one job in which
the whole family
can be involved.

Harvesters of Hope

rural banks to big institutional lenders, supplying the billions of dollars needed by a capital-intensive business, where a tractor costs as much as a new three-bedroom house.

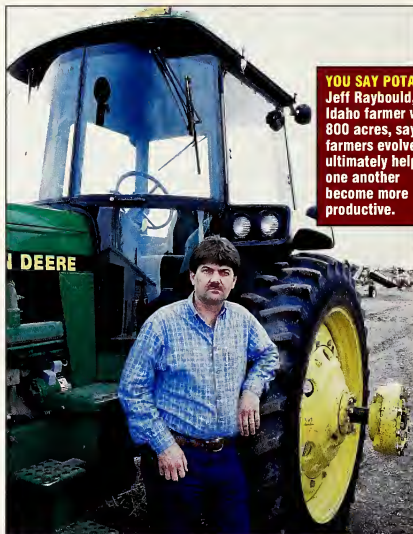
- A pricing system, from the Chicago Board of Trade to the smallest feedlot, that gives ready, worldwide markets to commodities from soybean oil to pork bellies.

This infrastructure for agricultural products is a "true miracle," says R.L. Kohls, retired dean of agriculture at Purdue University. "The coordination of all of these businesses needed to produce and distribute all the food and fiber products into the hands of consumers is the achievement of our economic system."

Then there are the people who produce the food—namely, farm families. In America, unlike many other nations, families have proven the naturally best way to farm. I have watched visitors from Russia tour Midwestern grain farms and stand amazed that one family can till more than 1,000 acres, own a barn-full of equipment and live in a house handed down from sev-

eral generations of family who did the same thing before them.

Well over 90 percent of U.S. farms are family operations, a figure that has hardly budged in decades despite an impression that corporate farming is taking over.



YOU SAY POTATO
Jeff Raybould, an
Idaho farmer with
800 acres, says
farmers evolve and
ultimately help
one another
become more
productive.

In fact, writes Ohio author and farmer Gene Logsdon in his 1994 book, *At Nature's Pace*, American families are as attracted to farming as ever. "The family farm is not dead and... Far from continuing to decrease, farms and farmers are on the increase. The real action (in American farming) is going to occur in the comparatively small-scale food production systems now sprouting up everywhere."

To gain a few more thoughts about family farmers, I called one. Ronnie Mohr is an Indianapolis-area farmer whose grain and hog farm I once wrote about over the course of an entire growing season. He was reached by telephone in Florida, mixing business with pleasure while his two boys tended the farm in the off-season. The boys and a daughter all live within a half-mile of Ronnie and his wife, Sarah.

"Farming," says Mohr, "is one place where you can still have a family business. You have fairly high-skilled people willing to work long, long hours at a reasonable risk, and the reward is not all monetary."

It's worth noting that Mohr sees no lack of interest by people who want to live off the land. "There's all sorts of guys who grew up on the edge of farming who would give their souls, basically, to get into farming."

So the answers are falling into place. But the land and people and the stuff needed to make agriculture work are just the obvious explanations.

It's time to talk about the three intangibles that make American agriculture thrive. For starters, there's that good old spirit of cooperation.

Agriculture in America was built on sharing—from tools to labor to know-how. Early on, this cooperation got the forests cleared and roads built. Today, cooperation among those in agriculture arguably runs stronger than in any other industry.

Cooperatives, which rose in popularity in the 1930s, still account for much of the seed, feed, fertilizer and fuel bought and sold off U.S. farms.

And they're growing, especially in the Upper Midwest, where billions of dollars of agricultural co-op projects have been built in the 1990s, from a

Please turn to page 113

HALF PRICE SALE!

**Ten Of the Most Hilarious
Episodes Ever Seen On TV
Now Available On Video!**

THE AMOS 'N ANDY SHOW

**only
\$9.98
EACH
VOLUME**

**Now...
On Video Tape
To Enjoy
In Your Own Home!**

America's All Time Funniest TV Series Now Available On Video!

Now you can own ten side splitting episodes from the all time greatest comedy show series ever seen on TV in five great volumes – Amos 'N Andy!

Yes! – These are the very shows that had us holding our sides, falling off the couch in hysterical laughter. Millions of people the world over thrilled to the antics of this magnificent ensemble of performers on a series that originated in the hey-day of radio and moved easily right into our hearts on TV.

You will never forget the blustering, deal making Kingfish

played by Spencer Williams, with Tim Moore as his loyal friend and side kick Andy and Ernestine Wade as the faithful wife Saphire and the other characters of the Mystic Knights Of The Sea.

The series was a revolutionary breakthrough for Black actors of the time. Now, your whole family can enjoy the comic antics of these great comic masters in your own home on top quality video tape. And – at this special low price, too. Don't miss out – order your videos today!

VOLUME #1

Hospitalization • The Boarder

VOLUME #2

Kingfish Drafted • Telegram

VOLUME #3

Society • Father By Proxy

VOLUME #4

Viva La France • Relatives

VOLUME #5

The Happy Stevens • The Diner

**Save! Get All Volumes
For Only \$36.98!**

THIS OFFER WILL NOT BE REPEATED

Hurry, order now to get prompt delivery of our first edition run. All videos are produced on state-of-the-art equipment and the quality of these authentic Amos 'N Andy videos is excellent. You must be thrilled and delighted with these historic collections or return the tapes for a full refund of purchase price (less P&H).

**COLLECTOR'S EDITION
NOT AVAILABLE
IN STORES**

RISK FREE OFFER

**MAIL TO: VIDEO BARGAINS • Dept. AAS-61
One Eversley Ave. • Norwalk, CT 06851-5844**

Please send me the following vintage Amos 'N Andy videos at the sensational price of only \$9.98 each; or even less on multiple purchases. I must be delighted or money back (less P&H)

- ☐ Volume 1 only \$9.98 plus \$3.00 S&H.
☐ Volumes 1 and 2 only \$18.98 plus \$3.00 S&H.
☐ Volumes 1, 2 and 3 only \$27.98 plus \$3.50 S&H.
☐ Volumes 1, 2, 3 and 4 only \$36.98 plus \$4.00 S&H.
☐ **SAVE BIG!** All FIVE videos only \$39.98 plus \$5.00 S&H.

Enclosed is a check/money order in the amount of: _____

Charge it to my: ☐ VISA ☐ MASTERCARD ☐ DISCOVER

Account Number: _____

Name _____

Address _____ Apt. _____

City _____ State _____ Zip _____

Telephone: (Day) _____ Evening _____

HEALTHY HORIZONS

Continued from page 68

take to deal with our concerns about the high cost of medical care not destroy the finest health system in the world. It is important to deliver medical diagnosis and treatment at the lowest possible cost. But we must not let our infatuation with managed-care organizations—using the profit motive to make treatment more efficient, downsizing corporations and cutting federal and state budgets—destroy what is good in American health care. For at its best, medical treatment in the United States has no peer.

Managed-care plans are double-edged swords. The smooth edge can cut costs in the delivery of treatment. But the jagged edge can increase bureaucracy and tear at quality, trust and the human touch that have been the defining marks of American health care. Due largely to managed care, in 1997 Americans will spend \$200 billion for the paperwork of submitting, reviewing, approving, billing and paying claims. Doctors and nurses must now be masters of the universe of bu-

reaucratic haggling and manipulation as well as masters of medicine.

The pressure for efficiency also leaves physicians little time to talk to patients. If a managed-care physician has 15 minutes to see a patient, what happens at the end of an exam when the patient says to him that her husband is beating her or someone tells him that he's impotent. Medical advice at that point does not fit into a few minutes. We should insist that in the quest for efficiency, we pay doctors for the time they spend talking to patients.

Patients, doctors, employers and insurers can all take steps to avert the danger of a decline of quality and trust between doctors and patients. If your doctor doesn't have time to talk to you, fire him and get one who will. Doctors should resist attempts to put profits above patients and efforts to interfere with the doctor-patient relationship or the exercise of their best medical judgment. Employers should provide avenues through which their employees and retirees can complain about reductions in quality of care.

As citizens, we should also keep close tabs on the politicians who want to cut investments in basic biomedical research and support for medical education. We didn't get so many of our

best minds into research on cardiovascular disease, cancer, arthritis and AIDS by waving a magic wand. They were attracted by the national, bipartisan commitment to support basic biomedical research and our willingness to recognize the importance of providing reasonable profits to pharmaceutical companies to encourage their investment in applied research to produce, distribute and educate the medical professions about miracle drugs, diagnostic procedures and medical devices.

We should recognize that Medicare is a phenomenal success at providing health care to elderly Americans. There

**Medicine is a sacred
ministry, not an industry.
Touching will always
be a part of healing.**

is room for improvement and efficiencies. We can take steps to encourage older Americans to take better care of themselves. For example, Medicare provides free flu vaccinations. Less than 40 percent of eligible individuals take advantage of this Medicare benefit. Why not require those who become ill because they failed to get a flu shot pay the medical expenses for their treatment? Since Medicare beneficiaries who smoke need more medical care than those who don't, why not charge the smokers higher premiums? It might encourage them to quit. It makes more sense to take actions to encourage the elderly to take better care of themselves than to cut the benefits available to them when they get sick.

Most importantly, let each of us insist that our politicians, corporate executives and for-profit health companies accept and act on these fundamental truths: Medicine is a sacred ministry, not an industry. Touching will always be a part of healing. The highest calling of doctors and nurses is to protect and preserve life, heal the sick and comfort the dying. Each of us has a responsibility to pursue healthy lifestyles. If all the actors in the system of American health care live by these basic values, then we can be certain that our grandchildren will live in a nation whose medical treatment remains the envy of the rest of the world. ☐

Special Offer for New Customers!



Liberty Nickel
of 1883-1913



Indian Head Penny
of 1859-1909



Buffalo Nickel
of 1913-1938

Now! Get 3 Scarce Seldom-Seen Coins

Three seldom-seen coins from America's past are yours for only \$5.00. Own a historic Liberty Nickel, Indian Head Penny & Buffalo Nickel. All are genuine classic coins and are now entirely out of circulation. Clip the coupon and send it with your payment today! You'll also receive our fully illustrated catalog, plus other fasci-

**NOW ONLY
\$5.00**

nating selections from our Free Examination Coins-on-Approval service, from which you may purchase any or none — return balance in 15 days — with option to cancel at any time. **Satisfaction guaranteed or your money back. ACT NOW** — order your set of 3 Scarce Classic Coins today! (Limit 1 set per customer, please.)

☐ **YES!**

Please send my 3 scarce classic coins in Good condition, at the special price of \$5.00. Limit 1 set. **Regularly \$12.20* — Now only \$5.00**

**Save
\$7.20**

Send coupon with payment to:

**Littleton
Coin Company**
Dept. KND105
Littleton, NH 03661

Mr/Mrs/Ms _____

Address _____

City _____

State _____ Zip _____

45-Day Money Back Guarantee of Satisfaction

Lovely Hand-painted

♪ Musical ♪

Cherub Cuckoo Clock

will delight every member of the family!

Angels Serenade You with One of 12 Songs Every Hour!

15" High!

Songs Include:

- "Twinkle Twinkle Little Star"
 - "Oh! My Darling"
 - "Cuckoo Waltz"
 - "Home on the Range"
- and many other favorites!

ONLY

\$19⁹⁵

© 1997 Carol Wright Gifts, 340 Applecreek Road, Lincoln, NE 68544-8512

Questions? Call CUSTOMER SERVICE 402-474-2161

You'll have the time of your life keeping time with our musical

Cherub Cuckoo Clock!

Six lovingly hand-painted cherubs against a backdrop of pink roses, white doves and antique gold-tone trim will win your heart. 15" in height with accurate quartz movement, this charming clock will accent any wall in your home. Crafted in cold cast polystone.

A lovely gift for any occasion; Birthdays, Anniversaries, Engagements and Weddings!

ORDER BY PHONE!
(402) 474-1377

Mon-Fri. 7am-12am,
Sat. 7am-4pm CST

CAROL WRIGHT GIFTS Dept. V552

340 Applecreek Road, P.O. Box 8512,
Lincoln, NE 68544-8512

Please send me _____ (qty)
CHERUB CUCKOO CLOCK(S) (#D32)

☐ Only \$19.95 plus \$4.95 shipping, handling and safe delivery for one (total \$24.90).

Enclosed is \$ _____. Please make check or money order payable to CAROL WRIGHT GIFTS. Thank you.

Please charge my: ☐ VISA ☐ MASTERCARD ☐ DISCOVER

ACCT NO. _____ MO _____ YR _____

☐ Mr ☐ Mrs. ☐ Miss. ☐ Ms.

NAME (please print) _____

ADDRESS/APT # _____

CITY/STATE/ZIP _____ CT and NE residents please add sales tax. Please allow 4 to 6 weeks for shipment.

Keep your hands and feet warm even at 30° below!

Thermal Socks & Glove Liners

• One-size-fits-all women
One-size-fits-all men.

NOW AVAILABLE IN KNEE-HIGH!

ORDER BY PHONE!
(402) 474-1377

Mon-Fri. 7am-12am, Sat. 7am-4pm CST

Thermal Knee-Highs \$3⁹⁵ Additional pairs \$3.45

Thermal Socks \$2⁹⁵ Additional pairs \$2.45

Thermal Glove Liners \$3⁹⁵ Additional pairs \$2.45

• Deep space insulation principle (developed for NASA) special aluminized fabric keeps cold out and warmth in.

• Lightweight, durable, washable, stretch fabric allows free movement.

Carol Wright's

UNCONDITIONAL GUARANTEE
Whenever you buy anything from us, you must be satisfied! Or return your purchase any time for a full refund.

• Great for winter work or play.

CAROL WRIGHT® GIFTS, Dept. V552

340 Applecreek Road, P.O. Box 8512, Lincoln, NE 68544-8512

Please send me the items indicated below:

- ☐ ANKLE SOCKS only \$2.95 plus \$9.95 shipping & handling, for one pair (total \$3.90).
- ☐ SAVE! Each additional PAIR just \$2.45 plus \$9.95 shipping & handling (total \$3.40).
- ☐ GLOVE LINERS only \$3.95 plus \$9.95 shipping & handling for one pair (total \$4.90).
- ☐ SAVE! Each additional PAIR just \$3.45 plus \$9.95 shipping & handling (total \$4.40).
- ☐ KNEE-HIGH SOCKS only \$3.95 plus \$9.95 shipping & handling for one pair (total \$4.90).
- ☐ SAVE! Each additional PAIR just \$3.45 plus \$9.95 shipping & handling (total \$4.40).

Qty.	Order #	Description	M/L
	R26A	Socks	Men's
	R26B	Socks	Ladies'
	R27A	Glove Liners	Men's
	R27B	Glove Liners	Ladies'
	88J	Knee-Highs	Men's
	89J	Knee-Highs	Ladies'

Enclosed is \$ _____. Please make check or money order payable to CAROL WRIGHT GIFTS. Thank you.

Please charge my: ☐ VISA ☐ MASTERCARD ☐ DISCOVER

ACCT NO. _____ MO _____ YR _____

☐ Mr ☐ Mrs. ☐ Miss ☐ Ms.

NAME (please print) _____

ADDRESS/Apt. # _____

CITY/STATE/ZIP _____ CT and NE residents please add sales tax. Please allow 4 to 6 weeks for shipment.

Questions? Call CUSTOMER SERVICE 402-474-2161

© 1997 Carol Wright Gifts, 340 Applecreek Road, P.O. Box 8503, Lincoln, NE 68544-8503

STOPPING THE HATE

Continued from page 45

racially motivated violence will not be tolerated, and that, in the words of National Urban League Senior Vice President Mildred E. Love, "An injustice anywhere is a threat to justice everywhere."

In addition, the Urban League, the ADL and The National Council of La Raza have collaborated to fight bigotry across racial, ethnic and religious lines. One of the major facets of their efforts is to "monitor the actions of public figures, holding them accountable when they contribute to a climate that fosters bias, bigotry and racism." In addition, they have outlined a six-point plan of action which culminates in a proposed *Presidential Summit on American Pluralism in the 21st Century*.

By making leaders accountable for their actions, these groups hope to integrate a bottom-up strategy of repairing damage done by hate criminals with a top-down strategy of preventing messages of hate from poisoning the well of public discourse.

Also capturing the media's attention

recently was the role of Swiss and Argentine banks in hoarding gold and other valuables stolen by the Nazis from Jews during World War II. Because it is the plunder of an undoubtedly wicked and unjust war for racial dominance, the way in which this money is dealt with will determine how far the world has come in terms of stamping out the vestiges of the philosophy of racial superiority.

Neal M. Sher, a Washington lawyer who formerly served as chief prosecutor against Nazi war criminals, is involved in reconciling some of the issues involved in the return of money to Holocaust survivors—specifically the role of American law firms who have agreed to represent the banks. In a letter to Robert Rifkind, a partner in the New York law firm Cravath, Swaine & Moore, Sher urged the firm to "contribute fees earned from this representation to the Humanitarian Fund...to benefit needy Holocaust survivors." He further emphasized that, "under the circumstances, it strikes me as the right thing to do." Certainly no one should profit from the genocide of millions of innocent people and the pillage of their belongings.

People such as Mfume and Sher and organizations such as La Raza, the ADL and the Urban League should be commended for taking on some of the toughest racial and ethical dilemmas of our time. They can serve as models for all Americans. But as much as these organizations do to advance racial harmony, their efforts will pale in comparison to what can be done if individuals take on the responsibility themselves to prevent stereotypes from developing into hostilities and ultimately crimes of hate.

We must do all that we can to eradicate this blight of bigotry.

To a large extent, this is just a matter of eradicating the words associated with racial division. In my life I have made every attempt to avoid hearing or uttering anything that even hints of racial stereotyping. All my friends know that I do not tolerate this language.

It has been several years since I have heard any type of racial slur uttered in my presence. The German philosopher Kierkegaard is credited with the saying that the "fundamental choice" in everyone's life is not the "choice between good and evil, but the choice by which we bring good and evil into existence for ourselves." That is to say, we can remove racism from our lives by simply making the choice not to invoke it.

Above all, this requires faith in God. Faith in God leads to a courage in one's self to be all that one can be. And the focus on self improvement leads to a belief in helping others to improve themselves.

For example, Rev. Robert Schuller, an internationally known pastor who was instrumental in calming the tensions in Israel after the assassination of Prime Minister Rabin last year, has had an integral role in preparing America for reconciliation and healing. More recently, he worked with President Clinton to set the White House on more solid spiritual footing—a Sisyphean task it seems—by encouraging the president to assume the role of "repairer of the breach" in America. Rev. Schuller seems to be helping the president repair the breach between himself and many American Christians who felt excluded from his agenda during the first term of Clinton's presidency.

There are ample examples of people working together to remove the invisible veils that have prevented many of us from seeing beyond another's skin. One of the biggest challenges that remains is to be able to weave people of all different colors and creeds into the beautiful tapestry of American life. We must have the courage to see ourselves, not in terms of our colors, but on the basis of our contributions to this country.

To do this, there must be a reinvigoration of education so that people across the spectrum enjoy the same chances to succeed. There must be equal protection under the law so that criminals of all ilk are justly punished to allow a safer and fear-free society to flourish.

And if anyone discriminates against a person based on his or her skin color or ethnic origin, then that individual should be punished to the full extent of the law.

Fairness. Decency. Respect for others. Faith in God. Taking responsibility for the outcome of one's life. The bottom line is that God makes all of us equal, but disequilibrium occurs when we make different choices in our lives. In the interest of equality then, personal responsibility is paramount. All these things are essential ingredients in the quest to prevent hatred and bigotry from making slaves of free men. Moreover, eradicating racial differences can only happen when a generation of Americans becomes firmly convinced that race truly doesn't matter. If we believe that we are still the best nation in the world, then we have no choice but to face the challenge. □

Your Reunion Can Be The Best Organized Group To Hit The Beach Since Normandy.

In Virginia Beach, some of the most impressive military planning we've done has been for reunions. Our expert staff will work with you well in advance to make sure your gathering is a complete success. Call Dick Kinsley today at **1-800-700-7702**, or write: Department of Convention & Visitor Development, 2101 Parks Ave., Suite 500, Virginia Beach, VA 23451.

Virginia Beach
all kinds of fun

www.virginia-beach.va.us

MEN: DON'T "GIVE-AWAY" YOUR PROSTATE WITHOUT A FIGHT!

**You're Not the Same Man at 50 That You Were at 20...so
Improve your quality of life by treating
your prostate the safe, natural way.**

Most Men Lose Their Sexual Ability Due To Prostate Disorders!

If your prostate is starting to give you problems, you're not alone. 75% of all men over the age of 50 have enlargement of the prostate gland. The problems you may experience can be frequent, difficult, painful or weak urination.

The medical treatment for enlargement of the prostate is surgery: part or all of the prostate is removed. Over 400,000 of these operations are performed every year - yet the results are far from acceptable. **Two** out of 100 patients die, **eight** return to the hospital (within 3 months) because of complications, **five** become impotent and **20** need the surgery a second time.

You can treat an enlarged prostate with drugs. But, the most commonly used one has been proven ineffective in reducing the size of the prostate. And, it has side effects.

So, Don't Let Your Doctor Make You Impotent!

OUR 100% NATURAL TREATMENT "MSP"

WORKS MUCH BETTER than Surgery or Drugs!

There is a safe, effective alternative to drugs and surgery. Amazing, successful results have been seen with the use of *Saw palmetto berry extracts* and with *Pygeum africanum* (the preferred method of treating prostate disorders throughout Europe). This formula works much better than the most commonly prescribed drug (Proscar), and it works without the serious side effects of that drug.

Every man (and his partner) in America should know about this alternative: the all natural, 100% safe, effective and inexpensive treatment called **MSP: Maximum Strength ProstateAid**.

But your doctor won't tell you about it (he makes lots of money everytime he operates) and the drug companies won't manufacture it because it's 100% natural and they can't patent the formula and sell it as a prescription drug at inflated prices.

The most common prostate drug was developed artificially and proven to work in test tubes - not in men. Saw palmetto extract is available from nature...and works inside us, not in test tubes. *Saw palmetto extract is twice as effective for relieving BPH symptoms as the most common drug.* 81% of the men using *saw palmetto extract* said it was helpful. Less than 50% of the men using the common drug thought it was helpful.

80% of BPH patients show "significant improvement" in their condition after taking *Pygeum africanum* for 30 days. In France doctors prescribed *Pygeum africanum* 90% of the time to treat BPH patients. **MSP** also contains B-sitosterol, Beta-D glucosidase which are recommended by The American Prostate Society and Tomato lycopene (a carotene antioxidant).

Maximum Strength ProstateAid

Two tablets contain:

Glycine, L-Alanine and L-Glutamin Amino Acids for a total of.....406mg
Saw Palmetto Berry Extract.....300mg
Pygeum Africanum.....250mg
Pumpkin Seed Oil.....30mg
Panox Ginseng.....30mg
Zinc.....20mg/133%RDA
Golden Rod.....15mg
Vitamin A.....1000IU
Vitamin E.....30IU
Beta-Sitosterol.....30mg
Beta-D Glucosidase.....100mcg
Tomato Lycopene.....500mcg



The Most Comprehensive

Prostate Supplement Available - ANYWHERE!

Maximum Strength ProstateAid, with its enriched formula, requires only two tablets per day instead of the required three tablets per day formulas sold by other companies. Compare our ingredients and our prices (with our competitors' formulas and costs) then choose for yourself the better, more complete, comprehensive, better priced and valued product.

We strongly recommend that your initial order be a two month supply since everyone is slightly different and **MSP** needs time to slowly and completely absorb its way into your system. Absorption time varies from person to person. Full results should occur within 6 to 8 weeks. Sometimes a longer period of time is needed to achieve full results.

Do You...

	Yes	No
get up at night to urinate?	<input type="checkbox"/>	<input type="checkbox"/>
often have sudden urges to urinate?	<input type="checkbox"/>	<input type="checkbox"/>
have a weak urine stream?	<input type="checkbox"/>	<input type="checkbox"/>
frequently need to urinate?	<input type="checkbox"/>	<input type="checkbox"/>
have the sensation that you have not emptied your bladder completely after urinating?	<input type="checkbox"/>	<input type="checkbox"/>
stop and start again several times when you urinate?	<input type="checkbox"/>	<input type="checkbox"/>
have to push or strain to begin to urinate?	<input type="checkbox"/>	<input type="checkbox"/>

MSP - Maximum Strength ProstateAid is completely guaranteed. To receive a refund, simply return the unused tablets and container and a full refund of the purchase price (less P&H) will be sent to you. Orders are shipped **FIRST CLASS MAIL** within 7 working days. To order, simply fill out the coupon and mail with your check or money order to the address below. We also accept VISA or MasterCard (**1-800-770-1155**). Offer valid in Mexico, IA, CT. US funds only plus \$10. extra outside of USA. This statement has not been evaluated by the FDA. The product is not intended to diagnose, treat, cure or prevent any disease. © 1997, WGSJ. Trademark - WGSJ

WILLOWS NUTRITION CENTER, Dept. MAX-312

179 Post Road West, Westport CT 06880

YES! I Want Maximum Strength ProstateAid - NOW!

- ☐ **ONE** month (60 tabs) **\$24.95** plus \$3. post & handl.
☐ **TWO** months (120 tabs) **\$45.95** plus \$4. post & handl.
☐ **FOUR** months (240 tabs) **\$85.95** plus \$5. post & handl.
☐ **SAVE! 6 months (360 tabs) \$115.00 (includes P&H)**

Enclosed is check or Money Order for \$_____

Charge my: ☐ VISA ☐ MasterCard Exp Date____/____/____

Acct _____

Signature _____

Telephone (____) _____

Name _____

Address _____ Apt _____

City _____ State _____ Zip _____

CHARGE ORDERS 1-800-770-1155

The Veterans' Connection

VETS® is a service that provides information about military reunions, helps veterans find old buddies and arranges reunions, travel and accommodations.

REUNION INFORMATION

This month there are 720 military reunions listed on these pages. In addition, VETS® has information on more than 12,000 other reunions. Call weekdays, 8 a.m. to 5 p.m., Central time. Calls cost \$1.95 per minute. The average call takes three minutes.

(900) 737-VETS

If you know the VETS® five-digit number assigned to your ship or unit, please give it to the operator. The number is printed after each outfit's name listed in the magazine. If you don't know the number or do not see your ship or unit listed in the magazine, VETS® operators can still provide you outfit information. Units enroll in VETS® daily.

PLANNING A REUNION

VETS® will help you arrange your outfit's reunion at no cost and save money in the process. Finders/Seekers' services are included free for VETS® managed reunions. VETS® also will maintain reunion coordinators' mailing lists and unit archives, and handle all reunion publicity needs. Tell us what you want, and we will do the work.

REUNION FACILITIES & TRAVEL

Call VETS® for the lowest possible hotel, banquet, tour and travel rates.

(573) 474-4444

FINDING A BUDDY

Looking for a buddy or long lost relative? Finders/Seekers' service will send you a computer listing of names, addresses and phone numbers of people in the United States who have the same name as the person you're seeking. Finders/Seekers' guarantees you will get at least one name that matches, or it will refund your money. Search fees are \$15 per name. Allow four weeks for a reply.

Write: Finders/Seekers®, P.O. Box 901, Columbia, MO 65205-0901; or call (573) 474-4444. MasterCard/VISA and Discover accepted.

OUTFIT REUNIONS

Reunion coordinators can enroll their units in VETS® by sending a self-addressed, stamped envelope to VETS®, P.O. Box 873, Columbia, MO 65205-0873. Unit names are published one time a year.

ARMY

1st Cav Div, 12th Cav Rgt #19649
1st Convalescent Hospital #12869
2nd FA Obs Bn (WWII) #11536
2nd Mst Bn, 61st Arty, C Btry (Okinawa) #15265
3rd FA Trng Bn, E Btry (FI SIII FARTC, #5262)
#20575
3rd Inf Div, 10th FA Bn, B Btry (Korea, 53-54)
#13333
3rd Inf Div, 3rd Med Bn #20092
3rd Sig Cn (WWII) #15227
3rd THRS (Korea, 51-53) #19626
4th Inf Div, 12th Rgt, H Co (LI) (FI Ord, 45-50)
#2395
5th Army Assn (WWII) #13073
5th Inf Div, 11th Rgt, G Co (WWII) #10954
5th Spec Forces Corp #23674
5th Spec Forces MRU (Mobile, Pacific) #18058
7th Arm'd Div, 9th Arm'd Rgt, HMC #12608
7th Army (WWII) #15700
7th Convalescent Hospital (WWII) #10390
7th Inf Div, 31st Rgt, F Co (Korea) #18900
8th FA Obs Bn #13295
10th Arty, 6th Bn (Ger, 63-67) #19421
10th Mtn Inf Assn (Nt Chapt, WWII) #12349
10th Mtn Inf (Natl Assn) #19428
11th A/B Div, 167th Para-Glider Inf, E Co (43-46)
#16381
13th Arm'd Div, 93rd Cav Recon Sq, Mech F Co #32009
13th FA Bn #20807
16th Cav, E Ft Sigs (WWII) #16538
16th Hel For (New Orleans/Wales/LaHarve, WWII) #13331
16th MASH (40-44) #15581
18th Air Ord Arty Rgt #14151
18th Inf Cn (Rgt, 177th Cent Bn, C Co (incl atch units, Alendans) #11843
21st Ord MM Co (WWII) #22377
23rd Arty Div, 2nd Rgt, 6th Bn (FI Lewis, 62-64) #19769
25th Inf Div, 24th Rgt, 3rd Bn, C Co #22406
25th Inf Div, 27th Rgt, G Co, "Wolfhounds" (WWII) #15321
27th Inf Div, 106th Rgt, Hq Co #15450
27th Inf Div, 165th Rgt, K Co (WWII) #15578
27th Inf Div (Post 13 NYNG) #13215
28th Inf Div, 103rd Engr (C) Bn, A-C Cos (WWII, Korea) #13710
28th Inf Div, 110th Rgt, I Co (Korea) #15264
28th Arty (Inf, All Units) #18765
29th Inf Rgt Assn #22236
31st Inf Div, 155th Rgt, I Co/106th Rgt, 1st Bn (WWII) #15768
32nd Bn, 1st Med Rgt "Pioneers" MFSS (Carlisle Bks, 20-40) #10577
32nd Inf Div, 105th Cav Rgt, 2nd Rgt, A Trp (ANO) #21130
32nd MP Co #10000
33rd Inf Div, 130th Med Det #12536
33rd Inf Div, 33rd Sig Co (WWII) #16407
33rd RCT (Panama, 30-58) #11982
35th Arm'd Bn (Sullivan Bks, 51-52-Occupation) #22431
38th Inf Div, 14th AGF Bands (WWII) #16525
39th Ord MM Co (41-45) #15545
39th Sta Hospital #11344
40th Inf Div, 114th Rgt, C Co #23850
40th Inf Div, 13th Rgt, C Co #10536
45th Cav Recon Rgt (WWII) #15491
45th Inf Div, 120th Engr (C) Bn, C Co (Korea, 51-53) #19627
45th Inf Div, 170th Inf Rgt, Hq/Hq Co, Counterfire Pln #23644
46th Arty, 170th Rgt, G Co (Korea) #22780
46th Inf Div, 27th Rgt, B Co #16206
46th Trans Bn (VN, 61-63) #19463
46th/235th/10th Engr (C) Bn (WWII) #15644
52nd Chem Process Co (WWII) #15713
52nd Medium Port Transp Corps #13567
56th Air Del Arty, 2nd Bn, D Btry (Zweilbrucken,

73-77) #22442
63rd Mtn Bn #14204
64th MP Co #14253
66th Engr Topo Co (51-54) #11374
74th Gen Hospital (WWII) #16445
76th Inf Div, 304th Rgt Assn #15269
78th Inf Div, 310th Rgt, B Co #15466
79th Inf Div, 452nd AAA AW Bn #15287
81ST FA Bn (WWII) #20654
81st Sta Hospital (N Africa, Italy, WWII) #14692
83rd Inf Div, 329th Rgt, F Co #30041
85th Inf Div, 338th RCT #12441
86th Inf Div, 331st FA, HO Btry #18836
86th Inf Div, 343rd Rgt, A Co "Blackhawk Assn" #20169
86th Inf Div Band #1082
88th Inf Div Assn "Blue Oevis" #15465
88th MP Co #23159
90th Inf Div, 344th FA Bn (ETO, WWII) #16887
91st MP Bn, 289/560th MP Cos (Korea, 52-54) #19544
92nd Engr Gen Serv Rgt (Italy, WWII) #19264
92nd Inf Div Assn (Buffalo, WWII) #21284
92nd Sig Bn (WWII) #10333
94th QM RHQ Co (WWII) #16017
96th Chem Mortar Bn #15326
97th Inf Div, 303rd Rgt, M Co (WWII) #15639
97th Inf Div, 389th FA Bn Assn #15796
97th Inf Div, 389th FA Bn, C Btry (WWII) #10719
99th Chem Mortar Bn/442nd AAA AW Bn (WWII) #15752
100th Inf Div (WWII, NE Chapt) #20313
101st A/B Div, 320th Arty, C Btry (62-66) #19780
102nd Cav/Armor, Essex Engr #15275
103rd Inf Div, 325th Engr 8n "Cactus Div" #18961
105th FA Vets Officers Assn (NYNG) #23485
113rd Ord Cpt #15563
120th Evac Hospital (ETO, WWII) #11768
123rd FA (IL NG 44th Div Arty, Korea invited) #16489
140th Inf Rgt (All Units, WWII) #19826
163rd Ord, 3rd ESB (WWII) #16063
166th AAA Gun Bn, C Btry #10685
166th Gen Hospital #15522
191st Chem Depot Co #13808
192nd Gen Hospital #11122
198th AAA AW Bn (PTO, WWII) #22904
198th LIB Recon, C Co (70-71) #20404
201st CA AAA AW Bn (WWII) #16520
221st MP Co (Z) (FI Cluster) #15922
222nd Avn Bn, All Cos (Vang Tau, VN) #19259
227th AAA S/L Bn Assn (WWII) #15992
228th Arty, B Btry (WWII) #23525
243rd AAA Searchlight Bn (WWII) #16334
244th CA Assn (WWII) #10985
246th Engr (C) Bn #15795
249th FA Bn, C Btry (was F Btry) #15237
249th Engr (C) Bn (43-50) #11242
262nd Sta Hospital (Aversa, Italy) #21589
278th Engr (C) Bn, A Co #12801
280th Engr (C) Bn #20966
292nd JASCO (WWII) #20614
298th Gen Hospital (WWII) #10860
303rd Sig Serv Bn (50-53) #19209
330th RRC Engineer Hlt (66-70) #11485
350th AAA S/L Bn #16588
368th TAC (Ho Nang, 56-58) #19518
381st ASF Band #20193
383rd AAA AW Bn #20781
398th Engr Bn (All Cos) #22955
405th MP Escort Guard Co (Camp Breckenridge, 43-44) #22434
406th Engr Const Bn, Hq A/B/C Co's #14137
424th FA Bn (Korea) #15616
424th Ord MM Co (FI SIII, 52-56) #22544
435th Ord Ammo Co #23168
440th FOB #16594
449th MP Co #15554
471st Engr Maint Co #15595
476th Ord Evac Co (WWII) #12854
482nd Med Collect Corps (Sep) #15211
504th AAA Gun Bn (WWII) #10872
505th RCT Assn (Para Inf) #15645
507th Sig Serv Bn (Korea) #11363
510th Engr (LP) Bridge Co #11074
510th Inf Co (WWII) #10451
510th MI Bn Assn (WWII) #14236
545th (M) Auto Maint Co #18922
551st Mst Bn, B Btry (Korea) #19473
552nd Ambulance Co #14227
560th Trans Co (Cam Ranh Bay, VN 68) #10264

565th/574th SAW Bns #16270
574th/565th SAW Bns #16193
579th Sig Depot Co (WWII) #18587
586th AAA AW Bn, B Btry (WWII) #21787
607th OBAM Bn (WWII) #12226
610th Ord Ammo Co #10553
611th OBAM Bn (ETO, WWII) #10257
626th Ord Refug Hq (Ger, 45-49) #22125
632nd TO Bn, Recon Co #15612
653rd Tопо Engr Bn #19357
713th MP Bn (WWII) #10020
724th TROB, Co B (Railroad Locomotive Engr, 52-54) #23666
756th Tank Bn (M) Sp (WWII) #10679
759th MP Bn, A/B/C/O/Hq Cos (WWII-now) #10728
761st MP, B Co (AK, 43-46) #18993
770th FA Bn #11343
785th AAA Bn, C Btry #14087
785th MP Bn, D Co (WWII) #11068
811th TO Bn #10010
813th Engr Avn Bn #23647
825th TO Bn (WWII) #11063
853rd Engr Bn (CBI, WWII) #16566
864th Engr Avn Bn (WWII) #15250
864th TO Bn Vets Assn (WWII) #15484
903th Engr, A/B/Hq Cos #11416
916th Med Amb Co #10293
979th FA Bn, Serv Btry #18941
988th Sig Corps, Op Bn (CBI) #1409
105th Engr PC&R Grp #20393
1252nd Engr (C) Bn (WWII) #15404
1285th Engr (C) Bn, A Co (WWII) #10434
1303rd Gen Const Engr, Med Det (Japan, WWII) #14181
184th Engr Avn Bn (WWII) #22201
3163rd Sig Serv Co, Team E #23240
3197th Sig Serv Co (Rums, 44-47) #19845
343rd Ord MM Co (WWII) #16057
7964th Hqs Grp (51-53) #11353
American Div, 23rd Inf Rgt (WWII, Korea, VN) #15926
AMSS, Faculty & Staff, MSC #14206
ASU: 660th ASL Flt Sig, 116th Signal (Scheyern, Ger) #15727
Camp Atlanta (NE, WWII) #41260
Camp Crowder Day #10555 #10148
Camps Beauregard LA: Livingston/Claiborne (WWII) #15221
Chinab Depot: HQ/A/B Cos/65th Sta Hosp/550th Arty Co/50th JASCO #23209
Consolidated Veterans of America #21555
Elate, New Hebrides III Island Command #14183
Gen Eng District Hq (GENED, Manila, 45-46) #12085
Inf Scout Dog Trng Class (Summer 45) #19721
Ludendorf Bridge Capture #22362
MPVA (MI Vehicles) WWII #18942
OCS Class 33, TIS (FI Benning) #14079
Radio Cadets (Hoffman Island) #14357
Spectre Assn (16th SOS, AC 1300 gunships) #18778
US Constabulary Assn (46-52) #18709

NAVY

41st Inf Div, 186th Rgt, E Co #12452
45th NCB #17416
53rd NCB (WWII) #18473
56th NCB #19202
97th/108th NCB Org #21483
117th NCB #12654
295th JASCO (Incl Arty, AF) #11193
ACORN-34 #13757
Adm Radford Flg Allowance #18894
ANG: 1st Assn (Incl ASCO, JASCO, Mar) #10533
Boot Camp Co 104 (Carr, Jasco, 46) #22087
CAG-153-15 (45-49) #18636
CBMU-553 (43-46) #22913
Cory Boat Camp Sq 8C (42-46) #18617
CUB-16 (Camp Shoemaker, CA) #13523
Flg Allowance, COR Cruiser Div #19298
Guantanamo Bay, Cuba (50-Now) #22914
HAL-5 #23658
HC-11 (Hell Combat Sup Sq) #23682
LCI (L) 679 (All Yrs) #23717
LCT-001 (Proto-Type) WWII #22026
LCT-440 #23643
LST-116 USS Harlan County #23660
LST-309 & LCT-538 #11375
LST-316 #13945
LST-384 #17964

Please turn page

Why Are We Giving Away Our Authentic WWII Air Force Style **B-15 BOMBER JACKET**

ONLY

\$14⁹⁵

Classic style without the

~~\$279⁹⁵~~ price tag

Warm deep-plush acrylic collar

Classic silk aviator scarf

Full front zipper

Classic aviator glasses

Rugged action snap fasteners

Two full cargo-flap pockets

Full military action cut

Flattering military ribbed waist band

Ribbed military cuffs



For Men For Women

WOMEN'S SIZES

- Small or Medium—order Men's Small
- Size Large—order Men's Medium
- Sizes XL or XXL—order Men's L or XL

The Return of a Styling Legend—without the ~~\$279.95~~ Price Tag

- Full front zipper • Action fasteners
- Full military cut • Ribbed cuffs
- Two full cargo pockets
- Warm plush acrylic collar
- Military ribbed waist band

Tailored for action of glove-soft Aero-Dyne™ polyurethane in classic Bomber-Jacket brown. Guaranteed for lifetime wear or your money back excluding shipping & handling charges. Allow up to 6-8 weeks for shipment. **Hurry!**

*2-Day Express Delivery—In most cases orders for In-stock items will be shipped within 2 business days after we receive and process your order and should arrive 2 business days later.

MAIL NOW FOR THIS LOW PRICE

Bomber Jacket	Item #	Price	How many?	Total
SAVE EVEN MORE Any 2 for \$28 Any 3 for \$39 ⁹⁵	Small	R51972	\$14.95	\$
	Medium	R51973	\$14.95	\$
	Large	R51974	\$14.95	\$
	X-Large	R51975	\$16.95	\$
	XX-Large	R51976	\$16.95	\$
BONUS	Classic Silk Scarf	R51980	only \$4	\$
	Classic Aviator Glasses	R51990	only \$4	\$
Make check to RBM or charge <input type="checkbox"/> VISA <input type="checkbox"/> MASTERCARD <input type="checkbox"/> DISCOVER <input type="checkbox"/> AMERICAN EXPRESS		Price Total (from above) \$		
Card #: (Enter all 13 to 16 card numbers below)		Shipping & handling \$4.75 for each jacket \$		
Exp date(Mo)____(Yr)____		*2-Day Express Delivery: Add extra \$6.75 to above shpg. & hdlg. \$		
Mr/Mrs Miss/Ms		Subtotal \$		
Address		In NY add sales tax \$		
City		(R52004-33) Grand Total \$		
State/Zip				

MAIL TO: RBM, Bomber Jacket, Dept 570-347, Box 1783, Hicksville, NY 11802

Or FAX Credit Card Order to: 516-334-6920

©1997 Direct Mail Marketing Enterprises Ltd. DMM RBM, 1200 Shuman Drive, Westbury, NY 11590-02



LST-465 #22671
LST-470 #18186
LST-487 #17731
LST-496 #18488
LST-576 #18640
LST-605 #12038
LST-610 #17481
LST-622 #22628
LST-642 #22671
LST-709 #10526
LST-725 #13549
LST-772 (WWII) #19908
LST-836 USS Holmes County (VN) #14761
LST-903, USS Lyndon B. Johnson (USC-19)
MCS-74 (WWI) #21083
NAS Columbus, DI (incl Mar) #18349
NAS Pensacola, Training Sq 86 #23657
NTC Bainbridge: Bco 174 (51) #22225
NTC Bainbridge: Co 4661 (46) #23151
NTS San Diego: Co 200 (54) #22447
Nuclear Power Train Unit-DIG (70-75) #18865
Nurse Corps Asst #17726
Patrol Gunboat Assn (Ashville class: PG-84-90/92/93/95-99/101) #23681
PATSU-1-11 #11475
PC-120 #11050
PC-114 #19265
PC-470 #21806
PC-555 #17321
PC-566/451 #19250
PC-597 #23166
River Assault Sq 15 (T-151-11, 68-69) #10680
RTC Great Lakes: Co 120 #11317
RTC Great Lakes: Co 79 (41) #22534
SC-1354 #18924
SC-632 #17931
SC-696/SC-697 Sub Chasers (WWII) #22691
School of Photography, Class 12-44 #14706
USS Supply Corps #19222
USNCT, 2671 Chancellors #19355
USS Alhena AKA-9/AK-26 #17344
USS Albatross #121 #14398
USS Ammen DD-527 Assn #21128
USS Arkara AT-98 #17993
USS Arizona BB-39 Assn #17929
USS Ashtari ARL-30 (WWI) #22799
USS Azimach AK-124 #14485
USS Barataria AVP-33 #21949
USS Barnett APA-5 #12053
USS Barney DD-149 (45-46) #11026
USS Barry APD-29 #14365
USS Bladen APA-63 #18999
USS Blueback SS-326 #18974
USS Bolster ARS-33 #17151
USS Borie DD-215 #12276
USS Boyd DD-544 (All Yrs) #18784
USS Breese DMH-10 (DD-122) MinRon-1 #13606
USS Briareus AR-10 (WWI, Korea) #17588
USS Brough DE-148 #23642
USS Bryant DD-665 #23665
USS Bull DE-693/APD-78/UDT-14 #21698
USS Butler DD-636/DMS-29 #11120
USS Callaghan DD-797 #19305
USS Carmick DD-483/DMS-33 #18600
USS Carmilla LC-127 #20304
USS Chehalis ADG-48 #18354
USS Cimarron AD-177 #20934
USS Clarion AK-172 #22991
USS Cleveland CL-55 (incl Mar) #10450
USS Cogburn DD-606 #10282
USS Colgan USAT H-6 #10963
USS Converse DD-509 #17900
USS Cook LPD/APD-130 #23358
USS Cottle APA-147 #11907
USS Darter SS-576 DFA Sub #13277
USS Devastator AR-318 #21527
USS Dewey DLG-14 #15866
USS Diablo SS-479 (WWII) #13768
USS Dogfish SS-350 #19231
USS Donetti DE-49 #28398
USS Dorshela, Div AP-67 (WWII) #18000
USS Dorch DD-670 #11554
USS Drow APA-162 (WWII) #18574
USS Dutchess APA-98 #12121
USS Fitch DMS-20-462 (WWII) #23348
USS Fort Mifflin LS-22 #20362
USS Francis Scott Key SSN-657 #13957
USS Frontier AD-26 (WWI) #22274
USS Furse DD/DDR-882 (All Yrs) #14562
USS Gamble DM-15 (DD-123) MinRon-1 #13609
USS Ganyemede AK-104 #12338
USS George F. Elliott AP-13/1305 (Heartland Chapl) #12135

USS George K MacKenzie DD-836 #18214
USS Gleaves DD-423 Assn #17782
USS Goshen APA-108 #18373
USS Gryll DD-712 #21558
USS Hanna DE-449 #13786
USS Harder SS-568 DFA Sub #13278
USS Hinsdale APA-120 (All Yrs) #19282
USS Hopkins DMS-13 (DD-249) MinRon-2 #13601
USS Howard DMS-7 (DD-174) MinRon-2 #13594
USS James Madison #23344
USS Kamehameha SSN-642 #18960
USS Kawahishi AD-146 #12889
USS Knapp DD-663 (WWI, Korea, 50s) #17823
USS Langley DD-617 Assn #21195
USS Laub DD-273 #14393
USS Leddettown AP-73 Survivors (Incl Army) #22695
USS Leonis AKA-128 #10788
USS Lewis DE-535 (WWI, Korea, 50s) #18236
USS Lindsey DM-32 #10722
USS Mack DE-358 #18468
USS Manila Bay CVE-61/VC-71 (WWII) #18466
USS McConnel DE-163 (WWII) #17427
USS McGowan DD-678 (WWII) #17598
USS Memphis CL-13 #30114
USS Monmouth AT-73 #19439
USS Mollifica DD-373 #18487
USS Mizar AF-12 (WWII) #18253
USS Mobile CL-63 (incl Mar) #18011
USS Montrose APA-212 (44-49) #19498
USS Montrose APA-214 (44-49) #11192
USS Mount Olympus AGC-9 #21912
USS Mullinix DD-944 #19242
USS Nahean DE-352 #17819
USS Neches AD-47 #22645
USS Nicholas DD/DE-449 (All Yrs) #17466
USS Opponent AN-269 #14680
USS Orion AS-19 #10760
USS Palmer DMS-105 (DD-161) MinRon-2 #13592
USS Pennsylvania BB-38 (West Coast) #12354
USS Phelps DD-360 #18167
USS Plunkett DD-431 (40-46) #18091
USS Pruitt FM-121 (DD-347) MinRon-1 #13610
USS Requin SS-598-AH #22649
USS Reynolds DE-42 (WWI) #17855
USS Rheinhardt DE-199 #18058
USS Rio Grande ADG-3 #14650
USS Robert LeMay SSN-601 #11419
USS Roche DE-185 #20449
USS Sakonnet ADG-61 #16741
USS Sam Ransom SSN-635 #23656
USS Sangamon CVE-26 #23670
USS Seaboardship SS-397 #21334
USS Sea Raven SS-196 #18281
USS Seelfridge DD-357 #18593
USS Sicily CVE-148 (all ships co-us/ottier/enlisted) #20282
USS Sierra AD-16 #17581
USS Skate SS-306 (WWII) #12870
USS Stafford DE-41 #21330
USS Stansbury DMS-8/DO-180 (MinRon-2) #13595
USS St Croix APA-231 (44-46) #14585
USS Suffolk AKA-99 #17994
USS Tamboer SS-198 #17667
USS Tanagar, MS-5 #14442
USS Tang SS-563 DFA Sub #13281
USS Taylor DD/DE-468 #18195
USS Teaberry AN-34 #13536
USS T E Chandler DD-177 #18833
USS Thomas Jefferson SSN/SSN-618 #12293
USS Tolowa AT-116 #18945
USS Tracy/Priebel/Sicard/Pruitt (MinRon-1) #22162
USS Trapper ACM-9 (WWII) #22997
USS Triangulum AC-102 #12688
USS Tucker DD-374 Survivors #15276
USS Tuleron AG-46 #22345
USS Tunney SS-282 #18186
USS Utah BB-31 #14523
USS Velocity AM-28 #22556
USS Vinton AKA-83 (WWII) #14394
USS Wadsworth DD-516 #18201
USS Wake DD-146 #19827
USS William R Rush DD/DDR-714 #21707
USS Wilkes DD-618 #18822
USS Wildlife DD-176 (Korean Era) #23673
USS Wrangell AF-12 Assn #21917
USS W S Sims #19533
USS Yesmide AD-19 Assn #17709
USS Zane DMIS-14/DD-337 (MinRon-2) #13601

V-12 Prom: U of Louisville #22994
V-12 #21480
VAW-13 #22704
VB/VPB-108 #18793
VC-25 & VM8-98 #11258
VC-41 Sq #21138
VF-21, "Black Lions" #13953
VP-21 (Dep 1, Bristow, Crew, 45) #10849
VP-34 "Black Cats" Assn (WWII) #10130
VQ Assn #20396
VR-22 Sq (40s-60s) #18291
VR-1 #21310
VSF-1 (San Juan, Cuba) #19215
VF-305/VB-305 (PTD, WWII) #11584
VK-3 (Fixed Wing Sq) #14392
YMS-267 #19045
YMS-299 #20446
YMS-332 (WWII) #21969
YMS-350 #22275
YMS-405 #22105
YMS-81 (42-47) #18565

AIR FORCE

8th AF, 487th Bomb Grp (H) (WWII) #10463
9th Bomb Wing (SAC-8-29/B-47/KC-97, Travis, MI Home AFB) #18780
10th AF, 22nd Air Depot Sq (WWII) #11684
19th LSS/ATS (SI/MAS) (S) (Kelly AFB) #13873
29th FTS #23170
31st Tac Recon Sq #18938
37th/62nd TCS Assn (Korea, 51-57) #19612
56th SW/Intell Div (7D-73) #15011
56th/60th FTS #11727
57th/512th FTS Assn (54-58) #21472
310th Ftr Bomb Sq (Korea) #24048
333rd Bomb Grp #10823
374th Fwd Serv Sq (Japan, 51-54) #15088
499th Bomb Group Assn, 640-643 Sqs #22758
436th TC Sq, 81st TC Sq (WWII) #20004
452nd Bomb Wing (Korea, 50-52) #15126
456th Bomb Grp Assn #15065
458th Tac Fld Wing #23659
4801 Air Det Det (Niagara Falls, 53-55) #23522
601st Aircraft Ctrl Sq (Ger, 48-60) #14052
601st Air Ctrl Sq (Ger, 92-95) #19906
684th/3565 AF Base (55-57) #23676
691st AF Det #20871
55th Air Pntn #13423
776th ACW Sq (Point Arena, CA, 51-53) #23683
918th ACW Sq, 25th ADG #14028
928th Sig Bn #15014
6927th/6922nd Security Serv (Kadena AFB, Okla, 58-60) #23452
1170th Supply Gp (Ger, 51-53) #19219
Air Commando Assn (WWII-now) #15168
Air Rescue Assn #15115
Air Weather Assn (incl IAAF) #17266
Avn Cadet Class 54-1 #18819
Avn Cadet Class 58-0/C #23052
Beverly Springs Bunch Assn #23645
C81 SAv #19720
Perrin AFB (Mil/Civ Pers) #15167
Photo Mapping Assn #20426
Physiological Trng Unit (Dufft AFB) #19181
Physiol Class 53 (all bases) #19655
Pilot Class 54-E #14082
Pilot Class 55-V (incl Honda/Recon) #14005
Pilot Class 58-B/C/D (56-57) #23118
SAC Airborne Command Control Assn #12218
30-30/ATU-301 #14931

ARMY AIR FORCE

2nd Combat Cargo Sq (WWII, CB) #23649
3rd AF, 36th Photo Recon Sq (WWII) #16931
6th AARU (F) (WWII) #16753
6th Bomb Grp (H) (Tianjin) #15138
8th AF, 2nd Air Div (B-24s, All Units) #19175
9th AF, 53rd SAvn (ETO, 43-45) #12161
10th/20th Weather Sq Assn #20215
15th AF, 456th Bomb Grp, 304th Bomb Wing Sqs #21723
15th Air Depot Group #22494
19th Bomb Grp, 38th Recon Sq (WWII) #21074
20th AF, Trans Sq/20th TC Sq (20th Mil Air Lft) #11321
20th Ftr Assn #12584
21st ADG #18890
42nd Bomb Grp/28th Serv Sq (WWII) #11128
47th Ftr Sq (WWII) #15056

51st Ftr Grp Assn (WWII) #10947
92nd Bomb Grp, 407th Bomb Sq (Eng) #14268
93rd Bomb Wing, 330th Bomb Sq #15129
301st ASG (CB) #15079
334th Sig Wing Co #16938
342nd Air Serv Sq #12411
365th Ftr Grp, 84th Serv Grp, 99th Serv Sq
37th/1st (Pilot) #21506
45th Air Serv Sq (Aldermaston, WWII) #19802
463rd Bomb Grp "Swanee Group" (incl suplt sqs, Italy, WWII) #16835
488th Bomb Sq, 8-25 (WWII) #16768
889th/184th/1891st Avn Engrs #11320
1057th OM Co, 323rd ASG #21389
1073rd Sig Bn (WWII) #16997
12/15th AF, 32nd Ftr Grp, 95/96/97th Sqs (P-38s, WWII) #10275
1525th AAFBU (PTD, Nov 44-Oct 45) #13893
2017th Maint Dn Co (1945)
ATC: North Atlantic Div (43-46) #13862
8-26 Marauder Hqs Sq (WWII) #16775
Cadet Class 44-B #12593
Cadet Class 45-A (Marfa, TX) #14657
Goodfellow Field Medics (WWII) #20071
DV-1 Mohawk Assn #22911
P-40 Warhawk Pilots Assn #16784
51 Mustang Pilots Assn #16783
Pilot Class 45-A (La Junta AAB, CO) #23676
Pilot Class 38-C #15001
Pilot Class 42-A #21193
Pilot Class 44-D (Perrin Field) #12197

MARINES

1st Airborne Bn, 15th Det (42-44) #10830
1st Mar Div, 11th Regt, 2nd Bn, E Co (WWII) #12818
1st Mar Div, 3rd Arm'd Amtrac/8th Amtrac Bn (WWII) #17086
1st Mar Div, 4th JAGSCL #19004
1st Mar Div, 5th JAGSCL, 1st Bn, Wpns Co (Korea) #18846
1st Mar Div, 5th Regt, 2nd Bn, F Co (Korea, 50-53) #11846
2nd MAW, Vintb-134/MAG-11 #14338
3rd MAW, 12th Regt, 2nd Bn (WWII) #19338
3rd Mar, MAG 23/4, VM8-33 Mar Sup Grp #22168
3rd Mar Div, 24th Regt, 3rd Bn #18989
4th Mar Div, Assn, Recon Co #23669
4th Mar Div, CL, 23rd Btry #23169
5th Mar Div Assn (two lms, Japan, VN) #21033
16th Regt, 1st Bn #17172
18th AAA (WWII) #21463
80th Camp, Paris Isl, PH 170 (67) #23652
80th Camp, Paris Isl, PH 312 (46) #19241
CINCPACFLT Flag Allocation (47-49) #23688
Crash Fire Rescue #23648
HMM (HMM) 161 Assn #10851
HMM-361 #19301
MAG-25/SCAT (WWII) #21038
Mar Div/Nav Adv Grp (VN) #12975
MDA-61/OTS-8 #12942
NAS Bunker Hill, Mar Air Det (H) #12837
SATS Launch & Recovery #12712
SMS-23, MAG-28 #14343
VMB-61 #17120
VMF-121 (WWII) #17102
VMF-215 (WWII) #30007
VMF/VMFA/VMFA-115 Assn (43-95) #14732

COAST GUARD

AGC Flagship Alliance: WAGC 31-37 #22470
All Coast Guard Rec (rags, pers) #17013
FS-392 #18866
LS-764 #28293
USCGC 165 Cutters Covey Grp (WPGs 100-116 & 187) #17021
USCGC Acacia (WLB-406) #18723
USCGC Clover (46-77) #18373
USCGC Donnadaga WPG-79 (WWII) #19302
USCGC Thetis WPC-115 (WWII) #22369
US Annapolis PF-15 #23637
USS Ritchey DE-385 (WWII) #10633
USS Thetis AKA-65 (WWII) #14773

MISCELLANEOUS

1st American Branch, Burma Star Assn (WWII) #23247
Navy-Mar Para Units (WWII) #17132

When No Other Blade Will Cut It...Use Amazing New **MULTI-DISC** CUTS! GRINDS! SANDS!

AS SEEN ON
TV



**CUT
CERAMIC
TILE**



**CUT NUTS
& BOLTS**



**CUT METAL
GUTTERS**

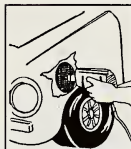


**CUT PLASTIC
& METAL PIPE**

Imagine, one rotary blade that will cut, grind and sand through practically anything. Stop buying costly individual blades for wood, metal, tile, plastics and masonry. Stop annoying, time consuming blade changes. Multi-Disc is one blade that does it all - it even cuts ceramic tile and laminates without the chips and cracks you get with ordinary blades!

Best of all, Multi-Disc fits on any rotary tool you own. Use it on a bench grinder, table or circular saw. Multi-Disc turns your drill into the most useful portable tool in your home. Its' invincible **carbide** particles cut through pipe, chain, locks and stubborn steel bolts in seconds. The carbide sides of Multi-Disc grind and sand off paint and rust. It's great for sharpening tools and shaping ceramic tile.

Perfect For Electric Drills, Table Saws, Grinders And Circular Saws!



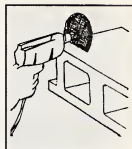
AUTO BODY



REMOVE PAINT



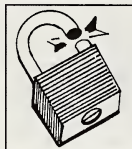
SHARPEN TOOLS



MASONRY



SAND FIBERGLASS



CUT LOCKS



CUT MUFFLERS



REMOVE RUST

**One Million Multi-Discs
Sold On TV To Delighted
Home Owners &
Professionals!**

CUTS:
Ceramic Tile,
Steel, Plastic,
Laminates,
Wood Trim
& Masonry!

**GRINDS
& SANDS:**
Wood, Body Filler,
Cement, Metal,
Rust And Paint!

YOU GET
2
7 INCH
DISCS

**PLUS
FREE
ARBOR!**

Multi-Disc is sweeping America on TV. Now, for the first time in this publication, you can get 2 Multi-Discs plus a free arbor which lets you mount your disc to any chuck tool you own. This offer may not be repeated. Be sure to order now.

THE ORIGINAL!
OUTLASTS, OUTPERFORMS
ALL THE OTHERS!

NORTHPORT MARKETING, INC. Dept. KD-12
320 Main Street, Northport, NY 11768

Please rush my two 7 inch Multi-Discs plus FREE Arbor on your No-Risk Money Back Guarantee.

☐ 2 Multi-Discs plus Free Arbor only \$12.98 plus \$2.95 S/H.

Or Charge My: ☐ Visa ☐ MasterCard ☐ American Express ☐ Discover

Card No. _____ Exp. Date _____

Name _____

Address _____

City _____

State _____ Zip _____

KINGS OF ROAD

Continued from page 58

in the fight with a new arsenal of minivans, sport-utility vehicles and pickup trucks (the latter of which were the single most popular vehicle in the nation, with 2 million sales annually).

Slowly, agonizingly, the Big Three engaged in the greatest fight of all—that of competing with the Japanese on the basis of quality and “fit and finish.” To accomplish this, their old industrial cultures had to be dismantled. Inbred bureaucracies that had hog-tied the corporations had to be broken up and replaced by fresh design, manufacturing and management philosophies—many blatantly copied from the Japanese. Faced with the threat of import quotas, the Japanese countered by developing so-called “transplant” operations—American factories to build cross-bred “domestic-imported” cars. Honda started the trend at Marysville, Ohio, in 1982, to be followed by Nissan in Tennessee and Toyota in Kentucky. To further blur the identity of who-makes-what, GM and Toyota formed an alliance to jointly produce cars in Fontana, California, while Ford devel-

oped a similar relationship with Mazda in Michigan and Chrysler—for several years—with Mitsubishi in Illinois. The ancient adage, “If you can’t beat ‘em, join ‘em,” became familiar in board rooms in Detroit and Tokyo.

AS WE speed toward the 21st century, the American car industry faces a time of challenge and the untold opportunity that so often springs from it.

Although the sword of Damocles hangs over the Japanese in the form of quotas, embargos and tariffs that could be imposed by Congress—forcing Japan to hold annual sales at about 1.2-1.5 million units—the domestic turf war is far from won. Honda battles annually with Ford’s Taurus for best-selling-car honors, while Toyota, thanks to its ever-increasing transplant production, threatens to overtake Chrysler as the third member of the Big Three. The General Motors market share has slumped to just over 30 percent, and only its enormous financial muscle and extensive dealer network keep it from dipping further.

Overall, the Big Three’s share of the American market is just 20 percent larger than was the piece of the pie claimed by GM alone during its heyday. Yes, the global market, with its 35 million cars a year, beckons—omi-

nously. The Asia-Pacific segment (Japan, China, Indonesia) already produces 500,000 more cars and trucks than our 15 million a year, making entry into that market difficult.

Which hints at the major dilemma faced by the industry: excess capacity. Experts claim that by 2000, the world’s 50-odd car companies will be capable of rolling out 22 million more units than the public can buy and drive. This portends savage competition. Couple that with rising global environmental concerns that might demand rapid development of admittedly primitive electric and fuel-cell powerplant technologies, and the long-range concerns voiced in the boardrooms of Detroit take on legitimacy.

At the same time, in those same boardrooms, all this has spurred a renewed spirit of innovation, an industry-wide commitment to running leaner and meaner.

Domestic manufacturers—or more correctly, the hometown boys at GM, Ford and Chrysler (as opposed to the transplants from Japan who have put down roots here)—are frantically moving to downsize their workforces while upgrading manufacturing and design efficiencies. Over the past decade, American automakers have radically improved their product lines in terms of engineering and quality. Today they have an advantage over the imports in the critical areas of SUVs, minivans and pickup trucks.

For such reasons, and for all the talk about Hondas and Camrys, the Big Three enjoy a nearly 70 percent share of the domestic market, while the Japanese sit, restlessly, at just over 20 percent. The Europeans—primarily the Germans—and the South Koreans fight over the remainder.

This domestic preserve gives American manufacturers the confidence to look eastward to new markets on the Pacific Rim, where, for all the clatter about overproduction and competition, growth potential far exceeds that of the mature markets in North America and Europe. For Detroit has learned that as long as the product and price are right, the market will be there. After all, the Pacific Rimmers are going to buy a car from somebody. Why not from GM or Ford or Chrysler?

Perhaps more important, gone forever are the bad old days of arrogance, isolation and the resultant overblown, over-chromed arks that made American cars an international joke. Detroit is girded for battle and ready for the inevitable in this biggest, longest, toughest economic war of all. □



GRAND SLAM OFFER RETURNS

BUICK Motor Division is stepping to the plate again to support American Legion Baseball by offering new special incentives for American Legion members. As part of the Buick support program for American Legion Baseball, which has been in place for nearly five years, Buick contributes \$100 to the baseball program for every 1997-98 Buick Park Avenue purchased or leased by members of The American Legion family on or before Sept. 30, 1997.

Buick now offers members of The American Legion family (including Auxiliary and Sons of The American Legion members) the opportunity to test drive a 1997-98 Buick Park Avenue and receive a \$50 gift package of Omaha Steaks. A purchase or

lease of this model will save Legionnaires an additional \$500 on top of any current national offer, giving Legion-family members the opportunity to save money and support American Legion Baseball at the same time. These current incentives expire Sept. 30.

More than \$3.4 million has been contributed by Buick to American Legion Baseball during the life of this support program. In addition to the money given directly to the baseball program, Buick also supports regional tournament play leading up to The American Legion World Series. As a major tournament sponsor, Buick provides banquet support and a hospitality tent at the World Series. A special Buick night at a Series game provides baseballs and hats to attending fans.

The American Legion and Buick also have worked together to establish a program that offers athletes substantial scholarships toward college educations. Scholarships are awarded annually at The American Legion World Series. Because of their continued involvement and support, Buick was named the official car of American Legion Baseball by the National Americanism Commission.

—Carin M. Chappelow

Do You Suffer Arthritic Aches and Pains?

Now! Enjoy a "PAIN FREE" Life with 100% Natural **ARTHRON**™

- ✓ **Reverse Your Arthritis...**
- ✓ **Repair Damaged Cartilage...**
- ✓ **Reduce Inflammation!**

Did you know, that you can actually repair damaged cartilage? As cartilage deteriorates, it loses its protective effect on joints, and allows bones to rub and grind together. The resulting action, of this *rubbing and grinding*, is deformed, painful, stiff and sometimes swollen joints.

By helping your body help repair itself, you can greatly relieve joint pain, tenderness and swelling.

How Do I Help My Body Repair Itself?

When you use **ARTHRON**, you can help your body repair the damaged cartilage between your joints, so that once again you have healthy cartilage. You can experience relief without using toxic drugs or prescription medications that have harmful side effects.

Prescription drugs can lead to serious physical damage. Peptic ulcers, gastrointestinal bleeding...even kidney and liver damage can be caused by using NSAIDS. NSAIDS are non-steroidal anti-inflammatory drugs such as aspirin and ibuprofen. Cortisone is more dangerous.

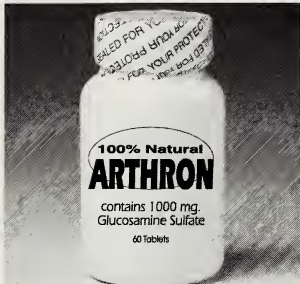
NSAIDS actually destroy your body's cartilage. **ARTHRON** is more effective in treating arthritis, because it reduces pain, swollen joints and stiffness - without toxicity or side effects such as stomach irritations.

Standard Drug Therapy and Prescription Drugs

Anyone who has arthritis, and who has been treated with aspirin, cortisone, surgery, etc. knows that they can only expect to receive limited relief. There is no real improvement or cure with prescription drugs. Standard drug therapy and prescription drugs can temporarily suppress pain and inflammation, BUT can actually promote the progression of the disease by inhibiting cartilage repair. There is only temporary relief and numerous side-effects.

As an alternative treatment to arthritis pain, there is a powerful blend of natural ingredients which have been used to treat bone and joint diseases. These ingredients are completely safe (NO SIDE REACTIONS WHAT-SO-EVER) and supply 100% Natural Relief for "Deep In The Joints" aches and pains due to arthritis.

They also *reduce joint inflammation and stiffness, helping to provide you with greater freedom of movement.* Even long term sufferers will receive relief. No more sleepless nights and painful annoying days. This 100% Natural Relief Preparation is called "**ARTHRON**" and is now available, for the first time, to the public.



What Can **ARTHRON** Do For Me?

ARTHRON is a 100% natural nutritional supplement that is completely safe and effective. It helps your body fight the aches and pains of arthritis without the side effects of aspirin, ibuprofen or cortisone. **ARTHRON** has no side effects.

The main ingredient in **ARTHRON** is **Glucosamine Sulfate**: which contains two important building blocks for cartilage. This ingredient has been shown in recent studies to reduce pain and restriction of movement in arthritis sufferers.

The ingredients in **ARTHRON** are:

Glucosamine Sulfate.....	1000mg
Boswellin.....	300mg
Bromelain.....	150mg
Alfalfa Juice Concentrate.....	100mg
Willow Bark.....	100mg

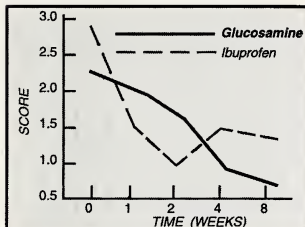
BOSWELLIN: an alternative to NSAIDS. It has been shown to reduce pain, swollen joints and morning stiffness. Also improves grip and physical performance. **BROMELAIN**: another powerful anti-inflammatory ingredient, without the gastrointestinal side effects of aspirin.

ALFALFA JUICE CONCENTRATE: provides 2 important benefits. It promotes a

proper balance of hormones, an important factor in controlling the aches and pains, and it may reduce cholesterol levels. High cholesterol levels can impair circulation to inflamed or swollen joints.

WILLOW BARK: has been used as an anti-inflammatory agent for thousands of years. When it's chemically altered into salicylic acid, it's the basis for aspirin.

Your body needs time for these natural ingredients to gradually and naturally work their way into your system. Daily dosage is 2 tablets. One bottle contains 60 tablets, a month's supply. We strongly recommend that you give **ARTHRON** a real try for 4 months. You will need at least a 2 month supply since everyone is slightly different and the absorption time varies from person to person. Full results occur within 8 weeks (see graph).



ARTHRON is completely guaranteed.

To receive a refund for any unused product, simply return the tablets and container, a full refund of purchase price (less P&H) will be sent to you. To order **ARTHRON**, simply fill out the coupon and mail with your check or money order to the address below. We accept VISA and MasterCard. Call toll free 1-800-770-1155. All orders are shipped by **FIRST CLASS MAIL**. Offer void in IA and CT.

This product is not intended to diagnose, treat, cure or prevent any disease. ©1997, WGSJ. Trademark **ARTHRON** WGSJ.

WILLOWS NUTRITION CENTER, Dept. ARB-276

179 Post Road West, Westport CT 06880

Please RUSH me **ARTHRON-NOW!**

- ☐ 1 Month (60 tabs) only \$24.95 plus \$3. post & handl. (total \$27.95)
- ☐ 2 Months (120 tabs) only \$45.95 plus \$4 post & handl (total \$49.95)
- ☐ **SAVE \$20.85!** 4 Months (240 tabs) only \$85.95 plus \$5 post & handl (total \$90.95)
- ☐ **SAVE \$52.70!** 6 Months (360 tabs) only \$115.00 (inclds post & handl)

Charge my: ☐ VISA ☐ MasterCard

Acct # _____ Exp. I _____

Signature _____

Name _____

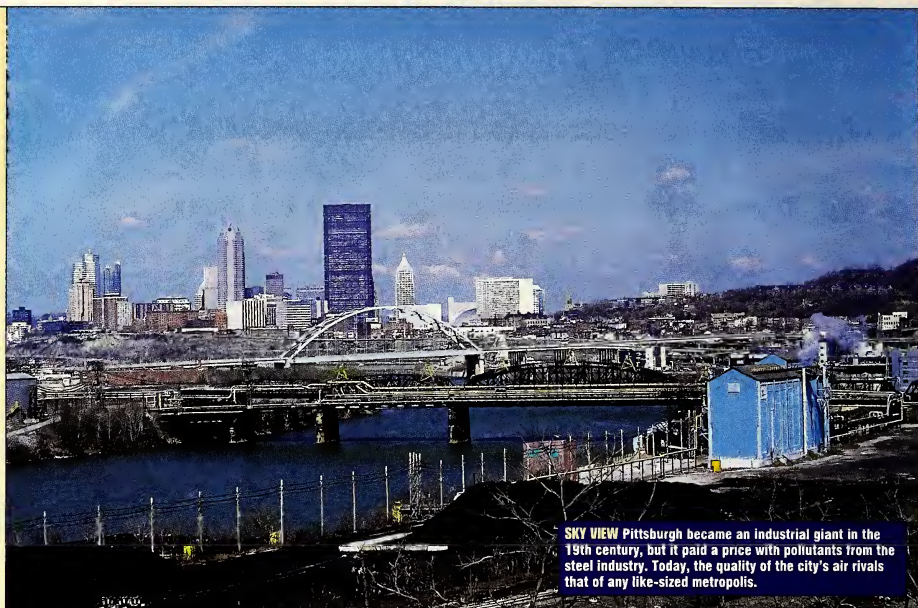
Address _____

City _____

State _____ Zip _____

Enclosed is check/M.O. for \$ _____ Telephone (_____) _____

CHARGE ORDERS Call Toll Free 1-800-770-1155 Mon to Fri 9AM-5PM EST



SKY VIEW Pittsburgh became an industrial giant in the 19th century, but it paid a price with pollutants from the steel industry. Today, the quality of the city's air rivals that of any like-sized metropolis.

TURNAROUNDS

BREATHING EASIER



CORBIS LIBRARY OF PITTSBURGH

It was a kind of national wake-up call: A dense, smoky cloud settled on Donora, Pennsylvania, on Oct. 30, 1948. For three days, the blanket of filthy air hung over the city. When it lifted, half of Donora's 14,000 residents were sick and 20 lay dead, victims of what the headlines called "killer smog."

Residents of other communities—and not just in industrial regions—began wondering about the quality of air they were

"An ounce
of prevention
is worth a pound
of cure"

FACT: Septic Helper works

to prevent septic tank and cesspool problems and saves you \$\$\$\$!

FINALLY... SEPTIC MAINTENANCE MADE EASY

CUT DOWN: re-doing drain fields
pumpouts • wet spots
costly expenses • clogged drains • offensive odors

100%
GUARANTEED

Septic Tanks/Cesspools can eventually clog up, back up and become malodorous. Slow drainage can set in and become a constant problem. Now there is a product available that will help maintain your system and also help it reach maximum efficiency. SEPTIC-HELPER goes to work in your system, activates the bacteria and begins to change organic solids into liquids. Let SEPTIC-HELPER work to keep your septic system trouble free.

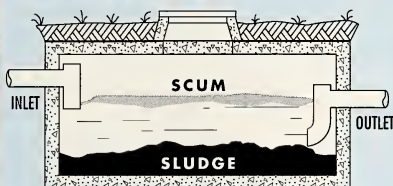
**A beneficial bacteria additive
that is safe and easy to use**

For More Information Call Toll Free
1-800-544-4074

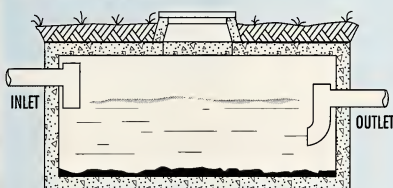
OR Fill Out Coupon

**Keep your septic tank and
cesspool in great shape.
Use SEPTIC HELPER!**

SEPTIC TANK BEFORE



SEPTIC TANK AFTER



DRAIN LINES BEFORE/AFTER



A drain pipe loses
part of its diameter
in 5 years due to
organic build-up.



SEPTIC HELPER helps
to restore the pipe to
original after a few
months of treatment.

I am interested in more information on
SEPTIC HELPER

Name

Address

Town State

Zip Tel. ()

How many septic tanks/cesspools?

Mail in coupon to:

Krane Products

P.O. Box 521 Larchmont, NY 10538

AL

breathing. Around Los Angeles, polluted air stung eyes, withered plants and obscured goal posts at the far end of football fields. In Rocky Mountain towns, air inversions—like corks in a bottle—capped valley communities, trapping foul air below.

People everywhere looked at smoke from open burning, car exhaust, airborne road dust, factory smokestack emissions, and other sources and uttered a collective “ugh.” The air in many American cities and towns was dirty, dingy and often dangerous to breathe. With one pollutant or another (or several acting in concert) capable of causing or exacerbating asthma, bronchitis, lung cancer and a host of other ailments, cleaning the air became an absolute necessity.

Concerned citizens lobbied politicians, and in 1963 Congress passed the Clean Air Act (amended in 1970 to give it teeth). Tools varied among communities, but included tough regulations on industrial emissions, catalytic converters for cars, bans on wood and other polluting fuels and new kinds of gasoline. After decades of peering through and inhaling murky air, America was off and running in the race to once again breathe free.

And it’s a contest we’re winning. Even in the face of urban sprawl, America’s air today is cleaner—much cleaner—than at any time in our recent past. The Environmental Protection Agency has long monitored a half-dozen major pollutants, and



lution episodes, days when the air could be seen, smelled, even felt and tasted. Last year, there were only seven such episodes, and computer models suggest that figure will fall to zero by 2000. In 1989, authorities launched an ambitious plan to minimize pollution from almost every

imaginable source, including house paint, cars, cow manure and ships at sea. The goal is to have Los Angeles air meet all federal health standards by 2010, and so far the clean-up is running on schedule.

However, when it comes to a reversal of polluted air misfortunes, no city breathes easier than Pittsburgh. This community had become an industrial giant early in the 19th century, but along with iron, steel and textiles, its factories produced abundant air pollution. As early as 1850, newspaper editorials railed against the sad state of Pittsburgh’s air, and conditions worsened well into the 20th century. Seeing across the street was sometimes impossible, even with street lights that came on at mid-day in the smoggy gloom. Laundry hung outside to dry ended up dirtier than before it was washed. Civic pride all but vanished, and even some industrial firms left town because of the dirty air.

In the 1940s, Pittsburgh finally began cleaning up its air with regulations on smoke production, fuel choices, emissions and combustion equipment. Natural gas replaced coal in many homes, and diesel fuel did the same for trains and boats. With some prodding, industries began screening their emissions. Financier Richard Mellon reportedly warned the Pennsylvania Railroad that if it didn’t cease lobbying against smoke control for Pittsburgh, he would order his many powerful companies to stop shipping on the line.

In 1970, Pittsburgh got additional help from the Clean Air Act, and the improvement was quick and breath-giving. Within five years, 65 percent of the particulate emissions and 57 percent of the sulfur dioxide emissions in Pittsburgh were eliminated. By the time the 1970s ended, so had Pittsburgh’s frequent air pollution alerts. Today, the quality of Pittsburgh’s air rivals that of any city its size, and in 1996 every air monitoring station in Allegheny County found air quality meeting or exceeding federal standards.

Also last year, *Fortune* magazine named Pittsburgh the ninth-best American city in which to live. “Goodbye, sooty steel. Hello, gleaming glass,” wrote the editors. Now that’s a turnaround. □

Government and corporate America have taken a stand to clean up smog-choked skies—a breath of fresh air for large cities and their neighboring communities.

since 1970, levels of five of these contaminants have declined, respectively, 98 percent (lead), 79 percent (particulates, which are soot-like particles), 41 percent (sulfur dioxide), 28 percent (carbon monoxide), and 25 percent (ozone). The other compound, nitrogen oxide, increased 6 percent during that time.

Probably the single biggest pollution turnaround of all time has been the virtual elimination of lead from the air—thanks to the phaseout of leaded gasoline. This improvement alone likely has prevented thousands of health problems, especially in children. If the amount of lead in America’s air declines much further, it will become undetectable, some experts say.

Even the air in Los Angeles is dramatically cleaner today than at any time in decades. In 1977, southern California experienced 121 Stage One pol-

Special Offer!

SAVE ON OUR MOST POPULAR PRODUCTS FOR HEALTHY LIVING



MAGNETIC SUPPORT

The Chinese have studied magnetism for centuries and believe that it can stimulate circulation and reduce stiffness. Now you can own a comfortable stretch knee support that has four rows of strategically placed magnets sewn in. Washable polyester/spandex. One size.

#22883 MAGNETIC KNEE BRACE
COMPARE AT \$16.99

\$14.99



KEEP YOUR ANKLE UNDER PRESSURE

Protect a weak, sprained or injured ankle with this wraparound ankle support. Adjustable straps allow for customized support and compression. Helps reduce swelling while it supports muscle, tendons and ligaments. Designed to wear under sock. One size fits all.

#22202-01 ANKLE SUPPORT
COMPARE AT \$14.99

\$9.99

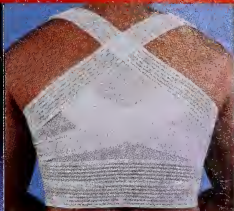


LIVE A HIGH ENERGY LIFE

Scientists warn that death begins in the colon as every hour seven Americans die of colon cancer. Nutrient formula scrubs the upper and lower intestinal tract breaking away hardened plaque, moving wastes out. Cleaner intestines help your body absorb more energy from foods. You'll look and feel younger.

120 capsules.
#22719 COLON FORMULA
COMPARE AT \$21.99

\$14.99



IMPROVE POSTURE INSTANTLY

Reinforced design gently returns tired shoulders to a correct and comfortable position. Wide elastic crisscross straps are softly lined. Fully adjustable with Velcro®. Washable. USA. White. Specify chest/bra size. S(30-32), M(34-36), L(38-40), XL(42-44), XXL(46-48).

#22479 POSTURE X™ CORRECTOR
COMPARE AT \$21.99

\$19.99

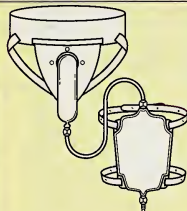


MELT AWAY POUNDS AND INCHES FAST!

Amazing Japanese weight loss system allows you to shed pounds quickly and easily. Tested and found effective by the Japanese Medical Association, Gluco-Lite capsules primary ingredient is extracted from the konjac root. 100% natural. 90 capsules.

#22823 GLUCO-LITE
COMPARE AT \$16.99

\$12.99



A SYSTEM OF PROTECTION

Solve incontinence problems comfortably and easily. Fits like an athletic support. Undetectable under clothing, the sheath holds 5 oz., while the collector bag holds 20 oz. Adjustable waist-band conforms to any waist. Allows full daily activities. One size fits all.

#22310 SHEATH URINAL **\$34.99**
#22739 EXTRA SHEATH \$19.99
#22740 LEG BAG (20 OZ.) \$9.99



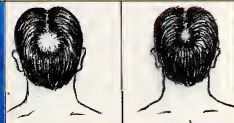
SUPPORT FOR HERNIAS

The adjustable elastic band provides proper compression and support for those who suffer from hernias. Foam pads protect right, left or double hernias. Washable nylon/Lycra®. USA. Specify waist size. S(30-33), M(34-37), M/L(38-41), L(42-45), XL(46-49).

#22356-01 RIGHT HERNIA TRUSS
#22356-02 LEFT HERNIA TRUSS
COMPARE AT \$29.99

\$26.99

SATISFACTION GUARANTEED
OR YOUR MONEY BACK.



MINOXIDIL

Hair Regrowth Treatment For Men & Women

No need to be embarrassed by thinning hair. Clinical studies show that Minoxidil Topical Solution, 2% may help regrow hair. If you have thinning hair, Minoxidil may be just what you need. Contains the same active ingredient as Rogaine®. Two month supply.

#22917-01 MEN'S FORMULA
#22917-03 WOMEN'S FORMULA

\$19.99



ALL-NATURAL, DRUG-FREE PAIN RELIEF

Natural, needle-free alternative to acupuncture; stimulates reflexology, acupressure and acupuncture points on the body. You may experience instant relief. Simply pushing down the plunger causes two crystals to rub together to create a small, harmless tingle that can relieve pain. No batteries required.

#22880 CRYSTALDYNE PAIN RELIEVER
COMPARE AT \$49.95

\$29.99



Healthy Living™

P.O. Box 94512, 6836 Engle Road, Cleveland, Ohio 44101-4512

5-H21-JJ

QTY.	STYLE NO.	DESCRIPTION	SIZE	TOTAL

☐ Check ☐ Money Order
Payable to Healthy Living™
☐ VISA® ☐ MasterCard®
☐ Discover Card®/Novus
Expiration Date ____/____/____

POSTAGE & HANDLING
Up to \$10.00 \$3.99
\$10.01 to \$20.00 \$4.99
\$20.01 to \$30.00 \$5.99
Over \$30.00 \$6.99

Total Amount of Merchandise \$
Ohio Residents Add 7% Sales Tax \$
Add Postage & Handling (see chart) \$

Acct. # _____
Signature _____
(required if using credit card)
Name _____
Address _____
City _____ State _____ Zip _____

CHARGE IT! CALL TOLL FREE
1-800-800-0100

MON-FRI 8AM TO 10PM • SAT 9AM TO 5PM • EST

MEAN STREETS

Continued from page 75

police officer Val Izzo, who took him to meet the 9th District's captain, James Tiano. "This is the leader of the new inline skaters' town watch," the junior officer said.

"What are you talking about?" Tiano said. Other officers laughed when Izzo sketched his plan for a town watch on skates. But within a few days, Izzo and Short had convinced the captain to give the skaters a chance. Volunteers, ranging in age from 18 to 40, underwent four hours of training by police. (Lesson One: Stay away from gunfire. "You can't outskate a bullet," recruits were told.) They rolled out four-skater patrol teams in the summer of 1995, covering a community of about 180,000 within Philadelphia. Ever since, four nights a week, except when the weather's bad, the skater quartets, equipped with flashlights and radios, race along the district's streets and sidewalks, easily patrolling up to two blocks a minute with high mobility, rolling down narrow alleys or weaving through cars parked in a lot. "We can cover twice as much distance during a patrol as people on foot," Short says.

The Landskaters Inline Skate Club hasn't broken up any drug rings or made any arrests. The skate patrol has helped a distraught bride-to-be recover a lost engagement ring, and a worried woman find her husband when he disappeared after a wine-tasting party. "He was sitting on some stairs in a parking lot," Short says.

Of greater concern to most residents, the club members often escort people to their cars at night. They say hello to strangers, skate away and snake back for a second look if they decide the stranger's response was suspicious. Officer Izzo says his peers on the street often feel reassured to see a group of skaters watching and willing to help. "With their skates on, these guys look about six or seven feet tall," Izzo says. Criminals appear to be somewhat daunted by their obvious presence: Crime in the area dropped 12 percent in the first year after the skaters went on their rolling patrol. And Short seems to have solved his group's image problem.

"People wave at us, and yell thanks when we go by," he says. "The skaters feel a little like the way American GIs must have felt when they liberated

French towns from the Nazis."

Experts on citizen anti-crime initiatives say the liberation of America's streets from the grip of crime depends on a factor long important to the best generals: cohesion in the ranks. "The areas with the highest crime rates are neighborhoods where residents don't know each other," says Dr. Patrick Donnelly, associate professor of sociology at the University of Dayton in Ohio, where he teaches criminology. Neighborhood watch groups or other initiatives are most likely to spring up and succeed, he says, in stable communities where crime has recently increased. It helps, too, if churches, police, politicians and institutions like hospitals or local businesses join residents as allies.

By Donnelly's definition, his own neighborhood of Five Oaks in Dayton was ideal ground for a grassroots campaign against crime. The area of some

**"The heat is on
in Five Oaks, so
stay away."**

—Patrick Donnelly, Dayton, Ohio

5,000 residents needed help in the early '90s. Prostitutes roamed the streets and took their customers into alleys, cars and trucks near the house where Donnelly lived with his wife and five young children. In the late 1980s, crack sellers looking for more upscale buyers moved into the racially diverse neighborhood, and residents were terrified by the drug-running cars careening through streets where kids played.

But the community connections were tight enough to spawn a radical defense. With the support of local politicians, citizens by the hundreds held meetings and lobbied successfully for installation of a series of iron gates closing off dozens of streets like the dead ends of a maze. No one can race through the neighborhood anymore.

The gates inconvenience residents, Donnelly acknowledges. Many have to wend their way through the maze to get home. But there aren't many complaints. Reports of robbery, aggravated assault, burglary, larceny, auto theft, arson, prostitution, vandalism and in-

toxication all dropped significantly after the barricades went up. Donnelly says the reason was that the road blocks sent a signal of community cohesion to criminals: "The heat is on in Five Oaks," he says, "so stay away."

The "heat" that shields communities is actually the warmth of a close-knit neighborhood, agrees Elinor S. Price, a 63-year-old grandmother and manager of Woodlands Watch. That's an anti-crime partnership protecting the 48,000 residents of the Woodlands, a planned community 27 miles north of Houston, Texas. The partnership—among private citizens, police, firefighters and schools—is built on the "little brick" philosophy, Price says. "You build a strong foundation brick by brick," with a core of residents willing to meet newcomers, monitor rumors, keep an eye out for each other's safety and even teach the rudiments of detective work to youngsters.

Every year, kids and adults alike join in a game called "I.D. the Burglar." On a night of neighborhood block parties, volunteers playing the role of a potential thief drop by the gatherings, stay for less than a minute and say a single line, like "Oh, I guess I'm in the wrong house." After the "burglar" leaves, party-goers collaborate to draw up a description, from the visitor's height down to the color of his shoelaces. Police compare the descriptions with photos of the volunteer villains. Groups that do the best job of identifying the strangers win prizes, such as 25 tickets to a folk-music concert. From an early age, Price says, children learn Sherlock Holmes skills, for example how to line up the top of a stranger's head with available benchmarks, like the height of a door, so they can be more accurate in providing descriptions.

In one recent case, a 13-year-old girl out for a walk encountered an exhibitionist, Price says. The girl kept walking and calmly called police when she got home. "She remembered the color of his shorts and said she had seen a yellow mountain bike on the ground near him," Price says. "She even remembered that he had hairy legs." Police were able to make an arrest based on her description.

"You haven't missed a thing," they told the girl. "How did you learn to do this?"

"Well, my neighborhood won the I.D. the Burglar Contest," she said. More than that, America had won another volunteer willing—with the help of her neighbors—to make life tough for criminals. □

TURNAROUNDS

INTO THE WOODS AGAIN

THE first Europeans to land on America's shores were awestruck by the vast forest that greeted them. The great ocean of trees flowed west from the Atlantic's edge farther than anyone could imagine. The eastern third of the country was virtually one big arboreal blanket, and speculation held that a nomadic squirrel might travel from the East Coast to the Mississippi River without ever touching



FOREST SLUMP Clear-cut areas are now being restored. Since 1960, logging and other industries have replanted 60 million acres.



PHOTO BY JACQUETTE THE STOCK MARKET

PHOTO BY JACQUETTE THE STOCK MARKET

the ground. Later, scientists estimated the size of America's original forests at 1 billion acres.

For nearly two centuries, little changed. Then, early in the 1800s, pioneers pushed west, the immigrant trickle became a torrent, and trees began to fall.

Wood built homes, fueled factories and provided countless railroad ties. For every person added to the population, farmers tilled another three or four acres, usually after stripping the land of its trees. Psychologically, forests symbolized wilderness, while cleared land represented civilization.

Besides, there were always more trees over the next hill.

The pace of forest destruction quickened throughout the 19th century and into the 20th. Between 1850 and 1910, more forest vanished than in the previous 250 years—about 190 million acres or 13.5 square miles every day. Articles in *The New York Times* warned of the country's impending complete deforestation, and businessmen fretted about the coming timber famine.

Around the turn of the century, however, a growing cadre of conservationists decided that forest profligacy must cease, that the face of America must never stand naked and treeless.

They fought for and got protected public forests, but their greatest contributions were the novel notions that forests are not inexhaustible and that Americans should actually *plant* trees.

They called the concept "reforestation." By the 1920s, the idea that trees are a renewable resource had sunk in, and the timber harvesting came into equilibrium with planting.

Today, America has as much forested land as in



and in a hundred other ways enhances our lives. Based on weight, Americans use as much wood as plastic, cement and all metals combined. Timber remains the nation's most valuable agricultural crop. Thanks to reforesta-

tion, we quite literally have our trees and use them too, and since the 1940s, annual forest growth (in volume) has consistently exceeded the amount of timber harvested.

Inherent in the great forest turnaround has been a tree-planting fervor unlike any other in the world. Since 1960, we have planted nearly 60 million acres of trees, 2.4 million acres in 1995 alone.

Every year, billions of new young trees are tucked into the earth, many via banded back and the armfelt swinging of an ancient axlike tool called a hoedad, which parts the soil to make room for a single seedling.

Other terrain reverts naturally to woodland when formerly harvested plots reseed themselves or existing forests swallow up abandoned farms. In addition to millions of seedlings sewn where you might expect them, trees have been planted everywhere from the sheer granite face of NORAD's Cheyenne Mountain to the devastated slopes of Mount St. Helens.

Forest resurgence is most noticeable, however, in the East, where woods now cover half the land. New Hampshire is 90 percent forested and Vermont 80 percent—up from 35 percent in 1850.

Writing in *The Atlantic Monthly*, Bill McKibben, author of *The End of Nature*, asks readers to imagine a time-lapse video of recent forest changes shot from outer space. In eastern North America, he says, you'd see "a patch of green spreading like mold across bread" as forests branch across the once-barren landscape.

Forests and trees have always been part and parcel of the American experience—from Longfellow's "spreading chestnut" to California's towering redwoods to bristlecone pines that were already old when Christ walked the earth. America's huge public forests—like the 191 million acres

in the National Forest system—are the envy and towering leader of the world.

And under continued good management, our tremendous forest resource will be with us forever. Long after the last Middle Eastern country has pumped its last barrel of oil from deep within the belly of the earth, America will still be a wooded wonderland. □

With continued good management, our tremendous forest resource—the envy of the world—will be with us forever. Timberland towers as our country's most valuable and enduring crop.

1920—roughly 737 million acres or one-third of our vast nation. This represents 70 percent of the wooded area that existed in 1600, no mean conservation accomplishment in the face of a population that has increased a whopping 5,000 percent since the beginning of the 19th century.

This does not mean, however, that we have stopped cutting trees. Wood still builds our homes

QUIET HEROES

Continued from page 82

average of more than 10 fires a day. During his tenure, Warren has worked in disaster relief at the World Trade Center bombing; the USAir, Avianca and TWA crashes; floods in St. Louis and an earthquake in California.

U.S. Air Force veteran Bud Tatum, a native of Oklahoma City, and his wife, Doris, are also Red Cross disaster volunteers. The Tatums signed on in 1992 after financially supporting the Red Cross for many years. They joined their local disaster services unit and took courses on emergency preparedness, disaster relief and first aid. Immediately upon completing their courses, they were called to Globe, Arizona, where they spent three weeks helping flood victims. Since then, Bud and Doris have responded to floods, tornadoes, high-wind emergencies and the devastating bombing in their own community.

In April 1995, while the entire nation watched television news reports in disbelief, Bud worked furiously to rescue victims from the bombed federal building in Oklahoma City. As fate would have it, Bud happened to be a few blocks from the building when the bomb exploded, and he was on the scene before rescue crews arrived. He administered first aid to two severely injured people, preventing one from bleeding to death.

As he carried dead toddlers from the wreckage, Bud had no idea that two of his closest friends had died in the building's Social Security office. Doris helped care for families of the victims while they were waiting to hear the fate of their loved ones. Bud said he and his wife somehow become energized with each disaster because they knew people needed them. Last year, for his exemplary service, Bud Tatum was named one of 11 national everyday heroes.

Blueprint for Heroism

Other volunteers became heroes by learning such lifesaving skills as CPR, first aid, or the Heimlich maneuver and saving a life. While attending a swim meet at her high school in Lockport, Illinois, Kirsten Ziemke heard a spectator cry out for a doctor. Having completed her Red Cross lifeguard, first aid and CPR training a week earlier, Kirsten pushed through the crowd to see if she could help. There she found

Walter, a middle-aged man who had no pulse and was not breathing. She immediately started CPR. Within minutes, a nurse found her way through the crowd and took over the mouth-to-mouth resuscitation while Kirsten continued chest compressions. Together, they worked on Walter for 10 minutes when paramedics arrived and eventually stabilized his heartbeat. At the hospital, he underwent an emergency angioplasty and slipped into a coma for a week. But today, Walter is fully recovered and is Kirsten's special friend. Their families visit, share meals and exchange holiday gifts. Kirsten, now 17, says her biggest reward is that Walter is alive.

Like Kirsten, nearly 13 million Americans received health and safety training in aquatics, caregiving, CPR, first aid and HIV/AIDS education in 1996. Now they, too, are ready for emergencies in their schools, churches or supermarkets. These people will know what to do in case their spouse, neighbor, co-worker or stranger should have a personal emergency. In 1996, 132 people received the Certificate of Merit—the highest national award issued by the American Red Cross to individuals who saved or sustained someone's life as a direct result of Red Cross training.

Who are these people, and why have they come forward? They are our neighbors and family, friends, co-workers or maybe even you. They volunteer in local American Red Cross chapters because they believe in humanity, and because of them, the world becomes a warmer place.

As president of the Red Cross, I am privileged to have an army of 1.3 million volunteers. Volunteers have always reflected an important part of our national character. From our earliest days, when whole communities gathered to raise a barn for the benefit of one member, the volunteer spirit has bound us together and made our system work.

Today, there are 44 volunteers for every paid employee of the Red Cross. They make it possible for the organization to provide relief to disaster victims and help people prevent, prepare for and respond to emergencies. By focusing on volunteers, the Red Cross maximizes the talent and generosity of a caring public.

Volunteers find reward in the satisfaction of helping others. They somehow squeeze in the time despite all the other demands on their lives.

Volunteers in leadership roles are an integral part of the Red Cross, at the lo-

cal, state and national levels.

Every day, the American Red Cross helps people in emergencies, whether it's half a million disaster victims or one sick child who needs blood. People who learn how good it can feel to lend a helping hand make our vital work possible.

I once heard someone say the Red Cross rushes into places everyone else is trying to leave. There's nowhere in this world where volunteerism burns brighter than at 1,345 Red Cross chapters across America.

And every day across our nation, countless Americans, individually and in service with other volunteer organizations, roll up their sleeves and quietly go about the business of helping both neighbors and strangers in need. There is no higher calling. □

MAKE A DIFFERENCE

Continued from page 82

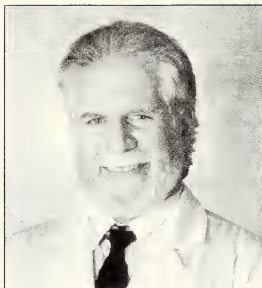
largest volunteer program in the federal government. For over 50 years, volunteers have escorted patients at VA hospitals, provided military honors at burial services and placed flags on graves for Memorial Day and Veterans Day. Contact VAVS at: 810 Vermont Avenue, N.W., Washington, DC 20420; (202) 565-7405.

Make-A-Wish Foundation ensures that children under age 18 with life-threatening diseases will have their wishes granted. Requests have ranged from all-expense-paid trips to Disneyland to building a backyard fishing pond. For more information: Make-A-Wish Foundation, 100 W. Clarendon, Suite 2200, Phoenix, AZ 85013-3518; (800) 722-9474.

SafeHaven's goal is to ensure a safe, secure environment for individuals seeking shelter, counseling or support services. They seek to prevent domestic violence and increase public awareness through education. Their 24-hour crisis hotline is: (800) 491-1114. For more information: SafeHaven, 230 N.E. Evansdale Road, Kansas City, MO 64116-2623; (816) 454-3581.

National Hospice Organization offers a compassionate method of caring for terminally ill patients. NHO emphasizes pain and symptom control to allow the person to live at home or a home-like setting. Contact the National Hospice Organization at: 1901 N. Moore Street, Suite 901, Arlington, VA 22209; (703) 516-4928. —LC

Special **FREE OFFER** For Chronic Pain Sufferers...



Dr. Robert D. Willix Jr., developer of PAIN-FREE HP™ and recent recipient of PREVENTION MAGAZINE's "Best Doctor Achievement Award."

"AT LAST – Fast, Safe ARTHRITIS PAIN RELIEF

With **NO DRUGS** of Any Kind!"
(No pills...No smelly creams...patches or gadgets either)

Robert D. Willix Jr. M.D.

"MAY I SEND YOU A FREE SAMPLE SO YOU CAN PROVE IT TO YOURSELF?"

My name is Dr. Bob Willix. I'm really excited because I've *finally* developed a revolutionary new roll-on lotion that stops arthritis pain. Stops it like nothing you've ever tried before! It's odor-free, all-natural and it *really* works! If you or someone you love would like to be free of pain once and for all, I'd like to share my discovery with you – FREE of charge. Not to brag, but this stuff is really *amazing*...

I call it PAIN-FREE HP™. It seems to work on most everybody who uses it. I know that, because I've tested it on over 8,600 people in the past ten months. Most of them reported almost "immediate relief." In fact, PAIN-FREE HP is being hailed as a "medical miracle" by former pain sufferers and physicians alike – *especially* those who cannot tolerate the dangerous side effects and stomach upset often caused by today's most commonly prescribed drugs.

Will PAIN-FREE HP relieve your pain, swelling and/or stiffness?

Probably. The best way to find out is to try a FREE sample. On me. Don't worry, you're under no obligation to buy anything...ever. But I'm willing to bet that once you try PAIN-FREE HP, you'll never again want to be without it. And just in case I'm right, I'll also send you a coupon good for one FREE bottle of PAIN-FREE HP. All I ask is that you *tell your friends* how amazingly effective it is. Help me spread the word. You've got nothing to lose except your pain and stiffness. Fair enough?

Complete and mail the coupon to me today, so I can rush you your FREE sample of PAIN-FREE HP. Please act now. Supplies are limited and I don't know how much longer I can afford to make this free offer.

FREE SAMPLE REQUEST

Mail To: HEALTHIER YOU AM097
Box 9515
Lake Worth, FL 33466

YES Dr. Willix! I want fast, safe arthritis pain relief – with no drugs of any kind. Rush me a FREE sample of PAIN-FREE HP plus a coupon good for one free bottle. I'm under no obligation to buy anything...ever. But I promise to tell my friends how amazingly effective it is. (I'm enclosing \$2.00 to help cover postage and handling.)

PLEASE PRINT

Name _____

Address _____

City _____

State _____ Zip _____

THE PATIENT AND ANY OTHER PERSON RESPONSIBLE FOR PAYMENT HAS A RIGHT TO REFUSE TO PAY, CANCEL PAYMENT, OR BE REIMBURSED FOR PAYMENT FOR ANY OTHER SERVICE, EXAMINATION, OR TREATMENT WHICH IS PERFORMED AS A RESULT OF AND WITHIN 72 HOURS OF RESPONDING TO THE ADVERTISEMENT FOR THE FREE DISCOUNTED FEE, OR REDUCED FEE SERVICE, EXAMINATION OR TREATMENT.



MENDING WOUNDS
The Deer Ridge Reserve in southern Indiana was mined until 1990. It has since been reclaimed as a wildlife habitat. Restoration has enhanced the surrounding unmined areas and provides habitats that did not exist before.

TURNAROUNDS

HEALING MOTHER EARTH

IF ever an industry had an ugly reputation, it was mining—especially coal and specifically strip mining. Time was when the huge earth movers entered one end of a mining area, tore the ground asunder, exited the far end and never looked back. In their wake lay moonscapes of ruined land, hideous scars, displaced wildlife and polluted streams. It was, quite simply, rape by bulldozer in which crude technology was matched by the primitive attitudes of many miners.

Where coal seams ran deep, the machines dug great channels in the earth, creating canyons with dangerous highwall precipices. Trees and topsoil were bulldozed under.

Many operations left acidic overburden (rocks, gravel or other material) exposed to the elements, allowing rain or melting snow to carry the polluting acid into nearby streams, turning them the color of orange soda.

Landslides and erosion often followed in the wake of surface mining operations.

In the 1940s, some states began restricting these practices, but unrepentant strip mining did not really meet its match until the earth-friendly era of the 1970s.

Specifically, Congress in 1977 passed the Surface Mining Control and Reclamation Act (SMCRA), landmark legislation that essentially halted laissez faire coal removal.

Under SMCRA, strip miners are now required to protect streams and other waters, refill cuts they make in the earth, return the land to its original contours, and plant grass or other native cover.

They also must post a reclamation bond that is not fully refunded until the new vegetation is five, or sometimes even 10, years old.

Strip-miners today must skim off the topsoil and set it aside. Only then can they bring in huge draglines capable of removing up to 250 tons of overburden with a single bite.



Pennsylvania, the depression left by one mine was lined with heavy plastic and became a sanitary landfill. In 1990 and 1991, the trees used for the National Christmas Pageant of Peace on the Ellipse in Washington, D.C., had been grown on a reclaimed mining site.

At one Montana mining location, a Jack Nicklaus-designed golf course now covers part of an old tailings bed, and elsewhere, houses are being built on a former mining area.

The Deer Ridge coal mine in southern Indiana turned its site into 49 permanent ponds (stocked with bass, bluegills and catfish), 19 shallow wetlands with waterfowl nesting habitat, and hundreds of acres of trees and upland cover for quail, doves, woodcock and songbirds. In 1991, authorities released 16 Canada geese at the former mine location, and today the flock numbers in the hundreds. In Kentucky, the Ridgeline Mine left behind an 11-acre lake complete with nine waterfowl nesting islands. When the local Earth Day picnic was held at the lake, youngsters pulled in 600 pounds of bass and catfish.

Surface mining occurs in all 50 states and provides 60 percent of the coal and nearly all the gravel, copper, uranium and iron used in this country. Since 1970, more than 2.5 million acres of mined lands—an area larger than the state of Delaware—have been restored to original or better condition. In Illinois alone, the coal industry has in the last

decade created 3,000 acres of wetlands. After a few years, many reclaimed areas become invisible, impossible for casual observers to identify as once having been disturbed.

In addition, SMCRA also levies a tax on coal, and that money is used to reclaim previously abandoned mines across the American landscape.

Over the last two decades, 100,000 acres of such sites have been restored, and more than 14,000 old mine shafts and other tunnels have been filled, closed or otherwise rendered safe.

Across the face of America, scars from former mining days are healing, and new ones generally are prevented from forming. In a major break with the past, surface mining now is universally recognized as a temporary use of the land. Today, the right to remove minerals from our Mother Earth carries with it the responsibility to restore the land for future generations. □

Across the face of America, scars from former mining days are healing, and new ones are prevented from forming. Removing minerals carries with it the responsibility to restore the land to be enjoyed by people for years to come.

With "surface" coal seams (themselves 3 to 20 feet thick) sometimes lying 75 to 100 feet underground, the amount of disturbance can be great—and the reclamation both extensive and expensive. Once the coal has been removed, the overburden is replaced and contoured, and the topsoil spread and seeded.

Reclaimed areas can become anything from wildlife habitat to farmland to parks.

The Eastern Kentucky Regional Airport, near the town of Hazard, sits atop a reclaimed mining site. In

LAND OF LEARNING

Continued from page 64

determined to stay forever in ruts created in the last century. This is why—based on whether children are learning what they need to know—not one state has a school system that adequately meets the needs of its children. According to a recent *Education Week* survey, not a single state even came close to having 50 percent of its students perform at or above the “proficient” level, meaning the student is well-prepared for the next level.

The public’s dissatisfaction with the current condition of our schools—as contrasted with sparkling success stories that exist in some schools in every part of our country—is what has made education the No. 1 issue in America and caused President Clinton to declare improving schools the keystone of his second term.

Most of us know from our own life’s experience that education is at the bottom of almost every problem or opportunity in America. It is the way we balance the budget, offer equal opportunity, understand our democracy, the way we create new jobs and win wars.

We must create for our children a system of public schools built upon the same principles that built our world-class colleges: choice, freedom and excellence. These schools might be in the same buildings. They might have many of the same teachers. But there will have to be dramatic changes: higher academic standards; more choices for parents; more freedom for teachers to create schools that meet the needs of children; modems instead of library cards; making teaching truly professional by ending tenure; creating master teacher career ladders that pay teachers based on their ability; paying the best teachers up to \$100,000 yearly.

A commitment to the best schools and education also means that even though life has never been busier, it is time for parents to put first things first. Parents are each child’s first teachers. My mother gave me a library card when I was three. She, not the president of the United States, taught me to read before I entered first grade. That responsibility has not changed.

Nothing is more important to another American century than giving every family the opportunity to choose one of the best schools in the world for their children.

Flying Fortress B-17

B-17: Really too cool for words. Alarm clock and plane with moving propellers and digital sound effects. (Actual B-17 recordings were transferred to a digital chip) The sound is so good you will swear you’re inside, at the controls!

When the alarm sounds (or you press the button) you’ll hear: engine cranking as the propellers begin to turn, then the nose cone lights up and engines start rumbling. Airborne, the captain says “Turning”, the propellers spin faster and faster and you begin to hear the famous buzz of the B-17. Real machine guns fire salvoes as the engines are throttled, more buzzing and humming, you’re bouncing around, then a final burst from the guns. Our Thumbs-up Remembrance To The Men And The Plane Who Flew Into History!

©1997



PROPELLERS TURN
Nose Cone Lights Up And Flashes

Immediate Shipment From Our Large Warehouse



The Plane That Made History!

Credit Card Orders
1-800-821-5157

Start the fireworks anytime by pressing the on-off button. The precision quartz clock swivels for easy viewing from any angle. And... your plane’s a real sweetheart (she comes with nose cone decals) so enjoy as is or customize with pin ups. B-17 has an 18” wingspan and is 13” long, takes 4 “AA” batteries. Satisfaction guaranteed or return for refund. Shipping not refunded.
Order B-17, \$85.00, add \$5.00 shipping. Or three monthly installments of \$30.00 each.

Send checks/ money orders to: **DutchGuard, Dept AM9**
PO Box 411687
Kansas City, MO 64141

History is alive in Alabama.



Come and take a step back in time at one of Alabama’s many great historic sites. Relive the important events in Alabama’s history that helped shape the state and the country. Come and see the true spirit of Alabama for a vacation you’ll never forget.

Write to us at the Alabama Bureau of Tourism and Travel, Dept. ALM997, Box 4927, Montgomery, AL 36103-4927 and receive your FREE copy of the Alabama Vacation Guide. It’s filled with all of the great values Alabama has to offer and all the information you’ll need to make your next vacation Unforgettable. Or call us toll free.



1-800-Alabama

<http://alaweb.asc.edu>



JEAN SPLICING America's casual wear sets the pace for global fashions.

Off-the-Rack Elegance

Dizzying colors and laid-back styles symbolize much of our country's spirit of expression and adventure.

By Carolyn Strauss

A MERICAN style. Many of the world's self-appointed fashion experts believe there is no such thing. After all, the French created ready-to-wear, and Paris still reigns as the center of the fashion world—doesn't it? American designers were not even the first to show coordinated sportswear, which they usually take credit for having invented. Perhaps most shocking of all, no one in this country had anything to do with developing the first department store—a concept as American as apple pie.

Fashion snobbery aside, there is no doubt that Americans have been the arbiters of some of the world's most popular—and most imitated—styles. There is nothing more American than a pair of jeans and a white cotton T-shirt (think James Dean or the Gap); urban cowboy chic (think country line dancing lessons); a

baseball cap worn backwards (think Ken Griffey Jr.); or exercise clothes worn as streetwear (think the supermarket on a Saturday morning).

These clothes and accessories possess a few common elements which define the manner of dress preferred by vast numbers of American men and women: They are simply designed, extremely practical and unquestionably comfortable, attributes which can be found in all-American favorites ranging from preppy tweeds and prairie-girl skirts to Spanx shorts and pumped-up sneakers.

It's not only what we wear, but also how we wear it, that distinguishes us from the rest of the clothes-conscious world. Americans have a certain off-hand, potluck-supper approach to getting dressed, known in some circles as "casual elegance." This means we don't

always button every button, tuck in our shirttails, match up our colors nor knot our ties. We take our comfort seriously. This is, after all, the birthplace of wash 'n' wear.

The foundation of American style is rooted in our forefathers' commitment to independence, freedom of expression and individuality. Soon after the Revolutionary War, the disciples of George and Martha Washington expressed a determination to wear only homespun, homesewn clothing—the beginnings of a long-standing tradition of buying American. The Amish and Quakers who sought religious freedom here brought with them a simplicity and practicality that dominated early American fashion—and is the hallmark of contemporary American design.

Many of our most notable fashion trends began in the mid- to late-1800s. Some grew out of our love of the great outdoors, others from our obsession with sports and exercise. The West was won by cowboys who became legends in their own time, and their Stetsons and boots have become icons of a definitively rugged American look (whether it's the real thing or a genuine Ralph Lauren imitation). Levi Strauss made his first canvas pants for miners in the 1850s, eventually offering them in indigo-blue denim. Classic blue jeans, arguably America's most important contribution to fashion, continue to symbolize this country's hard-working, easygoing, no-nonsense spirit of adventure—as evidenced by the dizzying array of styles, colors, price points and famous names emblazoned across the rear.

The late 1800s saw the rise of our greatest national

Please turn to page 115

Carolyn Strauss is a New York City-based model and fashion show emmentator. She's appeared on CNN Today, Entertainment Tonight and The Sally Jessy Raphael Show.

TRIUMPH

Continued from page 18

seek hospitalization. I was sick and weak from tuberculosis, and I traveled with my brother and his friend toward Munich. We had been walking a full day when we came upon a tank column.

As we walked on, we witnessed a soldier eating from a can with his bayonet. When he caught my eye, he jumped off the tank and gave me his unfinished rations, which I shared with my brother and his friend. Then I fell to the ground, kissed his boots and cried for the first time since my incarceration. He called to his fellow soldiers for more rations.

He then removed a handkerchief from his pocket and gave it to me. I thought it was to wipe my eyes. Soon after this episode, he received a command to leave.

Later, I discovered that the handkerchief was the flag of the United States of America. I have kept this flag of freedom as my most treasured memory of that eventful day, a day of thanksgiving and rebirth, all because of the

heroic Americans. I knew then that someday with God's help, I would go to their great country and become a citizen.

After months in a hospital, I was released, although I was still fragile. I moved to a displaced persons camp and spent the next two years searching for my family. I eventually learned that they were gassed in the death camp of Treblinka.

I applied to emigrate to a number of countries, my first choice being America. I was put in the custody of the U.S. government's committee for orphaned children. Following many physical examinations, I was brought to an orphanage.

Shortly thereafter, we prepared to sail for the United States. What a joyous and memorable day that was for me, to go to the land of a free people.

I was filled with happiness and amazement upon my arrival on April 10, 1948. I came here hoping to be adopted. I was functionally illiterate and still in poor health, emotionally and physically. As soon as I stepped off the ship, I fell to my knees and kissed the ground. There were tears in my eyes for my lost family. They would never see what I was to see, the won-

der, the strength and the freedom of America. My future in this new land was now in my hands.

I give much credit to my first teachers and the American people who helped me assimilate into American society.

I was fortunate to live the American dream. I became a naturalized citizen on May 3, 1953.

Even after five decades, my faith in America remains unwavering. My traumatic past still haunts me, and I live in the shadows of my tragic childhood.

I have suppressed painful memories and immersed myself in my education, family and work.

On Oct. 21, 1995, my dream of many years was fulfilled. I founded a memorial along Boston's historic Freedom Trail to commemorate the 6 million Jews and 5 million other victims of the Holocaust, and to acknowledge the American liberators. This memorial has brought me peace and symbolizes final rest for all our lost loved ones. But I shall remember that precious symbol of red, white and blue that wiped away a boy's tears and lead him to a land whose people treasure and revere liberty. □

TEACH CHILDREN

Continued from page 48

building confidence. The love that exists between you and the child, his desire to please you, will enable you to pass on your *value system* and cause him to internalize those values, make them his own.

By six or seven, such a child is already a winner; even a bummer of a kindergarten teacher will not deter him. He *knows* he can do it, not because you have told him he can, but because you have *shown* him he can every day of his life, every day of her life.

My mother never got to meet my drill instructors, and she did not get to meet all those teachers who wielded a great influence in my life, but they all worked as a team, coming together to make me sure of myself, letting me know I could succeed.

No matter what you accomplish in life, nothing could make you more proud than success with your children. It certainly takes time and work, but there is no greater reward. It certainly has a way of building a parent's self-esteem. □

THE BEST OF THE ORIGINAL 10-VIDEO SERIES NEWLY REMASTERED ON ONE LONG-PLAY VIDEO!

AMERICA GOES TO WAR

★ Over 3½ Riveting Hours ★

HOSTED BY ERIC SEVAREID AND EDWIN NEWMAN

"...Truly Stunning..." BILLBOARD MAGAZINE

V FOR VICTORY offers a unique look at World War II, from its most momentous events to the war's prominent personalities. Witness the combat footage and stories that riveted the American public. Composed of original newsreel footage, this program presents the Second World War as millions of Americans experienced it decades ago.



You'll see it all:

★ PEARL HARBOR TO MIDWAY ★

★ ANZIO AND THE ITALIAN CAMPAIGN ★

★ WOMEN AT WAR:
HOME FRONT TO FRONT LINES ★

★ BATTLE OF THE BULGE
AND THE DRIVE TO THE RHINE ★

★ IWO JIMA, OKINAWA AND THE PUSH ON JAPAN ★

100% Money-Back Guarantee

©1997 Acorn Media Publishing Inc.

Acorn Media Video, Box 350, Dept. VV-103,
7910 Woodmont Avenue, Bethesda, MD 20814

Please rush me:

☐ "V For Victory" Video Only \$19.95 plus \$3.00 p&h

☐ DELUXE VERSION Over 5 hours of riveting WWII video.

Only \$29.90 plus \$3.00 postage & handling

MD and NY residents add sales tax

Check enclosed for \$ _____ Or charge ☐ VISA ☐ MASTERCARD

Card # Exp.

Name

Address

City State Zip

"It's All Free for Seniors"

by Murry L. Broach - Staff Writer

Washington DC (Special) Are you over 55... or have a loved one who is? Then you'd better take a close look at this!

Every year Uncle Sam gives away hundreds of millions of dollars in cash, goods, and services to people just like you.

Better yet, most of these goodies are available to you regardless of your income or assets!

All this free stuff is one of America's best kept secrets... simply because the government doesn't advertise that it's available.

Now, an amazing new book reveals thousands of sources of fabulous freebies which are yours for the asking. Entitled "Free for Seniors", you'll learn all about such goodies as how you can:

- ▶ Get free prescription drugs. (This one alone could save you thousands of dollars!)
- ▶ Get free dental care... for yourself AND for your grandkids.
- ▶ Get up to \$100 for food.
- ▶ Free legal help.
- ▶ How to get some help in paying your rent, wherever you live.
- ▶ How to get up to \$15,000 free money to spruce up your home!
- ▶ Here's where to get \$1,800 to keep you warm this winter.
- ▶ Here's how to get help in paying your electric bill.
- ▶ Access the very best research on our planet on how you can live longer.
- ▶ Are you becoming more forgetful? Here's valuable free information you should get now.
- ▶ Stop high blood pressure and cholesterol worries from ruling your life.
- ▶ Free help if you have arthritis of any type.
- ▶ Incontinence is not inevitable. These free facts could help you.
- ▶ Free eye treatment.
- ▶ Osteoporosis: Learn about the causes, risk factors and new treatments.
- ▶ Depression: Being down in the dumps is common, but it doesn't have to be a normal part of growing old.
- ▶ Free medical care from some of the very best doctors in the world for Alzheimer's, cataracts, or heart disease.

▶ New Cancer Cure? Maybe! Here's how to find out what's known about it to this point.

▶ Promising new developments for prostate cancer.

▶ Get paid \$100 a day plus expenses to travel overseas!

▶ How to get your own VIP tour of the White House without waiting in line with everyone else.

▶ Up to \$5,000 free to help you pay your bills.

▶ Free and confidential help with your sex life.

▶ Impotence? Get confidential help... Free therapies, treatments, implants, and much more.

▶ Hot Flashes? This new research could help you now!

▶ Find out if a medicine you are taking could be affecting your sex life.

▶ Enjoy visiting our National Parks? Here's how you can get paid to spend your summers there.

▶ How you could travel the world... all at government expense.

▶ How to get \$7 off your phone bill each month.

There's more! Much, much more, and "Free for Seniors" comes with a solid, no-nonsense guarantee. Send for your copy today and examine it at your leisure. Unless it makes or saves you AT LEAST ten times its cost, simply return it for a full refund within 90 days.

Where else can you get an investment which guarantees a ten-to-one return?

It's easy to get "Free for Seniors". All you have to do is send your name and address along with a check or money-order for only \$12.95 plus \$2 postage and handling (total of 14.95) to:

FREE FOR SENIORS

Dept. FS674

718 - 12th St. N.W., Box 24500

Canton, Ohio 44701

You may charge to your VISA or MasterCard by including your card number, expiration date, and signature. For even faster service, have your credit card handy and call toll-free 1-800-772-7285, Ext. FS674.

Want to save more? Do a favor for a relative or friend and order 2 books for only \$20 postpaid.

Why not do it right now while you're thinking of it? ©1997 TCO FSO115308

WE STILL TRUST

Continued from page 39

to be these things without a belief in a personal God who cares, loves and enters into human experience to bring about the impossible.

"In God We Trust" is not just a phrase, but a depth of truth for America. It goes hand-in-hand with the American vision and dream. Our nation's founders saw a new country not governed by a monarch, but one where the citizens would govern the land. At the time, this was a unique idea that placed importance on the individual under God. It turned the pyramid of government upside down.

America has always stood for the rights of the individual. Each individual created by God has rights and possibilities. That is why we oppose communism: It teaches people to look to the state as their leader and provider. It is a paternalistic system that sees the state as the father, provider and protector. But we have witnessed the near demise of that dark trinity in recent years.

The emphasis in my ministry always has been on the individual because I believe that God has given to each of us a brain and various gifts. These gifts are best used and expressed in the freedom of individualism. It is this thinking that places the importance on you and me.

For nearly 50 years now, I've been a pastor, and I've seen the changes that have come about in people when they allow God to come into their lives. People of poverty become people of substance and deep character. People of depression and hopelessness become people of courage and hope. People of despair become people of joy. God makes the difference in peoples' lives. They are transformed! That is why Americans are turning to religion today. They see the evidence. They know their need and the needs of people around them. The only standard that remains true is God. America is turning to God.

Now, one final thought: When the chips are down, Americans know their responsibility to their neighbors and duty to their nation. The outpouring of compassion by the American public during times of tragedy is unmatched. The Bible declares that "God is love" and that this powerful force is demonstrated through people like us. There is no doubt about it: *In God We Trust!* □

HARVESTERS

Continued from page 86

buffalo meat slaughtering plant to a pasta factory. Tens of thousands of farmers are literally business partners.

Cooperation takes other forms as well. It includes a network of extension service offices that dispense technical advice in every farming state, about 55 commodity groups that spend more than \$700 million annually in farmer-paid fees to promote and improve their products, and universities and government agencies that share know-how for free.

It's hard to imagine, for instance, where Florida's citrus industry would be without the University of Florida and Florida's extension service, says Rex V. McPherson II, an Orlando orange grower.

McPherson, a third-generation citrus farmer, says university research and the extension system helped develop and educate growers to plant higher-yielding tree rootstocks and denser plantings that have doubled the number of orange trees per acre over the past 25 years. He's anxious to see the next focus of research bear fruit: cold-resistant citrus trees.

This spirit of cooperation has boosted the productivity of potato growers as well, says Jeff Raybould, a Rexburg, Idaho, potato farmer. He talked from his 800-acre farm just a few days after attending Idaho's annual Potato School, where new research on spud-growing is imparted to farmers.

"I think farmers evolve, they become better at what they do. You all improve together," says Raybould. Among the latest improvements on the Raybould farm: a new potato variety bred to resist the dreaded potato beetle.

Of course, even a wonder product needs marketing to catch on. And that's the second intangible. Simply put, agriculture wouldn't be where it is without the genius of American salesmanship.

Take the coming of machine harvesters in the 1800s. It took a sustained sales effort—so vigorous it sometimes degenerated into violence among gladiator-like competitors—to persuade farmers to buy their newfangled contraptions.

In the 1930s, another key product, hybrid corn, caught on only after years of promotion by a few companies whose founders were convinced that hybrids were the way to go.

"There is no greater myth connected

with the story of hybrid corn than the popular notion that it sold itself," says Richard Crabbe in his book, *The Hybrid Corn-Makers*. "The fact is, no more effective and intensive job of selling a new development was ever done in all the long history of American agriculture."

The marketing paid off in more ways than one. Hybrid corn dramatically boosted corn production and, by feeding a nation at war, probably played as critical a role in defeating the Nazis as air power.

Today, marketing remains a key to agricultural advances. Genetically engineered seeds, which went on the market last year and promise benefits aplenty to farmers, have required millions of dollars in promotion. The free-wheeling salesmanship has helped make America a leader in the use of genetically modified crops.

There is one more reason, intangible but fundamental, for the American success story on the farm: Political and economic freedom.

Agriculture in the United States, it's fair to contend, has enjoyed more freedom to strive, and fail, than in any other major food-producing country. As a result, agriculture tends to be an inventor-rich field. I think of those I've run

into, like an Indiana man who's come up with a low-cost greenhouse cooling system that could revolutionize the greenhouse industry, or a company pursuing a method of extracting a near-pure protein from corn that could become a highly nutritious food supplement.

Here's how Ronnie Mohr, who has farmed in Indiana all his life except for service in the Army during the Vietnam War, puts it: "The free enterprise system has helped us become more productive. You work hard and improve your brain, and you have a chance to succeed."

And, it turns out, feed the nation and much of the world at the same time. □

Treat yourself to the most current and up-to-date veterans publication!



The Dispatch \$12

Offer good until 9/30/97

P.O. Box 1055
Indianapolis, IN 46206

Chug! Chug! Chug! Steam Trains Are Back!

(on Video Cassettes)

Their names were magic...The New York Central, The Pennsylvania, The Union Pacific, The Southern Pacific and The Santa Fe! Names that meant railroading with steam locomotives, Pullman cars, highballin' through the night. These films were made by the railroads for their own use and promptly forgotten...until now. Transferred to video cassettes with the highest quality, these films bring back a fascinating picture of what it was like at the throttle of a hundred tons of mighty metal. Blow that whistle, feel the heat from the boiler, see the grit from the coal, smell that steam! Return with us now to those thrilling days of yesteryear!

If you love steam trains, these rare films...were just found after 50 years gathering dust and released on video cassette for the first time!

These just-found films are guaranteed to be: • 35 to 60 years old • Restored to pristine glory in glorious black & white (a few are even in color) • Not available in stores! • Each video runs 1 hour • Filled with the glory of railroading and steam trains!

Vol. I - "All Aboard": • The Steam Locomotive • The Freight Yard • The Railroad Signal

Vol. II - "Steam Tracks Ahead": • Last of The Giants • Big Trains Rolling

Vol. III - "Flies Of The Penny": • Progress On The Rails • Wheels Of Steel • Opening A New Frontier • Clear Track Ahead

Vol. IV - "Driving Wheels": • The Railroad Story • Wheels A'Rolling

OK: Send me the following RAILROAD VHS video cassettes!

- ☐ \$19.95 Volume # _____ (1, 2, 3, or 4) (add \$4.50 shipping & handling plus applicable sales tax)
☐ \$29.95 Volumes 1 & 2 together **Save \$10**
☐ \$49.95 All 4 volumes **Save \$30**

Signature _____

(Needed for Credit Card orders)

Credit Card: _____

Exp: _____

Name: _____

Address: _____

City: _____

State: _____

Zip: _____

© 1997 VIDEO YESTERYEAR

Found at last! 11 lost films about railroading!

They were Smelly, Noisy and Dirty...but they were the greatest, most powerful, biggest hunks of steel ever to ride the rails!



AS LOW AS \$4.54 EACH!

Video Yesteryear® accepts all major credit cards!

Call toll-free

1-800-243-0987

Operator #537T

Call during weekday business hours (never on Sunday!) or send to Video Yesteryear® Box C Sandy Hook, CT 06482

The amazing walk-behind brush cutter!

The DR® FIELD and BRUSH MOWER

CLEARs & MAINTAINS meadows, pastures, woodlots, wooded and rough non-lawn areas, with ease. CUTS tall grass, weeds, brambles, tough brush and saplings up to 1" thick.

CHOPS/MULCHES most everything it cuts. Leaves NO TANGLE of brush to pick up like hand-held brushcutters and sicklebar mowers. Perfect for low-maintenance wildflower meadows, European-style woodlots, walking paths, or any area you only want to mow once a month or once a season!

- Self-Propelled
- Mows up to 1/2 acre per hour!
- Optional Electric-Starting
- 8 HP



GSA #
GSO7F-
87180

TOLL
FREE
(800)
598-5571

MADE
IN USA

Please mail this coupon TODAY for complete FREE DETAILS of the DR® FIELD and BRUSH MOWER including prices, specifications of Manual & ELECTRIC-STARTING Models, and "Off-Season" Savings now in effect.

Name _____ AML
Address _____
City _____ State _____ Zip _____
To: COUNTRY HOME PRODUCTS®, Dept. 2918F
1 Meigs Road, P.O. Box 25, Vergennes, VT 05491

SILVER OF NAZI GERMANY



This "Swastika" silver 2 Mark coin was hoarded during World War II. Most were later destroyed.

ONLY \$19.95

When World War II erupted in 1939, the German government suspended the minting of this hard-asset silver coin. Some were hoarded during the War and most were later melted as emblems of the infamous Nazi regime. The 1936-1939 silver 2 mark had been the first coin to display the Nazi Eagle and Swastika. The stolid obverse portrait was a "tribute" to the late President Hindenburg, who outpolled Hitler in the 1932 national election. Very Fine quality. **\$19.95. 3 for \$49.50. 10 for \$149 (order #14340X).** Add \$2 postage. 30-day home examination: money-back guarantee. **To order by credit card call toll-free.** Or send check or money order to:

International Coins & Currency

62 Ridge Street., Box 218, Dept. 3623
Montpelier, Vermont 05601

1-800-451-4463

3623

HOOPS & DREAMS

Continued from page 76

friend was shot before my eyes," she says. "It could just as well have been me."

But Nivia was lucky; she found her way to the Madison Square Boys & Girls Club, where a counselor saw something more than toughness. "Her street experiences had made her empathetic," says Guy Mallory. "She had an aura of power that made others want to follow her."

On the day Nivia turned 15, she appeared on a television program in Atlanta, a city where 45 percent of crime is gang-related, to tell her story and encourage gang members to change their lives.

Similar stories can be heard in 1,800 other Boys & Girls Clubs. Denzell Washington says he spent his entire childhood at the club. "They had to send me home," he says. What he liked was the window it opened on a wider world. Says Washington, a father of four, "I'm living proof of the good they do."

There are other ways to get to kids. Music is one of them.

Iris Stevenson, a warm, energetic woman in her late 30s, has performed near miracles at Los Angeles Crenshaw High, a hardscrabble, predominantly black/Latino/Asian school. When she came to Crenshaw as its music director in 1985, the number of students taking choir was 12. It's now 700, and there's a waiting list for her music classes.

When her 80-member Elite Choir appeared on a Lou Rawls TV special, it brought instant fame to Crenshaw's music. Suddenly, kids who had never ventured beyond "the hood" were boarding planes for the Caribbean for the Jamaica Jazz Festival (which they handily won).

Some of the money for choir trips has come as a result of a movie contract when Stevenson's life inspired the film *Sister Act II*. But the kids raised their own funds when Stevenson took them on a whirlwind tour of Europe, where they wowed audiences with a mix of high-energy gospel, blues, jazz and Broadway show tunes. In Mannheim, Germany, they drew a crowd of 2,000. In Paris, 800 people packed a cathedral, a thousand more

spilling outside hoping to get in.

Students heap praise on their teacher. "She's like a gift to us," says Nakisha Blackman, whose solo *Help Somebody* brought many in the crowd to tears.

"She says a choir is like a family," says Chad McDonald, a baritone who plans to study opera after graduation, "and it is."

Perhaps some of the most heroic efforts are made by ordinary people with hearts of gold, who see a need and are there to help.

In Minnesota, 64-year-old Thelma Buckner has been giving kids who need help something to hold on to for more than three decades. She's opened her St. Paul home to wayward kids, fed them, clothed them and cared for them with her own family. She sees that they go to school and to church. And she invites them to her storefront quilt shop where she offers them quilting lessons, pizza parties, Bible verses and a heavy dose of lessons in life. "Some people take in stray cats," she says. "I take in 'misplaced' kids. It's my mission, my job." By her count, 560 youths have shared her home and her family.

Another person whose optimistic outlook on life is inspiring kids living in low-income projects is Joe Asberry, a professional basketball player who grew up in Oakland, California, amid the temptations of drugs and crime. Now he's on the international basketball circuit in Germany, giving hours of his time every day to Hamburg's most troubled kids, making it his mission to get them to the gym, teach them that it doesn't matter how high you can jump or how fast you can run. "Life's what you shoot for," he says in broken German. He tells them it's important to get an education. "I'd rather see them go to college and become an engineer or doctor than be a dunker like me." □

NEW!

Toll-free phone service
for

National Emblem Sales

The American Legion

1-888-4LEGION

(1-888-453-4466)

OFF-THE-RACK

Continued from page 110

pastime—baseball—and with it an insatiable lust for sports-related fashion. Today, baseball caps bearing logos and slogans have become more than just an expression of team pride. Wearers choose styles and colors that reflect their individuality. Little Leaguers turn their caps backward as a rallying cry for their teammates. And teenage boys and girls face a new rite of passage: being sent to the principal's office for wearing baseball caps in the classroom.

Athletic Americans in the late 19th century sported sensible rubber-soled shoes designed purely for comfort. The popularity of today's performance-oriented athletic shoes has become a local and worldwide phenomenon. They're worn on the field, in the gym, to the office and out to dinner. They are highly styled, high-priced and marketed by high-profile, highly paid athletes. And we can't get enough of them. At least one generation of Americans believes that Nike invented sneakers, but many of us know better. Converse introduced its All Star hightop, the forerunner of modern athletic shoes, way back in 1919. And if you guessed that Keds were the first mass-marketed sneakers, your memory is better than your kids led you to believe. Keds were launched in 1917, and loyal fans say none of the hundreds of new and improved sneakers can beat the easy comfort and clean-cut style of the original.

Even as the country became more prosperous and looked to Europe and the movies in its quest for glamour and opulence, Americans clung to a basic desire for comfortable clothes that suited their casual lifestyles. The infamous "Preppie" look of the 1980s—Lacoste shirts, Shetland sweaters, tweed blazers, penny loafers, dirndl skirts and bow-tied blouses—was a throwback to the country-club style of the 1950s. It is a style that is still synonymous with conservative politics and old money, but in reality, it's about as ostentatious as the average American cares to look.

The comfort factor has taken on new meaning since the exercise-crazed 1980s. Workout gear has become an integral part of the American

SEND ADVERTISING COPY AND REMITTANCE TO:
Eileen Hennessy
The American Legion Magazine
c/o Fox Associates, Inc.
116 W. Kinzie Street
Chicago, IL 60610
(312) 644-3888
FAX (312) 644-8718

APPAREL

DIAMOND BACK Rattlesnake Goods, canes, jewelry, hats-bands. Catalog \$5, refundable. Rich Szkotak, 612 Memorial Ave., Prescott, AZ 86303.

ARTS & CRAFTS

INTERNET: WORLD'S GREATEST ART. www.springfield-illinois.com/revelations/.

AUDIO

LOUDSPEAKER REPAIR? 1-888-FOAMROT for free information.

CAROLINE/ETC.

FALL CARLISLE, October 2-5, Carlisle PA Fairgrounds. Over 82 acres of Automotive Excitement! 8,100 spaces filled with collector cars, parts, and accessories. (717) 243-7855.

CASINO SUPPLIES/PLAYING CARDS

COIN OPERATED UPRIGHT GAMES, Cherry Masters, poker, slots, cranes. Catalog (614) 877-0000.

COATS OF ARMS

COATS OF ARMS, 500,000 names, 32 countries. Free catalog. The Ship's Chandler, Dept. L., Wilmington, VT 05363. (905) 375-9469.

COINS & COLLECTIBLES

COMPLETE 11 PIECE WORLD WAR II SILVER NICKEL SETS, \$9.95 postpaid. CBA, 2501 E. 51st St., Tulsa, OK 74105.

SILVER KENNEDY HALVES. 5 different \$10. CADA, Box 1011, West Pittsburg, PA 18644.

EDUCATION & INSTRUCTION

ANTIQUA-HOME-STUDY-COURSE. For profit and pleasure. Free booklet: A.I.A. 775, Gulfshore Drive Dept. 8226LA2, Destin, FL 32541.

PARALEGAL-GRADED CURRICULUM. Approved home study. Affordable. Since 1890. Free catalog, (800) 826-9228 or Blackstone School of Law, P.O. Box 701449, Dallas, TX 75730. Department AL.

wardrobe. Women wear leggings and oversized tops straight from the Stairmaster to lunch. Men emulate the style of urban bicycle messengers—those well-muscled guys whose shiny Spandex shorts literally stop traffic. And high school kids wear oversized jogging suits with such attitude you'd think they had invented them. Gym style continues to show up on designer runways in Europe and New York, and there is little doubt that its high-tech fabrics and streamlined sensibility will be co-opted by the cyber designers of the post-modern world.

If, in fact, imitation is the sincerest

All classified advertising is payable in advance by check or money order. Please make remittance payable to "The American Legion Magazine." RATES: \$19 per word. Count street addresses and box numbers as two words; all city, state and zip codes as three words. CIRCULATION: 2,800,000 per month. DEADLINE: Advertising copy must be received 60 days before cover date of issue desired. All advertisements are accepted at the discretion of the publisher.

HEALTH & HEALTH-CARE PRODUCTS

ALCOHOLISM, STRESS, DEPRESSION, A.D.D. Rehab-Proven, Patented, free booklet, (800) 900-7028.

END CONSTIPATION FOREVER. SASE: TEA, P.O. Box 8165, Cherry Hill, NJ 08002-0165. (800) 809-4696.

DIABETIC? Medicare? Champus/Tricare? Supplies possible no cost to you. (800) 699-7757.

INVENTIONS

EFFECTIVE INEXPENSIVE PATENTING, presenting to industry. 19 years experience. (800) 446-4264.

OF INTEREST TO ALL

VETERANS CONTACT DIRECTORY. P.O. Box 16562, Phoenix, AZ 85011. Helping old friends find old friends. Free Info.

UNIQUE PATRIOTIC CASSETTE. Jets—Taps—High Flight God sent butterflies! \$19.95. Free Spirit, 2321 Nottingham Pl., Grand Prairie, TX 75050.

LOCATE LOST FRIENDS, RELATIVES. (800) 764-2188.

RAFFLE TICKETS: Free price list. P.O. Box 108, Muskego, WI 53150.

SEEKING W.W.II STU participants (310) 452-1253.

PERSONALS

NICE SINGLES meet others. Amazing results. FREE magazine. Send age, interests. Singles, Box 510-ALM, Allardt, TN 38504.

ASIAN WOMEN! Overseas, marriage-minded. Sunshine International Correspondence. Box 5500-HK, Kailua-Kona, HI 96745-5500. (808) 325-7707, http://sunshine-girls.com.

WANTED

REVERSIBLE SATIN/VELVETEEN SOUVENIR JACKETS from Japan, Korea, Alaska, Hawaii, Europe, Etc. Toll Free (888) 333-3604.

UNUSUAL HARMONICAS, (800) 597-7012.

CAMERAS - LEICA, VOIGTLANDER, ALPA, ZEISS. FINE COLLECTIBLES, SANDY RITZ, (800) 956-9132.

WINE & BEER MAKING

WINEMAKERS-BEERMAKERS. Free catalog. Kraus, Box 7850-LM, Independence, MO 64054, (816) 254-0242.

form of flattery. Americans have a style of which to be proud. Baseball caps line the shelves in Australian department stores. Japanese girls wear Chanel jackets and high-heeled pumps with their Gap jeans. And time was you could walk the streets of Paris without seeing a single woman dressed in gym clothes—but those days are long gone.

Whether we dress for success or strive for casual elegance, the defining element of clothing fashion in this country is clear: Our ready-to-wear sense of individualism is tailor-made and followed by most of the world. □

FREE INFO

WATER WELL DRILL KIT

Since 1962, thousands of happy gardeners and homeowners around the world have discovered the **Hydra-Drill™** secret. They drilled their own wells and their gardens prove it! You can, too. Call or write us today and we'll send you a big, free package of information about drilling your own well with the **Hydra-Drill™**.

For FREE Info, Write or Call Toll-Free
1-800-333-7762
 (Ask for Operator 7959)

Video Available! DeepRock
 7959 Anderson Road
 Opelika, AL 36802

Make \$25 to \$100 per hour

with **Badge-A-Minit**

Yes, it's really possible by making and selling bright colorful Badge-A-Minit buttons. Buttons are proven money-makers at fairs, flea markets, conventions, or anywhere people congregate. They're fast and easy to make with Badge-A-Minit's incentive!

Send for a **FREE** full color catalog or send for a Starter Kit, only \$29.95 plus \$4.25 shipping. (IL residents add \$1.87 tax)

Badge-A-Minit, Dept. AL997, Box 800, LaSalle, IL 61301
CALL 1-800-223-4103

"My Stair-Glide® stairway lift takes me up and down the stairs with ease."

Call for free information and name of dealer in your area.
800-226-5312

ACCESS
 The industry leader in accessibility products for 25 years

- Stairway Lifts
- Wheelchair Lifts
- Elevators

Loose Dentures?

PERMA-SOFT II
 The Professional Denture Reline Material. Lasts up to 2 years.
 Tightens. Cushions Stomach Shrinkage. ALL with just ONE Application!
 For FREE Brochure Write: PERMA LABORATORIES
 P.O. Box 134-L, Millersburg, Ohio 44654

TAPS® WHY SEND FLOWERS?

Give a lasting remembrance, one which will be appreciated long after the flowers fade. Honor or memorialize with a personalized Bible with cedar chest from TAPS™

For more information or to order, call toll-free (800) 576-8627

only \$26.50

TAPS/AMBASSADOR ASSOCIATES
 1520 South York Road • P.O. Box 269, Gastonia, NC 28053-0269

NEW

HealthDri™

INCONTINENCE UNDERGARMENTS

Underwear That Keeps Your Secret!

For a dealer near you call:

TransAqua
1-800-769-1899

Completely Washable, No Liners, & Saves Up To \$1,000 a Year Over Disposables!

FREE

IN-HOME IMPOTENCE TEST!

You may not need a doctor for help! Is it all in your head or is it physical?

FIND OUT WITH THIS SIMPLE & EFFECTIVE, FREE HOME TEST KIT!

1-800-475-3091
 Male Pride • P.O. Box 740888 • Dallas, TX 75248

LIMITED OFFER! Dealer Inquiries Invited

HUNTER'S CHOICE

All feature stainless steel blades, brass tangs, & quality leather sheaths.

\$6.95 Each
 Any 3 for \$18

FREE KNIFE
 5-function Swiss-style pocket knife winner chase of all 3 knives. \$7 value FREE.

And \$4.00 Shipping Visa, MC, Check or Money Order Accepted.

We stock 100+ all purpose, knives & outdoor supplies for your hunting, sports & camp life. Free color catalog. Credit Card Orders 1-800-543-3061

Bud K Worldwide, Inc.
 P.O. Box 565, Dept. AL7
 Moultrie, GA 31776 **CODE #AL7**

Replacement Medals

Veterans! Replace all your medals now - We have Regulation Size, Minis, Shadow Box Frames & Insignia. EVERYTHING GUARANTEED CREDIT CARDS WELCOME!

Send \$1.00 for Catalog Pieces of History
 P.O. Box 4470 Dept. AL
 Cave Creek, AZ 85331
 Phone: (602) 488-1377 Fax: (602) 488-1316

TAN AT HOME!

SUNVISION™ WOLFF™ Tanning Beds

FREE Color Catalog - Home Delivery
1-800-842-1324

HEARING AIDS

UP TO 60% SAVINGS

This is all you wear!

30-DAY TRIAL

TRY BEFORE YOU BUY

GUARANTEED LOWEST PRICES!

- ALL MAKES & MODELS
- 30 YRS. EXPERIENCE
- CUSTOM INSTRUMENT SPECIALISTS
- TERMS ARRANGED
- ALL MAKE REPAIRS

FOR FREE INFORMATION CALL:
1-800-323-1212
 We're the oldest, biggest and best

LLOYDS, DEPT. AL BOX 1645, ROCKFORD, IL 61110

FACTORY DIRECT!

2 YEAR WARRANTY
30 DAY MONEY BACK GUARANTEE

Ask for Details

- Withstand Ice, Rain, High Winds, Sun, Sleet & Heavy Snow!
- Heavy Duty Galvanized Steel. Durable Cover & Zipper Door.
- Sizes from 5' to 60' w, up to 30' h, Any Length.
- Easy Assembly & Anchoring.
- Covers last to 20 years.

\$199

COVER-IT INSTANT GARAGES

Fax 203-931-4754
 203-931-4777 Ext. 148
 www.cover-it-inc.com

HORSE RACING

Create a fund-raising entertainment event by using up-to-date horse racing events. *"A Hit At The Races"* is available on video or 16mm film.

For Prices and free brochure call:
Toll-Free 1-800-252-7373

Free Catalog

Enjoy an active rewarding lifestyle!

Scooter Lifts & Ramps Available. We'll Beat Any Price!

Call 1-800-229-1317
Scooter Discounters

RHODES HEARING FREE CATALOG!

**MINI-CANAL
SAVE HUNDREDS!
45 DAY TRIAL!**



FROM \$199 UP

Call or Write:
RHODES HEARING
201R11 Ohio St.,
Brookport, IL 62910
1-800-320-3300 EXT R11

FREE! New Medals of America Catalog

WWW.Korea.Vietnam.SWA

- All Full Size Medals
- All Miniatures & Ribbons
- All Badges & Patches
- Fine Display Cases
- Flag & Sword Cases
- Mounting & Engraving
- Ship Photos & Histories
- 100% Guaranteed



Send Today for NEW 32 page COLOR Catalog!

WRITE: MEDALS OF AMERICA
1929A9 Fairview RD., Fountain Inn
S.C. 29644 Telephone 1-864-862-6425

VISIT US AT [HTTP://WWW.USMEDALS.COM](http://WWW.USMEDALS.COM)

BUILD A BETTER BUILDING HUGE SAVINGS



• Easy to Assemble • Quick Delivery
• Built to Last • Straight Sides • Trussless • All Steel

• OTHER SHAPES AVAILABLE • 20 Year Guarantee

GUARANTEED LOWEST PRICES

FACTORY DIRECT 1-800-668-5422

• Sizes 500-20,000 sq. ft.
• Strongest for Wind & Snow
• Heavy 22, 20 & 18 ga. steel
• Maintenance Free

STEEL BUILDINGS

<http://www.pioneersteel.com>

SALE PRICE
FOR EXAMPLE - 30' X 40'
\$4,644

MILITARY UNIT PINS-FLAGS

SEND \$1.00 FOR CATALOG

VETS SUPPLY LINE
10650 Co. Rd. 81 #131
Maple Grove, MN 55369
1-800-864-5062

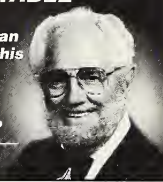
BALL CAPS-SHIP'S CAPS

IMPOTENCE IS TREATABLE

"Now every
impotent man
can afford this
device with
Medicare's
co-pay

LOW \$39.99

Foster Brooks
TV & Movie Star



VACUUM THERAPY

MEDICARE APPROVED
Medicare assignment accepted
WE ACCEPT ALL PRESCRIPTIONS
FOR FREE BROCHURE CALL TOLL FREE
1-800-221-6603

2300 Plantside Drive
Louisville, KY 40299-1928 **ENCORE**

CABLE BOXES

& Turn-On Chips

- ☒ Lowest Prices
- ☒ 30 Day Money
Back Guarantee
- ☒ 1 Year Warranty
- ☒ Dealer Pricing

800-665-7835

southern electronics

10097 Cleary Blvd. • Suite 285 • Plantation, FL 33324
NO FL SALES PLEASE

Facing Prostate Cancer?

Explore all the options.
For FREE information
call

**Theragenics Cancer
Information Center,
1-800-458-4372**

ATTENTION DIABETICS

Unique program delivers supplies to your door at little
or NO COST if you have Medicare or
regular health insurance! Call toll free:

DIABETIC SUPPORT

AGENCY

800-595-0228



Let us point you in the right direction.

CABLE TV

CONVERTERS • FILTERS
VIDEO STABILIZERS

FREE 30 Day Trial
FREE Product Catalog
FREE 1 Year Warranty

100% MONEY BACK GUARANTEE



888-554-2776

MOVING?



northAmerican Offers
Moving Discount
SAVE 40%
On Your Next
Interstate Move!

North American Van Lines offers
American Legion members a 40%
discount on interstate moves. Let
North American, the world's largest
professional mover, transport your
household goods with moving ser-
vices to meet every need and budget.
In addition to saving 40%, you will re-
ceive up to \$50,000 coverage on your
household goods at no charge.

For more information or a free
estimate, call Andy Mento at Quality
Movers/North American Van Lines.

1-800-524-5533 EXT. 29

MEN: BE TALLER!!

Tired of being
short? Try our
quality footwear.
HIDDEN height-
increasing fea-
ture INSIDE shoe



NO OVERSIZED HEELS! Will make you **2"-3" TALLER**
depending on style. **OVER 100 STYLES AVAILABLE**
Extremely comfortable. Sizes: 5-12 Widths: B-EEE. In busi-
ness over 35 years. **MONEY-BACK GUARANTEE.** Call or write
for FREE color catalog.

ELEVATORS®

RICHLEE SHOE COMPANY, DEPT. AL79
P.O. Box 3566, Frederick, MD 21705

1-800-290-TALL



"EQUAL TO ANYTHING I'VE SEEN ON VICTORY AT SEA"
Wincent DePole, Vice Admiral, U.S.N. (Ret.)

"FORGOTTEN VALOR"

THE ONLY ACTION-PAKED WORLD WAR II

VIDEO EVER PRODUCED ABOUT THE

LITTLE-KNOWN U.S. NAVY ARMED GUARD

They had 710 ships sunk beneath them.

Yet few people ever heard of them.

.... Winner of a 1997 Telly Award

1 Hour, \$27.95 PPD Send check or M.O.

ZEMCO: PO Box 19008 Portland, OR 97219

Solid Wood Flag Case Special

• Cherry Finish by Sparta Craft

• Glass Front \$59.95 Visa & MC Accepted

• Made In U.S.A.

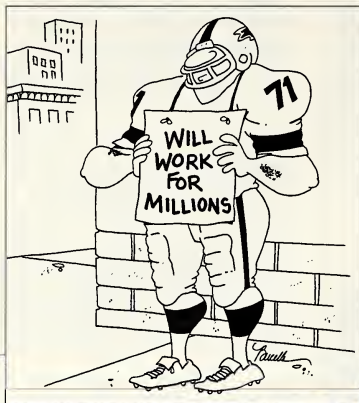
*Personalized Pedestal

Additional Cost

1-800-648-7989



PARTING SHOTS



After years of scrimping and saving, a man told his wife, 'Honey, we finally have enough money to buy what we've been saving for since 1979.' 'You mean a brand new Cadillac?' she asked eagerly. 'No,' replied the husband, 'a 1979 Cadillac.'



EXECUTIVE DIVISION

FREE POSTAGE! When you buy 2 or more pairs!

NAVY LAST

GENUINE LEATHER SHOES

\$10 OFF!

NEW CUSTOMER OFFER:

29⁹⁵ per pair
originally 39.95

Our most popular dress shoes for over 20 years — READ WHY!

Haband's world-famous Navy Last shoes still have the same fit and comfort, the same military-spec'd quality and durability that millions of men swear by. But something new's been added — several somethings, in fact! A new style, in the perf'd Brown Oxford! New comfort, loafers have hidden Flex-O-Band gores & wider openings! But they're still crafted of quality leather, inside and out. Still with the Good Year welt construction that makes them wear like iron. And still with rubber traction/flexion inserts set into the leather soles! Imported, exclusively for Haband, Gentlemen: don't delay! Get yours now!

YOUR EXACT SIZE
EVEN WIDES
One Low Price!

Haband!

100 Fairview Avenue
Prospect Park, NJ 07530NAVY LAST
LEATHER SHOES29⁹⁵* per pair
2 for 57.50
3 for 84.95
4 for 112.50Haband 100 Fairview Avenue,
Prospect Park, NJ 07530Send ___ pairs. I enclose \$___ purchase price plus \$4.50 for postage & insurance. **Buy 2 or more pairs and postage is FREE!** GA residents add sales tax.☐ Check ☐ Discover/NOVUS® ☐ Visa ☐ MC

Card # _____ Exp: ___/___

PLEASE PRINT:

☐ Mr. ☐ Mrs. ☐ Ms.

Address _____

Apt. # _____ City _____

State _____ Zip _____

2 WIDTHS - ONE LOW PRICE!

Available in D & EEE Widths:

6 7 7½ 8 8½ 9 9½ 10 10½ 11 12 13

SHOES

	WHAT SIZE?	WHAT WIDTH?	HOW MANY?
A Black Oxford			
D Brown Oxford			
M Black Loafer			
N Brown Loafer			

BOOTS \$34.95 2 pairs \$66.95

	WHAT SIZE?	WHAT WIDTH?	HOW MANY?
B Black Boot			
G Brown Boot			

100% Satisfaction Guaranteed or Full Refund of Purchase Price at Any Time!

\$10 off

BOOTS

Now

34⁹⁵ each

(Reg. 44.95)

Brown Boot

Black Boot

For fastest possible service call 1-800-742-2263 Order 24 hours a day, 7 days a week!

Dress slacks so long wearing and durable, they come with a No-Risk

TEN YEAR TEST-WEAR!

Yes, you read right! These impeccably tailored, full-cut, no-wrinkle dress slacks fit so well, look so great, and wear so long that they are backed by this remarkable offer:

TEN YEAR TEST-WEAR GUARANTEE

You can wear these slacks once a week or every day for ten years. Wear them to the office or to the ballpark. Wear them when you give your State of the Union Address or when you're busting broncos! Wear them to church, to the Super Bowl, or to bed if you choose. You can wash them as much as you like and treat them as rough as you want. And after ten years if you don't find these still to be the absolute best fitting, best looking, best wearing dress slacks in the world — return them to me for a full 100% Purchase Price Refund!

Plus every pair is packed with all these benefits:

- 100% No-Iron wash & wear!
- Skillfully tailored in the U.S.A.!
- Finest polyester 2-way stretch fabric!
- Unbreakable Talon® nylon zipper!
- Steel hook & eye closure!
- Proper, substantial belt loops!
- 4 deep No-Hole™ pockets: 2 side, 2 back (one that buttons!)

MORE GREAT NEWS!

Get a custom tailored fit from our 21 waist sizes and 8 exact inseams. And choose from today's most handsome colors for both office or weekend! Then mail or call in your order today!

Our finest most amazing slacks ever — now at the absolute lowest price ever!

Financed by
SCOTCHGARD™
Proven protection

NOW
PAY ONLY
were 2 for
\$27.95

\$12 per pair
WHEN YOU
BUY 2 OR
MORE!

tan brown teal navy grey black

TEN YEAR TEST-WEAR!

\$12* per pair
WHEN YOU BUY
2 OR MORE!
(REG. 2
FOR 27.95)

**BIG GUYS
TAKE NOTE —
Sizes to
WAIST 60!**

Haband

100 Fairview Avenue
Prospect Park, NJ 07530

Send _____ pairs of slacks.

I enclose \$_____ purchase

price, plus \$3.95 toward

postage and insurance.

GA residents add sales tax.

☐ Check Enclosed or

☐ Discover/NOVUS® ☐ Visa

☐ MC Exp.: _____ / _____

Card # _____

☐ Mr.

☐ Mrs.

☐ Ms.

PLEASE PRINT:

Mail Address _____

Apt. # _____

City & State _____

Zip _____

THESE SLACKS COME WITH A NO-RISK TEN YEAR TEST-WEAR!

LOOK! WE HAVE YOUR SIZE!

30 32 34 35 36 37 38 39 40 41 42 43 44
*Add \$2.50 per pair: 46 48 50 52 54 56 58 60

And Look! ALL LEG LENGTHS, All Ready To Wear, All Ready Finished To The Exact Inch!

27 28 29 30 31 32 33 34

WHAT? WHAT? HOW?

WAIST? INSEAM? MANY?

786-0E0

B NAVY

C BROWN

E BLACK

G GREY

R TAN

W TEAL

☐ Check here for reversible belt.

(72V) Even sizes only. 30-60, \$6.95 each.

Haband!

100 Fairview Ave.
Prospect Park, NJ 07530

To Order,
Call (800) 742-2263
24 Hours a Day,
7 Days a Week!

Visit us at
www.haband.com

